



Eastlea
COMMUNITY SCHOOL

Long Term Plan BTEC Child Development

KS4 (Year 10 and Year 11)

By Leilee Shirani Sarmazeh
November 2026

Subject intent/vision:

Child Development allows students to learn about the different areas of growth and development that most children will experience from ages 0-5. Along with the theory behind development, students will also plan practical play activities to encourage development and enhance their learning experiences.

Students will also understand that growth and development happens at different rates and that there may be additional reasons that a child may not meet their expected milestones. The course allows students to thrive academically as they will understand the theory of development including all of the elements needed to ensure that a child can meet all of their milestones. It will also have a personal impact on them as the students will be able to apply what they learn practically, through play activities in lessons, during trips to local nurseries and schools and to their own siblings and extended families.

To enable all students to achieve, our subject curriculum is underpinned by the following principles:



Ambitious - The course allows students to gain a L1 or a L2 qualification allowing them to excel at the same level as GCSE but it is also accessible to all students. The course can support them in their future goals of a range of child care qualifications and careers.



Sequenced / Spiral - Students will use content learned in C1 to support them in planning play activities in component 2 and adapting play in component 3.



Literacy - Students will learn the key terms associated with child development. These are terms that will support them in other subjects and in life.



Cultural Capital - Students will understand how cultural capital can impact a child's development. They will also take part in visits to museums such as the Young V and A to see how toys can support development.

Child Development Programme of Study

Year 10 (1 Double + 1 Single)	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Component 1A: Growth and Development a. Growth, Measuring and Monitoring (3 weeks) b. Physical development 0-18 months, 18 months - 3 years, 3years - 5 years. c. Language and communication development 0-18 months, 18 months - 3 years, 3years - 5 years) d. cognitive and intellectual 0-18 months, 18 months - 3 years, 3years - 5 years.	Component 1A: Growth and Development e. emotional development 0-18 months, 18 months - 3 years, 3years - 5 years d. social development 0-18 months, 18 months - 3 years, 3years - 5 years. Component 1B: How factors impact on children's development a. Physical factors during pregnancy b. Disabilities and health status c. Diet and exercise d. Housing and the Home	Component 1B: How factors impact on children's development e. Drugs, Alcohol and Smoking f. Discrimination g. Relationships with Carers h. Siblings and extended families i. Income NEA 1 Component 1	NEA 1 Component 1 Official NEA Pearsons Set assignment.	Component 2A + B: Learning through Play. a. Stages of Play b. Types of Play c. Environments for Learning d. Physical Play e. Cognitive and Intellectual Play f. Communication and Language play Each topic is around a week long as there are theory lessons and practicals.	Component 2A + B: Learning through Play. g. Social and Emotional Play h. Child Initiated Play i. Special Spring Themed Lesson j. Themed Play Practical k. Organisation of Play l. Adult-Led Play m. Adult Initiated Play Each topic is around a week long as there are theory lessons and practicals.
	Assessment: C1 /12 growth assessment /12 mark task 1	Assessment: C1 /24 a whole task 2/3	Assessment: Component 1 NEA /60	Assessment: Component 1 NEA /60	Assessment: Practice NEA Component 2: Task 2 and 3 /48	Assessment: Practice C2 /60

Year 11 (1 Double + 1 Single)	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	
	Component 2B: Learning through Play.	Component 3A: Supporting Children to Play, Learn and Develop	Component 3B: Creating Safe Environments to Support Play and Development	Exam Preparation and Revision	Exam Preparation and Revision	
	a. Variety of Activities b. Supporting Children c. Equipment and Resources d. Social Skills and Health Awareness e. Planning Play and Learning Environments Component 2 NEA	a. Physical Needs b. Cognitive and Intellectual Needs c. Communication and Language Needs d. Social and Emotional needs e. Impact on Friendships f. Transitions g. Impacts of not meeting milestones: - physical; - communication and language;; - cognitive and intellectual; - social and emotional;	a. Creating Safe Environments b. Managing Positive Risk Taking c. Using Internet Enabled Technology d. Health and Safety - Inside and Outside e. Adapting Play f. The Role of the Adult g. Benefits of an Inclusive Environment h, Adapting for: - Physical Needs; - Cognitive Needs; - Communication and Language Needs; - Social and Emotional Needs; Component 1 + 2 Resits for Students			
	Assessment: C2 NEA /60	Assessment: C2 NEA /60	Assessment: NEA Resits /60 C3 mock /60	Assessment: Mock Component 3 Paper /60	Assessment: Revision	

BTEC information:

The BTEC Child Development course is split into 3 components, each has sub-learning aims. Component 1 and 2 are internally assessed and Component 3 is externally assessed with an exam. All assessments are set by the exam board.

Component 1: Children's Growth and Development 30% (internal)

- A) Understand the principles of growth and development
- B) Understand how factors impact on children's development

Component 2: Learning Through Play 30% (Internal)

- A) Understand how children play
- B) Understand how children's learning can be supported through play

Component 3: Supporting Children to Play, Learn and Develop 40% (external exam)

- A) Investigate individual needs that may impact on play, learning and development
- B) Create safe environments to support play, learning and development in children 0-5 years
- C) Adapt play to promote inclusive learning and development

Learning Resources:

<https://www.cdc.gov/ncbddd/childdevelopment/index.html>

<https://pathways.org/>

<https://www.bbc.co.uk/cbeebies/grownups>