

## **Intent – what do we want to achieve in Relationships and Sexual Education?**

- Throughout all of our RSE programme our core belief that every child is created in the image of God and loved by God - and this should be reflected in all of their relationships with others.
- All RSE should and should be delivered to suit the age of the children or young people to whom it is addressed.
- Any teaching about love and sexual relationships in a Catholic school must be rooted in the Catholic Church's teaching about what it is to be truly human in Christ, what it means to live well in relationship with others and be presented within a positive framework.
- The intention of RSE is to give young people the information they need to help them develop healthy, nurturing relationships of all kinds, not just intimate relationships. It should enable them to know what a healthy relationship looks like and what makes a good friend, a good colleague and a successful marriage or other type of committed relationship.
- It should also cover contraception, developing intimate relationships and resisting pressure to have sex (and not applying pressure).
- It should teach what is acceptable and unacceptable behaviour in relationships. This will help pupils understand the positive effects that good relationships have on their mental wellbeing, identify when relationships are not right and understand how such situations can be managed. This should be dynamic and should be reviewed frequently to ensure that it is fit for purpose in the age of social media.
- It should teach young people to understand human sexuality and to respect themselves and others.
- It should promote high quality, evidence-based and age appropriate teaching of RSE and to use this to promote SMSC, mental and physical development of pupils. The RSE curriculum across the key stages is relevant and reflective of the context of our students and encapsulates fundamental Gospel Values, often articulated through our Wiseman virtues. . Our lessons regularly address themes of acceptance, respect and diversity.

## **Implementation – What does this look like in practice?**

- Statutory RSE is mapped across years 7-11, ensuring that all topics are covered.
- RSE is mapped across predominantly across PSHE, but also features as part of the RE, science and computing curriculum.
- RSE needs to be taught in partnership with parents. Our policy is shared with our parents annually, alongside what pupils will be taught and when. Parents were consulted on our policy. Annually, parents are informed of their statutory right to request to withdraw their child from some or all of RSE.
- Training provided by 10/10 has been completed by the RSE lead, and everybody who creates RSE resources.

- Our RSE policy is shared with all stakeholders.

### **Impact – What is the impact of our curriculum on the students?**

- **Pupils will live out our belief** that each human person has is unique and should be treated with respect and dignity. This will be reflected in all of their relationships.
- Pupil progress is tracked by looking at student knowledge and understanding prior to a session and at the end of the session. Much understanding is gauged used verbal responses.
- Pupils should be able to put their knowledge into practice by having the capacity to make sound decisions when facing risk, challenges and complex contexts.
- Pupils will be able to share how the benefits of healthy relationships can positively affect their mental-wellbeing and self-respect.
- Pupils will be able to recognise risks, harmful content and contact in relation to internet safety and how or whom to report this to. This will include knowledge of how data is generated, collected and shared online.
- Cardinal Wiseman will provide resources which enable pupils to make good decision about their own health and wellbeing, this will enable them to make informed choice, know about the impact of puberty, importance of self-care and exercise and that as social being outward-facing activities can contribute to a happy and successful adult life.