

The Sue Healey Nursery School

School Dinner Menus:

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Beef bolognaise	Cheese omelette	Savoury minced beef	Roast turkey and Yorkshire pudding with gravy	Crunchy fish bake
POTATOES/RICE/PASTA	Pasta	Parsley boiled potatoes	Creamed potatoes	Roast potatoes	Creamed potatoes
VEGETABLES	Garden peas Sliced carrots	Baked beans Baton carrots	Broccoli florets Creamed carrot and swede	Golden sweetcorn Seasonal cabbage	Cauliflower Peas
DESSERTS	Fruit yoghurt	Rice pudding with fruit puree	Ice cream with peaches	Banana custard	Semolina with fruit chunks
WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Cottage Pie	Baked Fish fingers	Savoury minced beef	Roast turkey with sage & onion stuffing with gravy	Chicken Curry
POTATOES/RICE/PASTA	Herb diced potatoes	Boiled new potatoes	Creamed potatoes	Steamed parsley potatoes	Sunshine rice
VEGETABLES	Mixed vegetables	Beans Broccoli	Seasonal cabbage Baton carrots	Broccoli and Cauliflower medley	Golden sweetcorn Garden peas
DESSERTS	Iced raspberry ripple mousse	Creamy rice pudding with mandarin oranges	Pureed apple and custard	Fruit jelly	Fruit yoghurt
WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Crunch topped Mediterranean chicken	Mexican style bean and vegetable mild chilli	Beef bolognaise	Mild chicken curry	Salmon and tuna pasta
POTATOES/RICE/PASTA	Savoury noodles	Fluffy white rice	Spaghetti	Sunshine rice	Pasta
VEGETABLES	Peas Sweetcorn	Sliced carrots Green beans	Sweetcorn Broccoli florets	Baton carrots Mixed vegetables	Garden peas Sweetcorn
DESSERTS	Ice cream with fruit cocktail	Mandarin orange jelly	Cheese and crackers	Fruit yoghurt	Creamy custard rice
WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Macaroni and Broccoli bake	Pork loin steak in gravy	Quorn and lentil bolognaise	Chicken fillet in gravy	Steamed fish in parsley sauce
POTATOES/RICE/PASTA	Roast potatoes	Creamed potatoes	Spaghetti	Baby boil potatoes	Potato wedges
VEGETABLES	Peas Sweetcorn	Creamed swede Green beans	Sweetcorn Cabbage	Broccoli Carrots	Mushy peas Mixed veg
DESSERTS	Fruit yoghurt	Rice pudding with melba sauce	Homemade cookie with milk drink	Chocolate semolina	Ice cream tub

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Week Numbers:

WC. 07/09/15 Week 2

WC. 14/09/15 Week 3

WC. 21/09/15 Week 4

WC. 28/09/15 Week 1

WC. 05/10/15 Week 2

WC. 12/10/15 Week 3

WC. 19/10/15 Week 4

Half Term

WC. 02/11/15 Week 1

WC. 09/11/15 Week 2

WC. 16/11/15 Week 3

WC. 23/11/15 Week 4

WC. 30/11/15 Week 1

WC. 07/12/15 Week 2

WC. 14/12/15 Week 3

Christmas Holidays

WC. 04/01/16 Week 1

WC. 11/01/16 Week 2

WC. 18/01/16 Week 3

WC. 25/01/16 Week 4

WC. 01/02/16 Week 1