

Exam Tips

Tips and hints to get you the best results and keep you stress free!

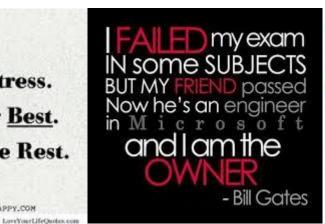


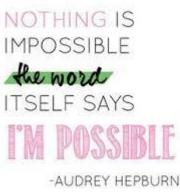


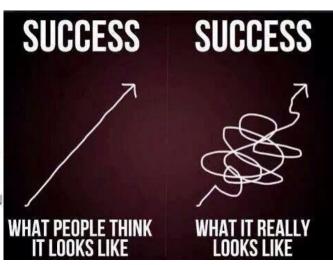
Don't Stress.

Do Your <u>Best</u>.

Forget the Rest.













Exams are the top worry for both Primary (41%) and Secondary (39%) pupils and they needn't be...



Top Revision Tips

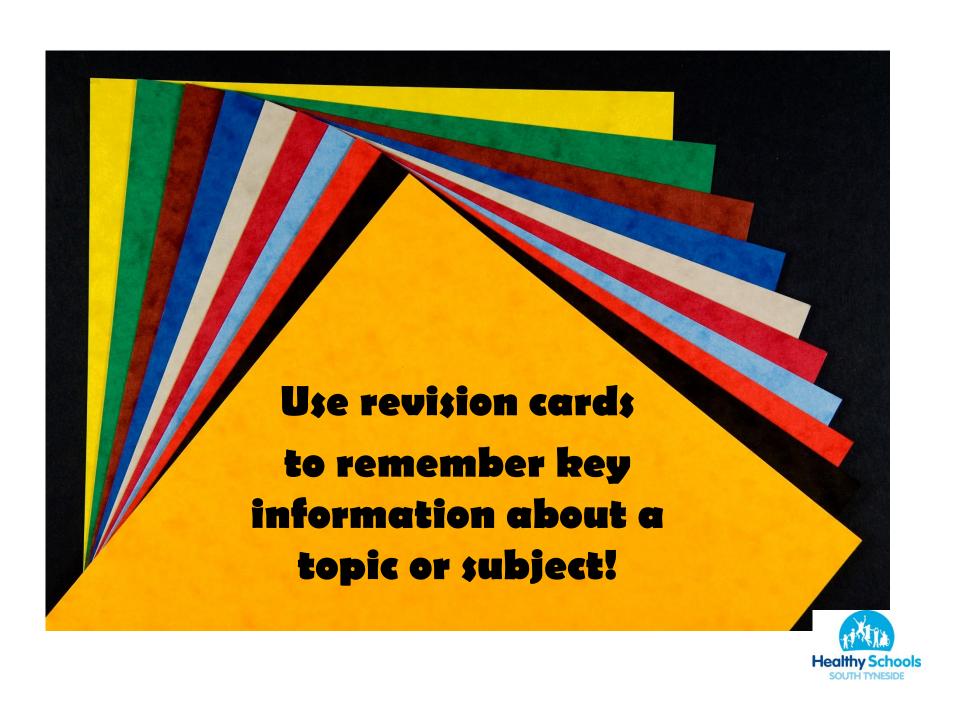




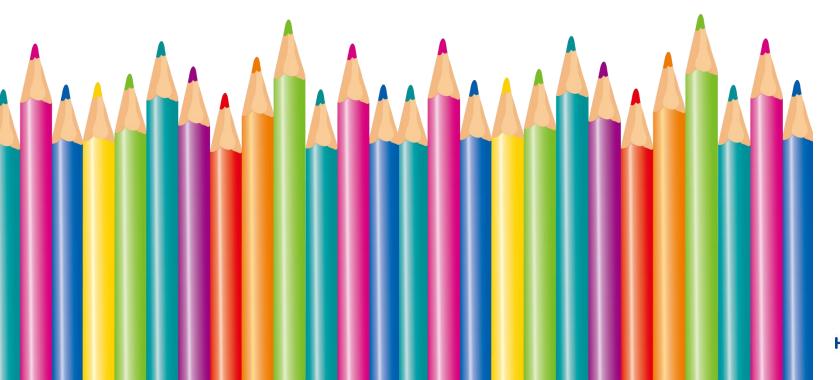


MAKE A REVISION TIMETABLE AND STICK TO IT?





Use lots of colours, highlighters and sticky notes to bring your revision to life!









Try covering up the answers and testing yourself or ask someone to ask you questions!







Use a variety of different revision techniques so you don't get bored!









Use past exam papers so you know what to expect...

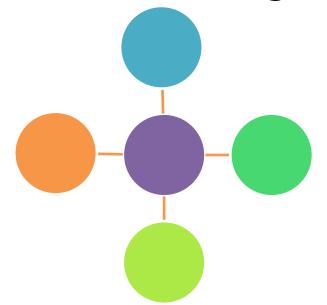
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Pay attention to how many marks questions have so you know how long to spend on each...



Use diagrams to organise information.

You can use them to break your revision down into chunks so it seems less daunting...







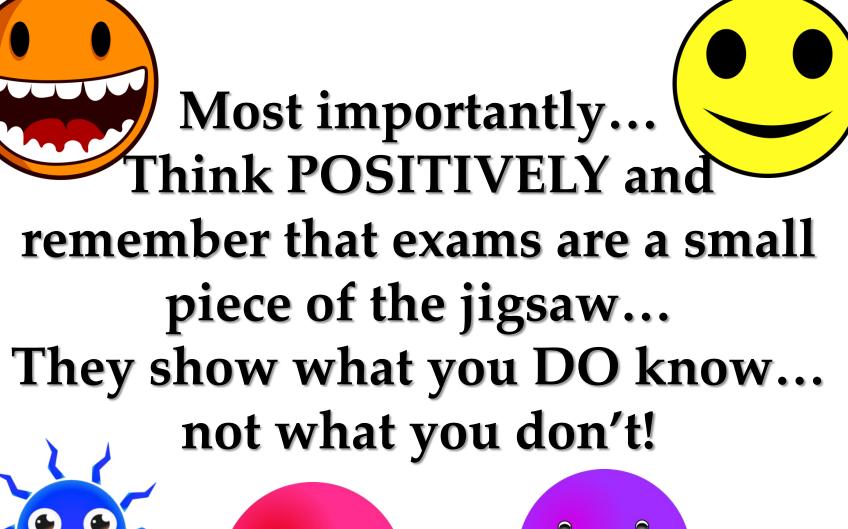
Make sure you repeat topics in your revision to make sure it sticks in your long term memory!



Exercise, eating healthy, drinking enough water and sleeping properly is really important to help your brain to function to its full potential.













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Førget the Rest.

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