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**SEND Support and Services**

**Parents/Carers may find some of the following useful:**

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| **Sunderland Parent Carer Forum** | Aim to give parent carers a voice in how services for children and young people with SEND are delivered in Sunderland, as well as an opportunity to come together and talk in a relaxed atmosphere. | Website:  https://sunderlandpcf.co.uk/ | Telephone:  07393129858  Email:  spcfoffice@sunderlandpcf.co.uk |
| **Choice Wellbeing Service** | Designed to support the mental health and wellbeing of parent carers. | Website:  https://www.choicewellbeingservice.co.uk/ | Telephone:  07703754945  Email:  [info@choicewellbeingservice.co.uk](mailto:info@choicewellbeingservice.co.uk) |
| **Grace House North East** | Support for disabled children, young people, and their families. | Website:  https://gracehouse.co.uk/who-we-are/ | Telephone:  0191 4352099  Email:  info@gracehouse.co.uk |
| **Autism Outreach Team** | Offer support and advice for children with a diagnosis of ASD | Website:  https://www.sunderlandaot.co.uk/ | Telephone:  07776204182  Email:  [julie.casey@togetherforchildren.org.uk](mailto:julie.casey@togetherforchildren.org.uk) |
| **SENDIASS** | Offer information, advice and support for parents and carers of children and young people with special educational needs and disabilities (SEND) | Website:  https://cyp.iassnetwork.org.uk/service/sunderland-send-information-advice-and-support-service-parent-partnership/ | Telephone:  0191 537 5764  Email:  [contactus@sunderlandsedniass.co.uk](mailto:contactus@sunderlandsedniass.co.uk) |
| **Family Fund** | Provides a wide range of grants to families raising a disabled or seriously ill child, or young adult on a low income. | Website:  https://www.familyfund.org.uk/ | Telephone:  01904550055  Email: via website |
| **Fledglings** | A non-profit shop offering products for SEN children with disabilities, including sensory toys and adaptive clothing. | http://www.fledglings.org.uk/ | Telephone:  0203 319 9772  Email:  [Fledglings@contact.org.uk](mailto:Fledglings@contact.org.uk) |