

The Sue Healey Nursery School

School Dinner Menus:

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Lentil curry	Chicken fillet	Omelette <small>Free range egg</small>	Battered cod fillet	Pasta bolognaise
POTATOES/RICE/PASTA	Fluffy white rice	Herb diced potatoes	Parsley potatoes	Oven roast potatoes	Pasta
VEGETABLES	Marrowfat peas Vegetable medley	Salad Sweetcorn	Garden peas Oven roast vegetables	Crunchy green beans Baton carrots	Sweetcorn Broccoli
DESSERTS	Ice cream with fruit (8181)	Rice pudding with fruit puree	Fresh fruit salad	Pureed pear and apple with custard	Cheese and crackers

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Mediterranean chicken fillet	Cod fillet goujons	Roast turkey with Yorkshire pudding	Vegetable and lentil curry	Crunchy topped macaroni cheese
POTATOES/RICE/PASTA	Savoury pasta	Potato topping on pie	Creamed potato	Fluffy white rice	Macaroni
VEGETABLES	Baton carrots Sweetcorn	Mixed vegetables	Sliced carrots Seasonal cabbage	Garden peas Creamed swede	Golden sweetcorn Broccoli florets
DESSERTS	Fresh fruit salad	Banana custard	Rice pudding with apple puree	Chocolate semolina with mandarin oranges	Yoghurt

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Chicken fillet	Roast beef and Yorkshire pudding	Cheese pasta bake	Golden baked fishcake	Savoury minced beef
POTATOES/RICE/PASTA	Diced roast potatoes	Creamed potatoes	Pasta	Parsley new potatoes	Oven roast potatoes
VEGETABLES	Golden sweetcorn Broccoli florets	Baton carrots Seasonal cabbage	Garden peas Sweetcorn	Mushy peas Sliced carrots	Broccoli Cauliflower
DESSERTS	Iced raspberry ripple mousse (8126)	Yoghurt	Creamy custard rice	Fruit jelly	Banana custard

WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Salmon fish fingers	Organic pork meatballs in Mediterranean sauce	Beef bolognaise	Chicken fillet in gravy	Mild chicken curry
Meat free					
POTATOES/RICE/PASTA	Rosemary parmentier potatoes	Potato wedges	Pasta	Mashed potatoes	Sunshine rice
VEGETABLES	Baton carrots Marrowfat peas	Cauliflower florets Sweetcorn	Marrowfat peas Sliced carrots	Broccoli Oven roast vegetables	Golden sweetcorn Garden peas
DESSERTS	Cheese and crackers	Ice-cream and fruit	Rice pudding and fruit compote	Pureed mixed fruit with custard	Yoghurt

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Week Numbers:

WC. 12/09/16 Week 1

WC. 19/09/16 Week 2

WC. 26/09/16 Week 3

WC. 03/10/16 Week 1

WC. 10/10/16 Week 2

WC. 17/10/16 Week 3

Half Term

WC. 31/10/16 Week 1

WC. 07/11/16 Week 2

WC. 14/11/16 Week 3

WC. 21/11/16 Week 4

WC. 28/11/16 Week 1

WC. 05/12/16 Week 2

WC. 12/12/16 Week 3

Christmas Holidays

WC. 02/01/17 Week 2

WC. 09/01/17 Week 3

WC. 16/01/17 Week 4

WC. 23/01/17 Week 1

WC. 01/02/17 Week 2

WC. 30/01/16 Week 3