

Parent Bulletin July 2021

Headteacher's Message

Dear Parents and Carers,

I have pleasure in sending you the final bulletin of the year which contains a number of opportunities for summer activities for your child.

This has been a challenging year for our students but I am extremely proud of how our students have conducted themselves and shown resilience and determination to continue with their learning despite the difficulties. Our year 11 were fantastic role models to our younger students, whilst they completed their final term at Eastlea and undertook very different styles of GCSE to the examinations that they would normally have sat. Years 7-10 have also been completing their end of year exams over the past two weeks and done so with an excellent, positive and mature attitude.

It has been particularly heartwarming to see some return to normality in the past few weeks with the return of some of our after school sports and music clubs. In the final week students will also have an opportunity to participate in a year group 'sports day', which although different from whole school sports days due to the Covid restrictions, will be a chance for them to have fun and celebrate the end of this year. I am hopeful that next term there will be even more opportunities for our young people to engage in extracurricular activities once again.

Last day of term:

Our final day of term is **Friday, 16th July 2021**. Students will be leaving school at midday, those who receive free school meals will receive a packed lunch on that day. There will be staggered exit times for different year groups:

Year Group	Exit times
7	11.45am
8	12.00pm
9	11.45am
10	12.00pm

Return to school in September

Students will be returning to school in September with some year groups due to return to school from **Thursday, 2nd September**. As you will be aware the Government has made announcements regarding the changes to school covid procedures in September. I will write to you before the end of term with confirmation of the start of term arrangements.

Finally, I wish you a happy and healthy Summer holiday

Sarah Morgan
Headteacher

Key Dates for Parents

Year 9 Graduation	Monday 12th July, 2021
Year 7 and 8 Sports Day	Tuesday 13th and 14th July 2021
Year 9 and 10 Sports Day	Wednesday 14th July
Last Day of Term	Friday 16th July students leave from 11:45

Year 11 - GCSE Results and Appeals

The arrangements for awarding grades to students in summer 2021 includes internal and external quality assurance measures which aim to ensure that on results day students are issued with fair and consistent grades that have been objectively reached.

As a school we have endeavoured to keep students and parents informed at every stage through letters, emails, assemblies, our website and parent bulletin. We are now sharing this [GCSE-Appeals-Letter-for-Parents-and-Students](#) - so that you are better able to familiarise yourself with the process.

Message from Dr Stechmann - Year 10 Achievement Leader

I would like to take the opportunity to congratulate all Year 10 students on their excellent behaviour and conduct during the end of year exams last week. They showed real maturity and resilience and I am proud to be their Achievement Leader.

At the start of last week each Year 10 student was given an exam pack containing the basic equipment they need when going into an exam. Please make sure that your child keeps on to their pack as they will need them when they are in Year 11. Can you also please ensure that your child has a scientific calculator as this is part of the basic equipment required by all students. If they have not got one, can you please purchase one during the summer holidays.

Please encourage your child to regularly check their subject google classroom plus tutor google classroom as teachers are busy uploading resources for the summer holidays. These may be revision materials or resources linked to careers, employability and exam skills.

I am wishing you all a restful break and enjoy the summer holidays.

Expectations for Uniforms and Equipment

Eastlea Community School is committed to the success and positive experience of our students. Our success is determined by having a good quality partnership between school and parents. With this in mind, we are asking that you ensure your child has all the required uniform and equipment for each day. Ensure bags are packed the evening before school with everything your child needs for the following day. We also ask for your support in ensuring your child maintains a good attendance record and arrives at school on time each day.

[Uniform and Equipment List](#)

No Unhealthy Snacks

Students will not be allowed to bring in unhealthy food and drink items.

Banned items include:

- bags of sweets,
- sugary drinks,
- energy drinks,
- large bags of crisps
- large bars or bags of chocolate



This is to ensure that our students are eating a healthy and balanced meal during the school day.

Students are allowed to bring the following as part of a packed lunch:

- a small bag of crisps
- a small chocolate bar or cake or biscuit
- bread, pasta or rice
- a portion of meat, fish or eggs
- fruit and vegetables

We would also like to remind parents to ensure their child has a water bottle of their own which they can refill at breaks and lunchtimes from our water fountains.

Rights and Equalities in Newham (REIN)

Please find attached details of the [Raising Awareness](#) and [Rise and Reach](#) offered by REIN. We will send details of their Summer Programme by Parentmail once available.

Rights & Equalities in Newham ●

rein ○

STEM Activities

We have put together a range of exciting [STEM activities](#) for your child to enjoy during the summer break. We hope you and your family will have fun experimenting with these ideas while learning alongside your child.

EAST Summer School

[East Summer School 2021](#) is back for in-person delivery this summer (26 July – 6 August) for their most exciting programme to date!

Applications close on **Monday 12 July 2021**. If you have any questions or need assistance completing the form please email summerschool@queenelizabetholympicpark.co.uk or call 07811300019.



International Law firm offers Virtual Internships for Students aged 15- 19

The National Literacy Trust In partnership with Cleary Gottlieb are offering young people an amazing opportunity this summer. Participants will gain experience and develop skills that will be invaluable as they progress to the workplace. All internships are part time and will take place virtually

As part of a group of interns, students will have the opportunity to:

- Hear from employees across Cleary Gottlieb talking about their job, career journey and their experiences of working in a large law firm.
- Learn about writing a CV, presentation skills and preparing for an interview.
- Work on a mock legal project for the firm.

The internship week runs from 16 to 20 August 2021, 9.30am – 1.30pm.

Each morning small groups of student interns will meet online with a member of the National Literacy Trust Words for Work team, and then join a larger group workshop with Cleary Gottlieb.

Who are Cleary Gottlieb?

An international law firm headquartered in New York City. They employ over 1,200 lawyers worldwide.

How to apply

Interested students should visit our [Cleary Gottlieb Virtual Internship page](#) to find out more and download the application form.

All applications, and any questions, should be emailed to wfw@literacytrust.org.uk

Applications close on Monday 19 July 2021

Staying Safe During the Summer Break

On Friday 16th July, Eastlea breaks up for the summer holidays. We hope all our students, and parents enjoy their summer break and we look forward to seeing everyone back with us in September.

Staying safe online

During the summer holidays, your child may want to keep in touch with friends through social networking sites, but remember that they need to be at least 13 to use most social networks. Make sure that they use the privacy tools on the networking sites, so that the content they post is only available to people known to them in real life. A guide to these privacy settings can be found [here](#). You can also download the [safety checklist for](#) popular sites such as Instagram, Snapchat and Facebook. [Online Safety Advice](#) is also available on our website.

Childline's [Summer holidays](#) support programme is also available to everyone.



Parent Connect Seminars

The London Borough of Newham have put together a series of webinars for parents. The aim of these sessions, which take place every Thursday, is to provide all parents with practical strategies for supporting their child's mental health and well-being. If you would like to attend these seminars please click [here](#) for further information.

Support for Families

If you or a member of your family is struggling to cope or is feeling overwhelmed, there are a range of free services and resources available to support anyone in your family.

Headstart Newham Mental Health Support Services for Young People

[HeadStart Activities](#)

Newham pop-up CAMHS

Newham pop-up CAMHS: Fortnightly, Saturdays 12-3pm. Offering support and consultation on mental health concerns. Click here for more information and to register.

[Online Pop-Up CAMHS Newham Registration, Multiple Dates](#)

Newham Mental Health Crisis Line

Newham 24-hour Freephone mental health crisis support line. Run by the East London NHS Foundation Trust (ELFT). Freephone: 0800 073 0066

[Services - Newham Mental Health Crisis Line/Crisis Support](#)

Newham Talking Therapies

<https://newhamtalkingtherapies.nhs.uk/>

Community Links mental health crisis prevention support

<https://www.community-links.org/advice/>

BBC videos and resources to support young people with understanding and recognising mental health problems.

[When I Worry About Things](#)

Newham Educational Psychology Service

More information can be found [here](#).

[Being a parent course](#)

[Kooth](#) is a FREE, anonymous, confidential, safe, online Wellbeing service, offering counselling, information, and forums service for 10-16 year olds in: Newham

[Childline](#) offers free confidential help to young people in the UK.

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