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| Year 1 | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| Making a class charter | How to make friends | Hygiene | Likes and dislikes | How to ask for help C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Effective listening |
| Getting to know each other | Understanding why we fall out | Growing and Changing | Being proud and special | Recognise when we are loved | Expressing opinions |
| Problem Solving | Angry Feelings | Different families | Feeling worriedC:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Thoughts feelings & behaviours | Right or wrong choices |
| Happy playtimes C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Bullying | Being healthy | Staying calm and relaxed | Dealing with worries C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | What living things need |
| Making Choices | Hazards in the home | Personal goals | Standing up for yourself C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Helping each other | Responsibilities |

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One Life Scheme Plan

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| Year 2 | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| Making a class charter | What are medicines | Money | Where food comes from | Special people C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Boys and girls |
| Getting to know one another | Household chemicals | Affording something | Custom & ritual | People that help C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Lifecycle |
| Communities | Being healthy | Needs vs Wants | Chocolate Project 1 | Different families | We are all unique |
| Saving energy/Recycling | Real vs Imagery hazards | Different meanings of being rich | Chocolate Project 2 | Difficult choices | I can make change happen |
| Pollution | Anti-bullying C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Simple goals | Chocolate Project 3 | People and places around the world | Changing my behaviour |

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| Year 3 | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| Creating a class charter | The importance of friends | Difference & touch C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Similarities and differences C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Where to go for help C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Different jobs |
| Gifts & Talents | Finding solutions when we fall out with friends C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Different types of families | Feeling good about yourself C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Taking responsibility C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Role of local council |
| Exploring feelings C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Staying calm | What makes people happy | Surprise & disappointment C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Dealing with worries C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Voting & debating |
| Working in a group | What to do in an emergency | What makes people healthy | Hide or show feelings C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Making decisions C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Making changes to school & the local area 1 |
| Happy playtimes | Keeping yourself safe C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Overcoming barriers | How to stand up for myself C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Class worry time C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Making changes to school & the local area 2 |

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| Year 4 | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| Class charter | RisksC:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Money | Cost of chocolate | Difference & similarities | Human lifecycle |
| How laws are made | Legal & illegal drugs | How to pay for goods | Fairtrade | Connectedness | Children & adults |
| Ways to save energy | Drugs | Family expenses | The Media C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Prejudice | Wishes hopes & dreams |
| Ways to save water | Alcohol | How to plan & budget | Power of the Media C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Gender stereotypes | Embrace positive changes |
| Climate change | Peer Pressure C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Charities | Media Stereotypes | Different jobs people do | Dealing with unwanted changes |

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| Year 5 | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| Class charter | Different types of friendship | Changes in puberty | Respecting opinions C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Where to go for help C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Consequences of crime |
| Personal gifts & talents | Managing conflict | Personal hygiene | Risky choices C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Uncomfortable feelings C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Laws & rules |
| Exploring feelings | Managing my anger | Wellbeing through puberty | Not following the crowd C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Boost up and put downs C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Voting & debating |
| Communication skills | Cyber bullying C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Effective learning | Assertiveness C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Forgiveness C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Improving my local community 1 |
| Understanding role models | Responding to an emergency | Positive role models | Bullying C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Ways to support one another C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Improving my local community 2 |

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| Year 6 | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| Class charter | Risk and pressure | How money is earnt 1 | Different foods | Identity | Puberty |
| Understanding democracy | Legal & illegal drugs | How money is earnt 2 | Customs & rituals | Different types of relationships C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Responding to changes |
| Environment | All about smoking | Group presentations | Chocolate we eat | Stereotyping | Transition & moving on |
| Climate change | All about alcohol | Project evaluation | Where chocolate comes from | Put downs and conflicts | Saying goodbye |
| Sustainability | Keeping safe in your local area C:\Users\christinah\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\8I12TFSN\monkey-face-cartoon[1].png | Reductions & expenses | What is Fairtrade | Ending friendships | Leaving activity |