

17th March 2021

Dear Parents and Carers,

Re: Lateral Flow Home Testing Kits

As you are aware we have been conducting the Lateral Flow tests for Covid-19 as part of the programme of asymptomatic testing across the country. By taking these tests at regular intervals of every 3-5 days there is a better chance of detecting cases of Covid-19 where a person does not have any symptoms. By detecting these cases we are able to slow the spread in the wider community.

Your child has now completed three tests in school and from this point forward they should take the test at home. When they have taken the test you should also report the outcome on the NHS track and trace website. [Report a COVID-19 rapid lateral flow test result](#)

Home Testing Kits for Covid-19

Your child had training on how to complete these tests on their first day back in school. The instructions enclosed in the pack are incorrect and a new booklet has been handed out with the tests. A video guide is also available at [How to do a COVID-19 Self Test \(rapid antigen test\)](#). This video is also in their tutor group Google Classroom. **Your child has been given two boxes of Lateral Flow test packs today** and asked to place them in their bag. There are three tests in each box; six tests in total. Please ask your child for the packs and support them to complete the tests on the following days:

Year 7 - Mondays and Thursdays

Year 8 - Tuesdays and Fridays

Year 9 - Wednesdays and Saturdays

Year 10 - Tuesdays and Fridays

Year 11 - Mondays and Tuesdays

It is important to establish a routine in completing the test and we have found the following tips useful:

- **Complete the test in the evening rather than the morning.** The test takes half an hour to 'develop' and mornings are often time pressured.
- **Clean the area thoroughly.** Always wash hands and wipe surfaces before starting the test.

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Head of School: Sarah Morgan

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Please remember that if the result is positive you will need to book a PCR test for Covid-19 at a test centre, straight away. You can get advice by calling 119. Your child **MUST** not come to school and everyone in the household should isolate whilst waiting for confirmation from the PCR test. If the PCR test confirms a Covid-19 infection then please continue to isolate for 10 days. Please remember to inform school as soon as possible.

If you have any questions or concerns, please do not hesitate to contact us. In the first instance, please direct any questions to their form tutor through their Google Classroom or email info@eastlea.newham.sch.uk.

Yours sincerely,



Sarah Morgan
Head of School

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