

## Parent Bulletin - May 2021

### Headteacher's Message

Dear Parents and Carers,

#### **Covid-19 - continue to report cases**

It is a pleasure to write to you at the end of a half term where we have had students in school and learning with their peers. Please remember that the risks of Covid-19 still exist and it is important that you continue to encourage your child to take their Lateral Flow Tests twice a week. If there are positive cases you must contact the school immediately. If there are positive cases, direct contacts will be asked to self-isolate and students will revert to remote learning using Google Classroom. I hope that those of you who are eligible for vaccinations have now been able to have at least one vaccination.

#### **Goodbye to Year 11**

At the end of this half term we are saying goodbye to Year 11, who will no longer be in school full-time until they move onto their new places of education in September. There will be a remote learning programme sent to Year 11s and we will continue to check in with them until the end of June. All of the staff at Eastlea wish them every success in their future. There will be further communication regarding their GCSE results in the summer in the next half term.

Finally, I wish you a happy and healthy half term holiday

Sarah Morgan  
**Headteacher**

### Key dates for Parents

Friday, 28th May	Year 9 vaccinations for Meningitis ACWY and Diphtheria, Tetanus and Polio
Friday, 28th May	Last Day of Half Term Last day in school for Year 11
Monday, 31st May	Spring Bank Holiday
Monday, 7th June	School Reopens
Friday, 16th July	Last Day of Summer Term

### Term Dates 2021-22

As we approach the end of another half term. We would like to take this opportunity to share with you the most recent version of our [term dates](#). If you require additional information about these dates please email [info@eastlea.newham.sch.uk](mailto:info@eastlea.newham.sch.uk).

## Important Reminders for Parents and Carers.

Eastlea Community School is committed to the success and positive experience of our students. Our success is determined by having a good quality partnership between school and parents. With this in mind, we are asking that you ensure your child has all the required uniform and equipment for each day. Ensure bags are packed the evening before school with everything your child needs for the following day. We also ask for your support in ensuring your child maintains a good attendance record and arrives at school on time each day.

[Uniform and Equipment List](#)

[Adapted School Day](#)

## Call to Action: Parents' Webinars

The London Borough of Newham have put together a series of webinars for parents. The aim of these sessions, which take place every Thursday, is to provide all parents with practical strategies for supporting their child's mental health and well-being. If you would like to attend these seminars please click [here](#) for further information.

## Bedrock Learning Award

Thank you for all your support with getting your child to use our online vocabulary programme. We are delighted to announce that Eastlea Community School ranks 8th place amongst all secondary schools, placing us in the TOP 10 secondary schools for student progress on Bedrock with 78.29% average improvement. Our top performing students have also won themselves Amazon Vouchers.

## Half Term Holiday Activities

The London Borough of Newham has put together an exciting range of activities that can be accessed by young people of all ages during this half-term. The details of these activities can be found [here](#).

## Eastlea Music Department

### Thank you to parents/carers of our instrumental and singing stars!

Big thank you to all the parents and carers of our students taking instrumental lessons for their support at home. It has been a joy to see them progress over the course of the term! Please remind your child to practise 4 times a week for at least 15 minutes. Research shows that students who regularly practise for a shorter amount of time but more frequently make more progress than those trying to cram a week's worth of practice time the night before their lesson.

### Lunchtime Clubs

All year group bubbles have an allocated weekday when they have the opportunity to attend Music Club. This could involve practising an instrument or composing using our professional grade computer software. Students may also wish to use this extra time to practise their classwork.

### Educational resources available online

We have a new education resource available for our students on our [Eastlea Music YouTube](#) channel. We have compiled playlists and other video materials for the learning units we are covering in our

Year 7, 9 and GCSE classes. There are tutorials for the Year 7 Band Project (how to play the different instruments, backing tracks and lyrics for singing), examples of the different ways Music is used in Advertising to influence people for Year 9, and GCSE set work materials and revision videos for our Year 10 students. Please encourage students to practice and revise at home!

### **Year 8 Music Workshops**

Students in this year group are invited to join a professional 2-part workshop run by our very own Artist-in-Residence, singer songwriter and film and TV-music composer, Marina Hart. Students who have already finished have really enjoyed learning how to collaborate, work on their emotional literacy and learning how to manage a creative process from brainstorming to composing and recording an original piece of work. There are still some spaces available. Please email [henni.saarela@eastlea.newham.sch.uk](mailto:henni.saarela@eastlea.newham.sch.uk) if you would like to sign up your child. The workshop sessions are 3 hours each, and will take place on Mondays. Students will be notified when their sessions are.

### **Music Tech lunchtime workshops**

If you think your child would be interested in learning how to make their own beats and use professional music making software, there will be some taster sessions coming up from May the 24th. The year 7 and 8 workshops will take place on the 24th. Students can register their interest during tutor time or by swinging by the Music Department and talking to one of us. Please email [henni.saarela@eastlea.newham.sch.uk](mailto:henni.saarela@eastlea.newham.sch.uk) if you would like to sign up your child.

Ms Saarela  
**Head of Music**

## **Healthy Snacks**

Students will not be allowed to bring in unhealthy food and drink items.

Banned items include:

- bags of sweets,
- sugary drinks,
- energy drinks,
- large bags of crisps
- large bars or bags of chocolate

This is to ensure that our students are eating a healthy and balanced meal during the school day.

Students are allowed to bring the following as part of a packed lunch:

- a small bag of crisps
- a small chocolate bar or cake or biscuit
- bread, pasta or rice
- a portion of meat, fish or eggs
- fruit and vegetables

**We would also like to remind parents to ensure their child has a water bottle of their own which they can refill at breaks and lunchtimes from our water fountains.**

## **Governing Body - Parent Governor Nominations**

There are two vacancies for Parent Governors on the Governing Body. Invitations for nominations will be sent out by Parentmail next half term with instructions for their completion and return.

## E-Scooters - The Law

The Metropolitan Police have issued guidelines on the use of E-Scooters in public places. You can learn more about this by reading their [flyer](#).

## Support for Families

If you or a member of your family is struggling to cope or is feeling overwhelmed, there are a range of free services and resources available to support anyone in your family.

Headstart Newham Mental Health Support Services for Young People

[HeadStart Activities](#)

Newham pop-up CAMHS

Newham pop-up CAMHS: Fortnightly, Saturdays 12-3pm. Offering support and consultation on mental health concerns. Click here for more information and to register.

[Online Pop-Up CAMHS Newham Registration, Multiple Dates](#)

Newham Mental Health Crisis Line

Newham 24-hour Freephone mental health crisis support line. Run by the East London NHS Foundation Trust (ELFT). Freephone: 0800 073 0066

[Services - Newham Mental Health Crisis Line/Crisis Support](#)

Newham Talking Therapies

<https://newhamtalkingtherapies.nhs.uk/>

Community Links mental health crisis prevention support

<https://www.community-links.org/advice/>

BBC videos and resources to support young people with understanding and recognising mental health problems.

[When I Worry About Things](#)

Newham Educational Psychology Service

More information can be found [here](#).

[Being a parent course](#)

[Kooth](#) is a FREE, anonymous, confidential, safe, online Wellbeing service, offering counselling, information, and forums service for 10-16 year olds in: Newham