

# Small changes, big differences.



## Coping With Your Teenager The Power Of Positive Parenting

Triple P can help you

- Encourage behaviour you like
- Deal with problem behaviour
- Become more confident as a parent

Triple P – Positive Parenting program is designed to give you as parents the skills you need to raise confident, healthy children and teenagers.

During four private sessions in school you will learn simple and practical strategies that you can adapt to suit your own needs. The benefits can be dramatic, long-lasting and rewarding.

If your child has a particular behaviour problem that is making family life more difficult than it should be, then Triple P could help you.

If you would like more information or to enrol please telephone Studley High School on 01527 852478 and ask for Mrs Julie Payne.