

Arnold makes a splash!



SCHOOL REPORT



Swimming – what’s all the fuss about?

What?

Swimming is when a person is immersed in water and they use their arms and legs to move.

Where?

We can swim in a swimming pool like the leisure centre, on holidays to the beach, indoor swimming outdoor swimming .

Who?

Anyone can swim: adults, children, teenagers ... any sort of people can swim!

Why?

Swimming is so important because you can get fitter and have fantastic fun! Swimming is also important to raise money for charity.

When?

You can swimming at any time to swimming in the morning, in the afternoon, in the evening.



Famous swimmers

David Walliams

Swam the English Channel it took him 10 hours and 34 minutes to swim 22 miles he raised over 1 million in donation he trained for nine months to prepare to swim. He trained several times before performing in stage in the evening.



Michel Phelps

Michael Phelps is an American retire competitive swimmer and the most successful and most decorated Olympians with a total of 28 medals. Phelps also holds the all-time record for Olympic gold medal. Phelps won four gold and two silver medals.



Arnold’s swimming experience

I like to swim because you can have an opportunity to enjoy yourself and have lots of fun. I feel free in the water. I feel like a merman!



Our school pool is so exiting to go in the pool.

My school pool is so big and wide; the water is so warm and comfortable! Our swimming pool consists of a shallow end and a deep end. In our swimming lesson, we have the opportunity to learn lifeguarding and diving and we also learned how to keep safe in the water.

