

# Activities for children and young people

July - September 2020

look online for any late holiday entries at  
[www.haringey.gov.uk/holidayfun](http://www.haringey.gov.uk/holidayfun)



**COVID SECURE**  
see page 3 - 4



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Cllr Kaushika Amin

# Summer in Haringey 2020

We have teamed up with a range of local providers this year to host a bumper Summer Holiday Programme. A wide range of outdoor activities will be taking place in our fantastic parks, where hygiene measures and social distancing rules can be more easily implemented and managed during the ongoing COVID-19 pandemic.

Activities include:

- Athletics
- Cycling, including adapted cycling
- Non-contact ball court activities
- Online activities, such as Inclusive Theatre
- Outdoor dance
- SEND activities
- Tennis
- Xplorer (family orienteering)

We want to reassure parents and young people that we are working closely with our providers to ensure the programme is as COVID-secure as possible. While we'll be doing everything in our power to keep your children safe during these activity sessions, you can help us

by making sure they wash their hands thoroughly for 20 seconds before leaving home and follow instructions when they arrive at the park. You should also keep up-to-date with the Government's latest 'Attending out of school settings' guidance at:

[www.gov.uk/government/publications/guidance-for-parents-and-carers-of-children-attending-out-of-school-settings-during-the-coronavirus-covid-19-outbreak](https://www.gov.uk/government/publications/guidance-for-parents-and-carers-of-children-attending-out-of-school-settings-during-the-coronavirus-covid-19-outbreak)

Despite the current restrictions, we are confident young people will find the programme really engaging and lots of fun and the best bit about all of this is that most of what is on offer is completely FREE! Please note though that you may have to book some activities in advance, whereas others are drop-in sessions.

The programme runs between Monday 20 July and Friday 28 August. Have a great summer!

**Cllr Kaushika Amin**

Cabinet Member for Children, Education & Families

Keep a safe distance, control  
the virus, save lives

## Safety Advice

It is important to be safe this summer,  
so consider the following:



**Bring your own hand  
sanitiser and labelled water  
bottle – do not share them!**



**Wear sunscreen, a hat/  
cap, loose fitting clothing  
and appropriate footwear**



**Anyone who is feeling unwell,  
or experiencing COVID-19  
symptoms, should stay home  
and self-isolate**



**Please note that there are no toilet facilities  
at many locations**



# Activities for children and young people

July - September 2020



## #youthWISE Drop-in / Dance Session

### 11 - 19 years

Fun and social community for LGBTQI+ young people 11 to 19 years. Open to people of all abilities. Sessions are only open to registered users.

**Dates:** Every Monday , 3 - 31 Aug, 3 - 4pm

**Cost:** Free

**Venue:** Wood Green Library

**Just Turn Up?** Registration required

**Book:** info@wisethoughts.org

**Suitable for Disabilities?** Yes

## 2TR Football Brunswick

### 8+ years

Fast and dynamic football session, where you can learn new skills, make friends and have great fun. Sessions will operate on a first come, first served basis.

**Dates:** Mon - Fri , 3 - 28 Aug, 12 - 2pm

**Cost:** Free

**Venue:** Brunswick Park MUGA

**Just Turn Up?** Yes

**Email:** charlesbrowne@2trfootball.com

**Suitable for Disabilities?** Contact provider

## 2TR Football Chestnuts

### 8+ years

Fast and dynamic football session, where you can learn new skills, make friends and have great fun. Sessions will operate on a first come first served basis.

**Dates:** Mon - Fri, 20 July - 28 Aug, 3 - 5pm

**Cost:** Free

**Venue:** Chestnut Park MUGA

**Just Turn Up?** Yes

**Email:** charlesbrowne@2trfootball.com

**Suitable for Disabilities?** Contact provider



## 2TR Football Fairland

### 8+ years

Fast and dynamic football session, where you can learn new skills, make friends and have great fun. Sessions will operate on a first come first served basis.

**Dates:** Mon - Fri , 27 July - 21 Aug.

11am - 1pm

**Cost:** Free

**Venue:** Fairland Park MUGA

**Just Turn Up?** Yes

**Email:** charlesbrowne@2trfootball.com

**Suitable for Disabilities?** Contact provider

## 2TR Football Hartington

### 8+ years

Fast and dynamic football session, where you can learn new skills, make friends and have great fun. Sessions will operate on a first come first served basis.

**Dates:** Mon - Fri, 20 July - 28 Aug, 12 - 2pm

**Cost:** Free

**Venue:** Hartington Park MUGA

**Just Turn Up?** Yes

**Email:** [charlesbrowne@2trfootball.com](mailto:charlesbrowne@2trfootball.com)

**Suitable for Disabilities?** contact provider



## 2TR Football Lordship

### 8+ years

Fast and dynamic football session, where you can learn new skills, make friends and have great fun. Sessions will operate on a first come first served basis.

**Dates:** Mon - Fri, 20 July - 28 Aug, 3 - 6pm

**Cost:** Free

**Venue:** Lordship Rec MUGA

**Just Turn Up?** Yes

**Email:** [charlesbrowne@2trfootball.com](mailto:charlesbrowne@2trfootball.com)

**Suitable for Disabilities?** Contact provider

## Access to Sport

### 6 - 19 years

This summer Access to Sports will be offering free of charge coaching in a variety of sports including: Football coaching and skills, Basketball Skills and Challenges, Archery, Tennis, Dance Fitness, Athletics and Leadership programmes.

**Dates:** 20 July - 28 Aug, contact for times

**Cost:** Free

**Venue:** Finsbury Park

**Just Turn Up?** No

**Email:** [Info@accesstosports.org.uk](mailto:Info@accesstosports.org.uk)

**Book:** <https://accesstosports.org.uk>

**Suitable for Disabilities?** Yes

## Alexandra Palace's Young Creatives Network

### 14 - 24 years

Get involved in a range of different activities programmed by Ally Pally's first young people's programming team! From creative activities to mentoring and work experience opportunities. Whether you want to kick start your career in the creative industries or you just want to have fun. Keep your eyes peeled for opportunities to get your teeth into.

**Venue:** Alexandra Palace

**Just Turn Up?** No

**Email:** [learning@alexandrapalace.com](mailto:learning@alexandrapalace.com).

**Suitable for Disabilities?** Yes



## Arts and Crafts

### 5+ years

Arts & crafts activity for children with Nina and Joan have fun and get creative at the same time. Sessions will operate on a first come first served basis.

**Dates:** Every Fri , 31 July - 21 Aug.

2 - 5pm

**Cost:** Free

**Venue:** Lordship Rec

**Just Turn Up?** Advance booking

**Email:** joanhcurtis51@gmail.com

**Suitable for Disabilities?** Contact provider

## Alexandra Palace Young People's Programming Team

### 16 - 24 years

There is still time to join Ally Pally's new young people's programming team. You'll be working with experts across the arts; music, fashion, dance, photography, fine art. Gaining real hands on experience, you'll produce a series of cultural events across Haringey; shaping the cultural landscape and creating real change for young people in your neighbourhood.

**Venue:** Alexandra Palace

**Just Turn Up?** No

**Email:** learning@alexandrapalace.com.

**Suitable for Disabilities?** Yes

## Athletic Camp DILI Management

### 6 - 12 years

Olympic countdown beings, let's train and be ready for 2021! Discover how to Run fast, jump high and throw far. Introduction to track and field athletics. A safe and friendly environment. Sessions will operate on a first come first serve basis.

**Dates:** Every Mon, 20 July - 10 Aug, 2 - 4pm

**Cost:** Free

**Venue:** Lordship Rec - Main Field

**Just Turn Up?** Yes

**Email:** info@dilimanagement.com

**Phone:** 07751609136

**Suitable for Disabilities?** Contact provider





## Athletics @ New River

**8+ years**

Learn to be the next Olympic star with this fantastic athletics session. Sessions will operate on a first come first served basis.

**Dates:** Mon - Fri, 27 July - 14 Aug, 11am - 1pm

**Cost:** £2

**Venue:** New River Sports and Fitness

**Just Turn Up?** Yes

**Email:** sportyhuman@yahoo.com

**Suitable for Disabilities?** Contact provider

## Basketball @ TPL

**8 - 18 years**

Develop your game with skills and drills. Sessions will operate on a first come first served basis.

**Dates:** Mon - Fri, 20 July - 28 Aug.

1 - 4pm and 6 - 8pm

**Cost:** Free

**Venue:** Ducketts Common Basketball Courts

**Just Turn Up?** Yes

**Email:** get.active@haringey.gov.uk

**Suitable for Disabilities?** No



## Boxing

**10 - 21 years**

Non contact boxing and supervision. Please contact to book in advance, spaces are limited. Sessions subject to centre opening in line with government guidelines. Check in advance.

**Dates:** 4 - 28 Aug, 10am-11.15am, 11.30am-12.45pm, 1-2.30pm

**Cost:** Free

**Venue:** London Boxing Academy

**Just Turn Up?** No

**Book:** 07838132091

**Email:** chris@londonboxingacademy.co.uk

**Suitable for Disabilities?** Yes

## Boxing Circuits

**12 - 25 Years**

Boxing circuits delivered by Selby Amateur Boxing Club In partnership with Haringey Gold.

**Dates:** Tues & Thurs, 28 July 27 Aug, 3 - 5pm

**Cost:** Free

**Venue:** Bull Lane Playing Field

**Just Turn Up?** No

**Call:** 020 8885 5443

**Email:** info@selbyboxingclub.co.uk

**Suitable for Disabilities?** Contact Provide

## Carnival workout

### All ages

Our classes are geared to giving to a taste of the Caribbean carnival scene, while improving stamina and confidence in a creative and exciting way. Session availability depends on centre opening in line with government guidelines. Please check before attending.

**Dates:** 7 - 21 Aug, 2 - 4 pm

**Cost:** Free

**Venue:** New River Sport Centre

**Just turn up?** No

**Email:** [diment@hotmail.co.uk](mailto:diment@hotmail.co.uk)

**Call:** 07736 068014

**Suitable for Disabilities?** Contact provider



## Carnival Dance

### All ages

Our classes are geared to giving a taste of the Caribbean carnival scene, while improving stamina and confidence in a creative and exciting way. Sessions will operate on a first come first served basis. Session availability depends on centre opening in line with government guidelines. Please check before attending.

**Dates:** Every Thurs, 23 July - 13 Aug, 2pm - 4pm

**Cost:** Free

**Venue:** Lordship Rec

**Just Turn Up?** Advance booking

**Email:** [diment@hotmail.co.uk](mailto:diment@hotmail.co.uk)

**Call:** 07736 068014

**Visit:** [www.dimensionslondon.com](http://www.dimensionslondon.com)

**Suitable for Disabilities?** Contact provider



## Creative Dance Workshop

### 4 - 10 years

Dance outside this summer! Get moving in our creative dance sessions this summer, no experience needed! The classes focus on imagination, creativity and mindfulness through movement.

**Dates:** Every Wed, 5 - 26 Aug, 2 - 3pm

**Cost:** £2 per session

**Venue:** Lordship Rec - next to the gym

**Just Turn Up?** No

**Book:** [atruefittcollective@outlook.com](mailto:atruefittcollective@outlook.com)

**Call:** 0780 700 9750

**Suitable for Disabilities?** Contact provider

## Community sports

### 12 - 16 years

With social distancing incorporated. Delivered by Salaam Peace, multi-award winning community engagement programme. Founder/CEO Sab Bham, ex-Gladesmore Pupil.

**Dates:** Every Tues 21 July - 25 Aug, 4.45 - 6.15 pm

**Cost:** Free

**Venue:** Rangemoor Rd Open Space MUGA

**Just Turn Up:** No

**Book:** [contact@salaampeace.org](mailto:contact@salaampeace.org)

**Email:** [sab@salaampeace.org](mailto:sab@salaampeace.org)

**Visit:** [www.salaampeace.org](http://www.salaampeace.org)

**Suitable for Disabilities?** Contact provider

## Community Sports

### 12 - 16 years

Incorporating social distancing. Football/ basketball for 12-16 year olds. skills training and non-contact match play. progression to teams and SP Academy of sporting excellence.

**Dates:** Every Wed 21 July - 26 Aug 9.15 - 11.15 am

**Cost:** Free

**Venue:** Rangemoor Rd Open Space MUGA

**Just Turn Up?** No

**Book:** [contact@salaampeace.org](mailto:contact@salaampeace.org)

**email:** [sab@salaampeace.org](mailto:sab@salaampeace.org)

**Visit:** [www.salaampeace.org](http://www.salaampeace.org)

**Suitable for Disabilities?** Contact provider

## Creativity Camps - From The Street - Spoken Word Workshops

### 11 - 14 years

From The Streets is a four week cross-arts summer programme. For five days you will work with leading artists from urban culture to create new and exciting work. The theme of this year's camps is the environmental crisis with Ally Pally's outdoor setting providing inspiration. Each week you will hear from young and inspiring environmental campaigners and be given the chance to creatively explore your own feelings and relationship to the world around you.

**Dates:** 3 - 28 Aug , 10am - 4pm

**Cost:** £100 per week

**Venue:** Alexandra Palace

**Just Turn Up?** No

**Email:** [learning@alexandrapalace.com](mailto:learning@alexandrapalace.com).

**Suitable for Disabilities?** Yes

## Cycling for the family

### 2 - 5 years

Enjoy games and activities with your toddler, while learning more about getting started with balance bikes and building confidence. Sessions will operate on a first come first served basis.

**Dates:** Every Wed, 22 July - 12 Aug, 12 - 3pm

**Cost:** Free - welcome donations

**Venue:** Lordship Rec - Model traffic area

**Just Turn Up?** No

**Book:** [www.wheelytots.com/toddlers](http://www.wheelytots.com/toddlers)

**Email:** [info@wheelytots.com](mailto:info@wheelytots.com)

**Suitable for Disabilities?** Contact provider



## Cycling for the family

### 2 - 5yrs

Enjoy games and activities with your toddler, while learning more about getting started with balance bikes and building confidence. Sessions will operate on a first come first served basis.

**Dates:** Mon - Fri, 20 July - 7 Aug

9:30 - 11:30am

**Cost:** Free - welcome donations

**Venue:** Priory Park Basketball courts

**Just Turn Up?** No

**Book:** [www.wheelytots.com/toddlers](http://www.wheelytots.com/toddlers)

**Email:** [info@wheelytots.com](mailto:info@wheelytots.com)

**Suitable for Disabilities?** Contact provider



## Cycling Pedal Power

**All**

Pedal Power is the cycling club for all ages with learning disabilities. Maximum number in group 10, you must provide your own helmet and hand sanitiser. Sessions are 40 minutes long @10, 11, & 12, you must call to book.

**Dates:** 7, 14, 21, 29 Aug, 10am - 1pm

**Cost:** Free

**Venue:** Finsbury Park Track

**Just Turn Up?** No

**Call:** 07490370347

**Suitable for Disabilities?** Yes



## Down Lane Park Dalmage Active Multi-Sports

**13 - 16 years**

Come and enjoy weeks of exciting sporting activities. Our Multi Sports sessions will give you the opportunity to have fun and interact with others through sports. Get involved in a range of activities such as: Fitness session, Cricket, Basketball, Tennis, Rounders, Athletics and much more.

**Dates:** Mon - Fri, 27 July - 21 Aug, 3 - 5pm

**Cost:** Free

**Venue:** Down Lane Park

**Just Turn Up?** Yes

**Email:** Tashancsc@gmail.com

**Call:** 07964 523941

**Instagram:** @DalmageActive

**Suitable for Disabilities?** Yes

## Down Lane Park Living Under One Sun

**All**

Fun camp featuring Hula Hoops, skipping Yoga, dance, Non contact boxing, Basketball, Table tennis and Cycling. Activities to take place in Down Lane Park Basketball court and adjacent park area / LUOS Community Hub's enclosed outdoor grounds and front area.

**Dates:** Every Thurs, Fri, Sat, 16 July - 29 Aug, 11am - 4pm

**Cost:** Free

**Venue:** Down Lane Park

**Just Turn Up?** No

**Book:** comms@livingunderonesun.co.uk or in person at LUOS hub

**Call:** 020 8885 5416

**Suitable for Disabilities?** Yes

## Downhills Park Dalmage Active Multi-Sports

**12 - 16 years**

Come and enjoy weeks of exciting sporting activities. Our Multi Sports sessions will give you the opportunity to have fun and interact with others through sports. Get involved in a range of activities such as: Fitness session, Football, Basketball, Athletics and more.

**Dates:** Mon - Fri, 27 July - 21 Aug, 4 - 6pm

**Cost:** Free

**Venue:** Downhills Park MUGA

**Just Turn Up?** Yes

**Email:** Tashancsc@gmail.com

**Call:** 07964 523941

**Instagram:** @DalmageActive

## Family Yoga

**6+ years**

A fun accessible yoga class for everyone, providing a safe and inclusive space for people to practice yoga and for students to leave feeling nourished and relaxed. Sessions will operate on a first come first served basis.

**Dates:** Lordship Rec: Every Tues, 21 July - 11 Aug, 2 - 3pm; New River Sport Centre : 3 - 17 Aug, 2 - 3 pm

**Cost:** Free

**Venue:** Lordship Rec - Round the back of the Hub and New River Sports Centre

**Just Turn Up?** Yes

**Instagram:** @yogaintottenham

**Suitable for Disabilities?** Contact provider

## Female Boxing and Fitness @ Hornsey School

**11 - 16 years**

Female only Boxing and fitness session.

**Dates:** Mon, Tues, Wed, 27 July - 12 Aug, 2 - 3pm

**Cost:** Free

**Venue:** Hornsey School for Girls

**Just Turn Up?** No

**Call:** 020 8885 5443

**Visit:** [www.selbyboxingclub.co.uk](http://www.selbyboxingclub.co.uk)

**Suitable for Disabilities?** Contact to discuss



## Fields in Trust Launch - Brunswick Park

**All**

Try out some activities to get ready for the summer, this includes, Basketball, 2 Touch Football, Table tennis and Fun fitness session. Sessions will operate on a first come first serve basis.

**Dates:** 1 Aug, 1.30 - 4.30 pm

**Cost:** Free

**Venue:** Brunswick Park

**Just Turn Up?** Yes

**Email:** [get.active@haringey.gov.uk](mailto:get.active@haringey.gov.uk)

**Suitable for Disabilities?** Yes

## Fields in Trust Launch - Fairland Park

All

Try out a some activities to get ready for the summer, this includes, 2 Touch football, Cricket and Fun fitness session Sessions will operate on a first come first served basis.

**Dates:** 25 July, 1.30 - 4.30 pm

**Cost:** Free

**Venue:** Fairland Park

**Just Turn Up?** Yes

**Email:** [get.active@haringey.gov.uk](mailto:get.active@haringey.gov.uk)

**Suitable for Disabilities?** Yes

## Football Skills and Drills

8 - 12 years

Fun football skills and drills session.

**Dates:** Mon - Fri, 27 July - 28 Aug, 2 - 4pm

**Cost:** Free

**Venue:** Down Lane Park

**Just Turn Up?** Yes

**Email:** [ccrfc@hotmail.com](mailto:ccrfc@hotmail.com)

**Suitable for Disabilities?** No

## Fortis Green Kids' Club holiday playscheme

4 - 12 years

Summer holiday activities run by Fortis green Kids Club.

**Dates:** 20 July - 27 Aug, 9am - 3pm

**Cost:** £130 Mon - Thrus

**Venue:** St Peter Le Poer Church

**Just Turn Up?** No

**Email:** [fortisgreenkidsclub@hotmail.co.uk](mailto:fortisgreenkidsclub@hotmail.co.uk)

**Book:** [www.fortisgreenkidsclub.org](http://www.fortisgreenkidsclub.org)

**Suitable for Disabilities?** No

## HarPA - Somerford Grove Adventure Playground

5 - 15 years

The adventure playground is open for play this summer! Maximum of 15 young people per session. 2 hour slot per group. Booking required. Bring your own bike, scooter, skates, play equipment! You must be signed up to Haringey Play Association.

**Dates:** Mon - Sat , 29 July - 29 Aug , 10am - 5pm

**Cost:** Free

**Venue:** Somerford Grove Adventure Playground

**Just Turn Up?** No

**Email:** [sereena@haringey-play.org.uk](mailto:sereena@haringey-play.org.uk)

**Call:** 07807 100 189

**Visit:** [www.haringey-play.org.uk](http://www.haringey-play.org.uk)

**Suitable for Disabilities?** Contact us to discuss

## Highgate Cricket Camp

Cricket camps for kids at all levels. Learn and develop you cricket game in a fun and safe environment.

**Dates:** 27 - 31 July, 10am - 4pm

**Cost:** £40 per day. Contact us to check out your eligibility for a free place.

**Venue:** Highgate Cricket Club

**Just Turn Up?** No

**Book:** [www.openplay.co.uk/provider/945](http://www.openplay.co.uk/provider/945)

**Email:** [cricket@highgate-cricket.co.uk](mailto:cricket@highgate-cricket.co.uk)

**Call:** 07481 622191

## Highgate Cricket Girls Camp

Girl Cricket camps for girls at all levels. Learn and develop your cricket game in a fun and safe environment.

**Dates:** 20 - 25 July, 10am - 4pm

**Cost:** £40 per day

**Venue:** Highgate Cricket Club

**Just Turn Up?** No

**Book:** [www.openplay.co.uk/provider/945](http://www.openplay.co.uk/provider/945)

**Email:** [cricket@highgate-cricket.co.uk](mailto:cricket@highgate-cricket.co.uk)

**Call:** 07481 622191



## Highgate Tennis Girls Camp

This is a fun and enjoyable girls tennis camp 10-4pm for players 10-14 years old run by Highgate's new Director of Tennis and LTA Level 5 Coach, Lucy Dean.

### 10 - 14 years

**Dates:** 27 - 31 July, 17 - 21 Aug, 10am - 4pm

**Cost:** £47.50 per week

**Venue:** Highgate Cricket Club

**Just Turn Up?** No

**Book:** <https://highgate-tennis.co.uk/juniors/holiday-camps/>

**Email:** [coaching@highgate-tennis.co.uk](mailto:coaching@highgate-tennis.co.uk)

**Suitable for Disabilities?** Yes

## Highgate Tennis Inclusive Camp

This is a fun and enjoyable tennis camp 10-1pm for children aged 5-16 years with additional needs and/or disabilities. Run by an LTA disability trained coach and assistants.

### 6 - 16 years

**Dates:** 3 - 7, 24 - 28 Aug, 10am - 1pm

**Cost:** £47.50 per week

**Venue:** Highgate Cricket Club

**Just Turn Up?** No

**Book:** <https://highgate-tennis.co.uk/juniors/holiday-camps/>

**Email:** [coaching@highgate-tennis.co.uk](mailto:coaching@highgate-tennis.co.uk)

**Suitable for Disabilities?** Yes

## Highgate Tennis Junior Camps

Tennis camps for kids at all levels with kids split into the following age groups - 3 - 4 yrs., 5 - 7 yrs., 8 - 10 yrs & 11+ yrs. The coach will work on the main shots of the game and getting the kids to learn how to play in a fun and safe environment.

**Dates:** 20 July - 28 Aug, 10am - 4pm

**Cost:** £175/week - Contact us to check out your eligibility for a free place

**Venue:** Highgate Cricket Club

**Just Turn Up?** No

**Book:** <https://highgate-tennis.co.uk/juniors/holiday-camps/>

**Email:** [coaching@highgate-tennis.co.uk](mailto:coaching@highgate-tennis.co.uk)

**Suitable for Disabilities?** Yes



## Hr Sports Academy Football Camp

### 5 - 15 years

Weeks of fun and quality football coaching for boys and girls to develop their skills and techniques through a variety of activities while practicing social distancing in small groups. Please visit our website for more information. All sessions will be delivered outdoors. A refillable water bottle must be provided, and participants must wear clothing appropriate for sports and the weather.

**Dates:** Mon - Fri, 20 - July - 14 Aug, 9am - 12 noon

**Cost:** £8 session

**Venue:** Markfield Park All weather pitch

**Just Turn Up?** No

**Book:** [www.hrsportsacademy.co.uk/summer2020](http://www.hrsportsacademy.co.uk/summer2020)

**Email:** [info@hrsportsacademy.co.uk](mailto:info@hrsportsacademy.co.uk)

**Suitable for Disabilities?** Yes



## Hr Sports Academy Multisports Camp

### 5 - 15 years

Weeks of fun games and competitions which allow participants to develop their skills and techniques in a wide variety of sports while practicing social distancing in small groups. Please visit our website for more information. All sessions will be delivered outdoors. A refillable water bottle must be provided, and participants must wear clothing appropriate for sports and the weather.

**Dates:** Mon - Fri, 20 - July - 14 Aug, 1 - 4pm

**Cost:** £8 session

**Venue:** Markfield Park All weather pitch

**Just Turn Up?** No

**Book:** [www.hrsportsacademy.co.uk/summer2020](http://www.hrsportsacademy.co.uk/summer2020)

**Email:** [info@hrsportsacademy.co.uk](mailto:info@hrsportsacademy.co.uk)

**Suitable for Disabilities?** Yes



## Hr Sports Academy Youth Club

### 13 - 18 years

Weeks of fun games and competitions which allow participants to develop their skills and techniques in a wide variety of sports while practicing social distancing in small groups. Please visit our website for more information. All sessions will be delivered outdoors. A refillable water bottle must be provided, and participants must wear clothing appropriate for sports and the weather.

**Dates:** Mon - Fri, 20 - July - 14 Aug, 4.30 - 6.30pm

**Cost:** Free

**Venue:** Markfield Park All weather pitch

**Just Turn Up?** No

**Book:** [www.hrsportsacademy.co.uk/summer2020](http://www.hrsportsacademy.co.uk/summer2020)

**Email:** [info@hrsportsacademy.co.uk](mailto:info@hrsportsacademy.co.uk)

**Suitable for Disabilities?** Yes



## Hula Hoops

### All ages

Get active and have some fun learning how to hula hoop. Sessions will operate on a first come first serve basis.

**Dates:** Every Thurs, 23 July - 13 Aug.

3 - 5pm

**Cost:** Free

**Venue:** Lordship Rec - Main Field

**Just Turn Up?** Yes

**Email:** [tosarahall52@gmail.com](mailto:tosarahall52@gmail.com)

**Suitable for Disabilities?** Contact provider





## Kids Boxing

### 6 - 12 years

Kids boxing camp fun by Selby Amateur Boxing.

**Date:** every Tues , 28 July - 25 Aug , 3 - 5 pm

**Venue:** Bull Lane playing field

**Just Turn Up?** No

**Call:** 020 8885 5443

**Email:** [info@selbyboxingclub.co.uk](mailto:info@selbyboxingclub.co.uk)

**Suitable for Disabilities?** Contact Provide

## Living Under One Sun Camp Carnival Day

### All

A day to celebrate and local talent and achievements. Participants who have taken part in the holiday camp will have a chance to showcase their skills and the work they have been doing all summer.

**Dates:** 29 Aug, 11am - 4pm

**Cost:** Free

**Venue:** Down Lane Park

**Just Turn Up?** No

**Book:** [info@livingunderonesun.co.uk](mailto:info@livingunderonesun.co.uk) or in person at LUOS hub

**Call:** 020 8885 5415

## Markfield Summer Play Scheme

### 6 - 19 years

We offer a wide range of mainly outdoor play activities - we have a huge adventure playground with dens, swings and slides, bonfire pit and zip wire. Arts, craft activities, gardening and cooking activities, football and basketball. We welcome children and young people who have additional needs / disabilities, or who have a disabled sibling.

**Dates:** 3 - 21 Aug.

**Cost:** Contact us for details of session fees

**Venue:** Markfield Community Centre

**Just Turn Up?** No

**Call:** 020 3667 5232

**Email:** [jseaden@markfield.org.uk](mailto:jseaden@markfield.org.uk)

**Suitable for Disabilities?** Yes

## Non-contact Kick boxing

### 8 - 12 years

This fantastic session will take you through a full range of Martial Arts skills and technique. A great way to get fit and have fun. First come first served. Sessions take place in the cage around the back of the centre.

**Dates:** Mon, Wed, Fri, 27 July - 14 Aug, 12 - 1pm

**Cost:** Free

**Venue:** Tottenham Community Sports Centre

**Just Turn Up?** Yes.

**Call:** 07399028633

**Email:** [esmond.francis@btinternet.com](mailto:esmond.francis@btinternet.com)

**Suitable for Disabilities?** Contact provider

## Project 2020

### 10 - 19 years

This summer, Project 2020 will be offering fun activities for young people in Haringey. Including cooking, music, quizzes, and more. Some will be offered online via platforms such as Zoom. To receive 'What's On' information please use the contact details stated.

**Dates:** Aug, Contact for info

**Cost:** Free

**Venue:** Contact for details

**Just Turn Up?** No

**Email:** Project2020@homesforharingey.org

**Call:** 07790 379 194

**Suitable for Disabilities?** Please contact



## Sanjuro Martial Arts Fitness

### 11 - 16 years

Martial art fitness class using music. This class is for all abilities and ages. These classes will teach you practical martial art movement and help you to get and stay fit in an enjoyable environment. Glenn is the chief instructor for Sanjuro and has been coaching martial arts for many years

**Dates:** Tues - Friday, 28 July - 14 Aug, 3 - 4pm

**Cost:** Free

**Venue:** Hornsey School for Girls

**Just Turn Up?** No

**Email:** anita@sanjurotrainingsystems.com

**Suitable for Disabilities?** Yes

## Selby Boxing & Fitness

### 12+ year

With health and fitness such an important part of our lives now, Selby Boxing & Fitness are offering students aged 12+ the opportunity to learn the art of boxing, enabling them to keep fit through boxing training and fitness.

**Dates:** Every Mon, Weds, 27 July - 19 Aug, 4 - 5pm

**Cost:** Free

**Venue:** Bull Lane Play Field

**Just Turn Up?** Yes

**Call:** 020 8885 5443

**Visit:** [www.selbyboxingclub.co.uk](http://www.selbyboxingclub.co.uk)

**Suitable for Disabilities?** Contact to discuss

## Tennis in the Park

### 4+ years

Weekly tennis sessions run by LTA trained coaches from Coolhurst Tennis Club. Parks include Bruce Castle, Down Land, Downhills and Stationers. First come first served, spaces will be limited.

**Dates:** Tues, Weds, Thurs 28 July - 20 Aug.

**Downhills and Stationers Park** 4 - 8 years

10 - 11.30am, 12+ years: 11.30am - 1pm

**Down Lane and Bruce Castle Park** 4 - 8 years: 2 - 3.30pm, 12+ years: 3.30 - 5pm

**Cost:** Free

**Venue:** Tennis courts

**Just Turn Up?** Yes

**Email:** [info@coolhurst.co.uk](mailto:info@coolhurst.co.uk)

**Call:** 07939 24025

**Suitable for Disabilities?** Yes



## Tiverton MUGA Dalmage Active Multi-Sports

**12 - 16 years**

Come and enjoy weeks of exciting sporting activities. Our Multi Sports sessions will give you the opportunity to have fun and interact with others through sports. Get involved in a range of activities such as: Fitness session, Cricket, Basketball, Tennis, Rounders, Athletics and much more.

**Dates:** Mon - Fri, 27 July - 21 Aug, 12 - 3pm

**Cost:** Free

**Venue:** Tiverton MUGA

**Just Turn Up?** Yes

**Call:** 07964 523941

**Instagram:** @DalmageActive

**Email:** Tashancsc@gmail.com

**Suitable for Disabilities?** Yes



## WeMove! Afrobeats Dance

**12+ years**

Afrobeats dance with Fumy Opeyemi @fumzgup - learn routines and the latest Afrobeats trends! All levels welcome. Sessions take place in the cage around the back of the centre.

**Dates:** Every Mon, Wed, Fri, 27 July - 14 Aug.  
1.30 - 2.30pm

**Cost:** Free

**Venue:** Tottenham Community Sports Centre

**Just Turn Up?** No

**Email:** Info@wemovedance.com

**Call/Text:** 07493612589



## Tottenham Hotspur Foundation

For enquiries about the Tottenham Hotspur Foundation's summer activities, please email **foundation@**

**tottenhamhotspur.com**



## Woman Only Booty Camp

**15 years +**

Women only boot camp fun by Selby Amateur Boxing.

**Date:** Mon & Wed 27 July - 26 Aug, 6 - 7 pm

**Venue:** Bull Lane

**Just Turn Up?** No

**Call:** 020 8885 5443

**Email:** [info@selbyboxingclub.co.uk](mailto:info@selbyboxingclub.co.uk)

**Suitable for Disabilities?** Contact Provide

## WeMove! Street Dance

**8 - 12 years**

Street Dance for all levels - learn routines and the latest dance trends with dance specialists in a mix of styles.

**Dates:** Mon - Fri, 27 July - 14 Aug, 3.30 - 4.30pm

**Cost:** Free

**Venue:** Hornsey School for Girls

**Just Turn Up?** No

**Email:** [Info@wemovedance.com](mailto:Info@wemovedance.com)

**Call/Text:** 07493612589

**Visit:** [www.wemovedance.com](http://www.wemovedance.com)

## Wheely Tots Parent & Toddler Sessions

**Under 5s**

Enjoy games and activities with your toddler, while learning more about getting started with balance bikes and building confidence.

**Dates:** Check website

**Cost:** £6 donation / limited free places available

**Venue:** Finsbury Park, Lordship Rec

**Just turn up?** No

**Email:** [info@wheelytots.com](mailto:info@wheelytots.com)

**Suitable for disability?** Contact provider

## Xplorer

A family challenge, an outdoor adventure sport that helps children to use both mind and body. Complete the route by walking, using a wheel chair, running or cycling. Sessions will operate on a first come first served basis.

Monday Lordship Rec 2 - 4 pm

Thursday Bruce Castle 2 - 4 pm

Wednesday Priory Park 2 - 4 pm

Thursday Finsbury Park 2 - 4 pm

Friday Down Lane Park 11am - 1pm

**Dates:** 27 Jul - 20 Aug

**Cost:** Free - welcome donations

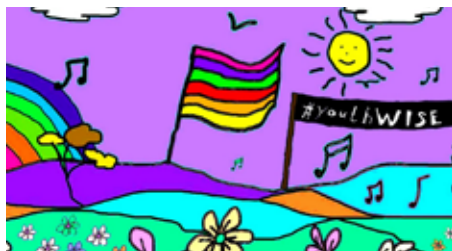
**Venue:** Various

**Just Turn Up?** Yes

**Contact:** [get.active@haringey.gov.uk](mailto:get.active@haringey.gov.uk)

**Suitable for Disabilities?** Yes

# Online activities



## #youthWISE Online Yoga

**11 - 19 years**

Fun Yoga sessions community for LGBTQI+ young people 11 to 19 years. Open to people of all abilities

**Dates:** 29 July - 26 Aug, 3 - 4pm

**Cost:** Free

**Book:** Email for details to register with WISE Thoughts

**Email:** [info@wisethoughts.org](mailto:info@wisethoughts.org)

**Suitable for Disabilities?** Yes

## Bruce Castle Family Tree Trail

Explore the great outdoors and discover more about Bruce Castle Park with our Family Tree Trail. See what things you can spot in the park, find out interesting facts and see if you can find the Ancient Oak, the oldest tree in the park. Download a copy of our Tree Trail from the Bruce Castle Museums webpage or at the link below and start exploring.

**Dates:** Ongoing

**Cost:** Free

**Visit:** [www.haringey.gov.uk/bruce-castle-museum/whats/activities](http://www.haringey.gov.uk/bruce-castle-museum/whats/activities)

## Bruce Castle Museum - Family Fun Online

Get crafty and have a go at some of our online family activities. Each week there will be a different theme to explore, including bugs and beasts, all things nature, and Brilliant Bruce Castle. There are lots of related crafts, quizzes, and word searches to discover, simply download and get creative. Access these online resources on the Bruce Castle Museum webpage or at the link below.

**Dates:** Ongoing

**Cost:** Free

**Visit:** <https://www.haringey.gov.uk/libraries-sport-and-leisure/culture/exploring-haringey/bruce-castle-museum/whats/connecting-castle-fun-family-activities>

## Connecting with the Castle – Online Gallery

Discover Bruce Castle Museum's Online Gallery, get creative with different mediums in your home and send in your artwork to go on display in the online gallery. Send your creations to [museum.services@haringey.gov.uk](mailto:museum.services@haringey.gov.uk) along with your first name and age. Please note we cannot post images of children so photographs of artwork only please.

**Dates:** Ongoing

**Cost:** Free

**Send to:** [museum.services@haringey.gov.uk](mailto:museum.services@haringey.gov.uk)

## HarPA - Build Your Own Adventure Playground at home Competition

**2 - 15 years**

Make an adventure playground at home! It can be indoors or outdoors. Cushions, furniture, boxes, pots and pans, old bits and bobs from around the house. Get creative! Send us videos of you making playground and playing in it. Multiple entries allowed. Top Prize £50 Amazon Vouchers. Runners up prizes £25 Amazon vouchers.

**Dates:** Deadline 31 Aug

**Cost:** Free

**Venue:** Online

**Just Turn Up?** No

**Call/Text:** 07706 951 176

**Visit:** [www.haringey-play.org.uk/](http://www.haringey-play.org.uk/)

**Suitable for Disabilities?** Yes

## HarPA - Toppa Tops!

**8 - 15 years**

New digital youth club. Complete challenges at home and send in your entries via video. Score points for originality, creativity and bravery. Top scorers each week win prizes worth £30! Challenges include football, cooking, creative, dance, music and more. Open to all young people in Haringey.

**Dates:** Ongoing

**Cost:** Free

**Just Turn Up?** No

**Call/text:** 07706 951 176

**Visit:** [www.haringey-play.org.uk](http://www.haringey-play.org.uk)

**Suitable for Disabilities?** Yes

## Inspiring Creative Confident Exciting new YOU by Fitness Martial Arts Self Defence

**10 - 18 years**

Learn how to become physically and mentally stronger. The POWERFUL SECRET of staying HEALTHY, ACTIVE, and POSITIVE - overcome tiredness and give up the "can't do it!". Prepare yourself for your BEST new you, for school, college, university, For an Active Exciting Lifestyle. Using tools of Instructor Mr Malik Ayman (Founder of Five Pillars Taekwondo)

**Dates:** 10 - 13 Aug

10.30 - 11.30am

**Cost:** Free

**Venue:** Online

**Just Turn Up?** No

**Call:** 07957 146 746

**Email:** [malikayman@fivepillarstkd.org.uk](mailto:malikayman@fivepillarstkd.org.uk)

## Online dance with Positive Role Models

**12+ years**

Weekly online classes with professional dancer Fumy Opeyemi (@fumzgop), based around Afrobeats but with a fusion and blend of a variety of styles. Access via Zoom.

**Dates:** 1, 8, 15, 21 Aug, 2.30 - 4pm

**Cost:** Free

**Just Turn Up?** No

**Book:** <https://www.positiverolemodels.org.uk>

## Selby Boxing & Fitness

### All

Our online classes are designed to be done anywhere with a small space. It can be a fun way to get the all the family training together. The classes will target every part of the body from head to toe. You will start to see a big difference between 1 to 2 weeks of doing the class. If anyone would like to join our online classes it's free all you will need to do is send an email or DM on Instagram @selbyabc1 for the link.

12 and 6pm

**Venue:** Online

**Just Turn Up?** No

**Call:** 020 8885 5443

**Visit:** [www.selbyboxingclub.co.uk](http://www.selbyboxingclub.co.uk)

**Suitable for Disabilities?** Contact provider

## The Workshop N4 Online Art Club

### 5 - 11 years

Wondering what to do creatively with the kids this summer? Look no further...Lisa has everything you need to keep the little ones busy for hours. Each week Lisa provides a video tutorial from her studio and daily mini art challenges via a closed Instagram group. Your children can do the challenges in their own time and you have access to all previous content so there is lots to choose from to suit all interests.

**Dates:** ongoing

**Cost:** £34 - £40 per month

**Just Turn Up?** N/A

**Visit:** [www.theworkshopn4.com/products/instagram-art-club](http://www.theworkshopn4.com/products/instagram-art-club)

**Suitable for Disabilities?** Yes

**Email:** [lisapriceart@me.com](mailto:lisapriceart@me.com)

## Your Bike Project

### 11 - 18 years

Be inspired by qualified cycle trainers and mechanics, and learn a range of skills: mending, fitting and riding bikes as well as journey planning. Take part in online challenges for prizes or to earn a bike.

**Dates:** Check website

**Cost:** Free

**Just turn up?** No

**Email:** [yourbikeprojectuk@gmail.com](mailto:yourbikeprojectuk@gmail.com)

**Book:** [www.yourbikeproject.com](http://www.yourbikeproject.com)

**Suitable for disability?** Contact provider

## WeMove! Inclusive Dance Online

### 13 - 21 years

Dance for all levels and learning styles - learn routines and express yourself with professional hip hop dancer Mahdi Ghali. Accessed via Zoom.

**Dates:** Tuesday 21st July - 25th August  
1.30 - 2.30 pm

**Cost:** Free

**Just Turn Up?** No

**Book:** [www.wemovedance.com](http://www.wemovedance.com)

**Email:** [info@wemovedance.com](mailto:info@wemovedance.com)

**Call/Text:** 07493612589

**Suitable for disabilities?** Yes

# Bruce Grove Youth Space Information

# Youth Space

## What is Bruce Grove Youth Space?

We like to think of the Bruce Grove Youth Space as a home from home. Young people of all backgrounds and walks of life attend, the Centre to get involved in a wide range of activities, which helps them stay connected to a positive community

## What can the Youth Space provide?

We provide several activities including sports, gaming, creative outlets, and most importantly, an environment where you will be supported by our staff and volunteers.

## How to book?

Summer Programme 20 July – 21 August, 1pm-9pm. Book your place for our summer programme by visiting **[www.youthspace.haringey.gov.uk](http://www.youthspace.haringey.gov.uk)** First come, first served, don't miss out!

## What's on?

### Monday

Cooking, Vocal Lessons, T-Shirt Making Pocket Money, Music, Badminton, Table Tennis, Football Tennis, Arts & Craft, Football Jewellery Making, Artist Development, Music, Archery & Fitness.

### Tuesday

Podcasting, Music, Photography, Film Making, Customising, Yoga, Gardening, Football, Tennis, Recycling Crafts & Pebble

Art, Love Me Natural, Football and Jewellery Making

### Wednesday

Group Coaching, Cooking, Fashion Design, Prosthetic Filming, Music, Boxing & Fitness, Sanjuro, Arts & Crafts, Recycling Crafts & Pebble, Art and Football

### Thursday

Podcasting, Cooking, Bike Maintenance, Robo Car Building, Photography, Hopeville, Badminton, Table Tennis, Movie Night, Jewellery Making, Yoga, Lawn Tennis and Arts & Crafts.

### Bruce Castle Park

Tuesday & Thursday 2pm - 6pm  
Football, Boxing, Jewellery Making and Yoga

### Commerce Road Ball Court

Monday & Wednesday 3pm – 7pm  
Football, boxing/fitness

## Covid-19

- Anyone who is feeling unwell, or experiencing COVID-19 symptoms, should stay home and self-isolate
- If you arrive – or become – unwell, you will be sent home
- All participants will be asked to sanitise their hands upon entry and at regular intervals throughout the day
- Please respect the on-site social distancing measures





# Stay In Work Out

We are all now spending a lot more time at home than we might like, which is why staying as physically active as possible is more important than ever. In the booklet you will find fun and interactive activities you can take part in over the summer. For tips, advice, and guidance on how to keep or get active in and around your home, join the Sport England movement and use #StayInWorkOut to share how you are getting active during this time.

**[www.sportengland.org/stayinworkout](http://www.sportengland.org/stayinworkout)**

Want to find other classes online? Check out these useful links below:



**Click the link or search for:**

**[Get Active](#)**

**[Yorkshire Sports Foundation](#)** – PE  
Activities at home

**[Get Active](#)** – Activity finder for live and  
recorded classes

**[UK Active Kids](#)** – Fun games to stay  
active at home

**[Youth Sports Trust](#)** – 60  
seconds challenges

**[TrueFit](#)** – Online Dance classes

**WE WANT  
TO HELP  
YOU!**



## **LOOKING FOR SOMETHING TO DO?**

Get Training. Get Experience. Get Paid.

- Gain qualifications to kickstart your career
- Find a job with our career service
- Support your mental health
- Join sports training sessions including boxing, football and basketball
- For more info call 07967 442 443



Apply Today

# Venues Directory

## **Alexandra Palace**

Alexandra Palace Way, N22 7AY

## **Bruce Castle Museum**

Lordship Lane, N17 8NU

## **Bruce Grove Youth Space**

10 Bruce Grove, N17 6RA

## **Brunswick Park**

Brunswick Rd, south  
Tottenham, N15 5SE

## **Bull Lane Playing Fields**

N18 1SX

## **Chestnuts Park**

St Ann's Rd, N15 5BN

## **Down Lane Recreation Ground**

Down Lane Park, N17 9AU

## **Downhills Park**

Downhills Park Rd, N17 6PE

## **Ducketts Common**

London, N15 3DX

## **Fairland Park**

27 Fairfax Rd, N8 0NH

## **Hartington Park**

1 Stirling Rd, N17 9UN

## **Highgate Cricket & Lawn Tennis Club**

Shepherd's Cot, N8 8JJ

## **Hornsey School for Girls**

Inderwick Rd Crouch End N8 9JF

## **London Boxing Academy**

New River Sports Centre,  
White Hart Lane, N22 5QW

## **Lordship Hub**

Higham Road Tottenham  
N17 6NU

## **Markfield Park**

Markfield Road, N15 4RB

## **New River Sports Centre**

White Hart Lane, Wood  
Green N22 5QW

## **Priory Park**

112 Middle Lane, N8 8LJ

## **Rangemoor rd Open Space MUGA**

Rangemoor rd, N15 4ND

## **Somerford Grove**

## **Adventure Playground**

Park Lane Close, N17 0HL

## **Stationers Park**

Mayfield Rd Crouch End N8 9LP

## **St Peter Le Poer Church**

Albion Ave Muswell Hill N10 1AQ

## **Tottenham Community Sport Centre**

701-703 High Rd Tottenham  
N17 8AD

## **Tewkesbury Road Open Space**

Netherton Road N15 6RD

## **Wood Green Central Library**

High Rd Wood Green N22 6XD

For more activities, check  
'What's On' at [haringey.gov.uk](http://haringey.gov.uk)

