

Prayer

As a Catholic community, we believe that prayer is the way in which we build a relationship with God, through whom all things are possible and so we dedicate time twice a day, every day to prayer.

Our prayer times during formation are timetabled with a different *type* for each day, these are; The Weekly Reflection, the Patron Prayer appropriate for the formation group and prayers related to the Assembly topic, PSHE topic and either UNICEF or In the News sessions each week.

Weekly Reflection

Each week, students work with our Lay Chaplain to produce our weekly reflections - these are short videos, watched by all students across the school that cover the following:

- The liturgical season
- Our virtue focus for the half term with examples of how we can live them out in our everyday lives.
- Upcoming feasts, solemnities, Holy days of Obligation and other celebrations
 - A relevant theme with reflection questions
- A closing prayer (relevant to the theme/feast/time of year)

During the seasons of Advent and Lent, students use custom made *journey* booklets alongside the weekly reflections to deepen their prayer at these special times. The booklets contain additional reflection activities, saint inspirations, music and artwork.



End of day prayer

In the final minutes of each day, our whole school community comes together in a simple, communal prayer. On Mondays we pray the Our Father together, on Tuesday we pray the Hail Mary, on Wednesday we pray the Glory Be and on Thursday we pray our school prayer or *Wiseman Prayer* together. On Fridays, thanks to the diversity of our transformation curriculum, staff/students offer up their choice of prayer relating to their activity.

MONDAY - OUR FATHER

Our Father, who art in heaven, hallowed be thy name.
Thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us and lead us not into temptation but deliver us from evil.
Amen.



TUESDAY - HAIL MARY

Hail Mary, full of grace, the Lord is with thee.
Blessed art thou amongst women, and blessed is the fruit of thy womb Jesus.
Holy Mary, mother of God, pray for us sinners now, and at the hour of our death.
Amen



WEDNESDAY- GLORY BE

Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now and ever shall be, world without end.
Amen



THURSDAY - SCHOOL PRAYER

Heavenly Father,
We thank You for the gift of this day, and for all that we have achieved and received during it.
Help us to continue to make our school a nurturing environment, rooted in compassion so that we may all have the opportunity to shine.
Enable us to be inspired by the achievements of Cardinal Wiseman who was unfailingly faith filled and courageous as he stood up for his education and Catholic faith.
Amen



Liturgy

Throughout the year, we celebrate a number of liturgies together as a school community both virtually and in person. They are events in the Church's calendar as well as events in our world that should be celebrated or commemorated. Below are just a few examples:

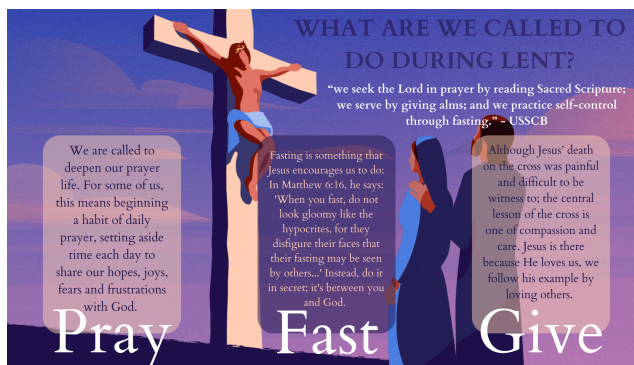
Reconciliation Week

During *Advent*, we have a particular focus on preparation for the Christmas season and most importantly, the birth of Jesus Christ. We know that this period is one of busyness and so during our Reconciliation Weeks, every class is given the opportunity to slow down, to take time to reflect with prayer stations and moments of silence, as well as to have the opportunity to meet with a priest for the sacrament of Reconciliation.



Lent

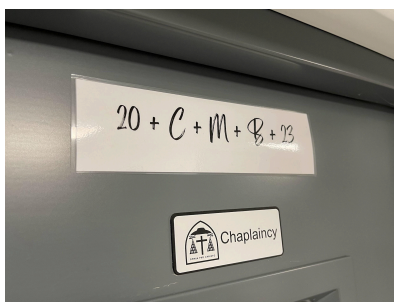
Lent is another important season in the Church where we focus on getting ready to move through Holy Week, remembering Jesus' passion, death and resurrection on Easter Sunday. During Lent, as well as Advent, students use a *journey* booklet which contains a school wide liturgy and pledge activity to help focus our efforts on three key themes: Fasting, Prayer & Almsgiving.



Y6 Transition day



Feast of the Epiphany



Death of Pope Benedict XVI

