



September  
2021

# KENT YOUTH VOICE

## GET INVOLVED

### Building Emotional Resilience campaign group

As a group we have designed a board game to boost young people's resilience. We met a number of times and came up with the different themes and designs. The next step is to send to any secondary schools that would like a copy. We will also be supporting the HeadStart team at the Big Conversation taking place in March 2022. We have already discussed what we would like to see happen on the day and two of our group will be presenters on the day. By working closely with HeadStart Kent we will make sure the Big Conversation is a huge success.



### Curriculum for Life campaign group



We have been working on increasing the number of responses to our survey – we want to hear the views and experiences of Teachers & head Teachers about PHSE education. If you deliver PHSE classes or have responsibility for PHSE please complete the survey at <https://forms.office.com/r/Xb5qb8CDr8> We are also working on an exciting project to deliver a series of virtual workshops for young people on a range of political engagement topics, from Debating political issues, to understanding Political Jargon and Explaining Left Vs Right! More information to come soon!

### Environmental Awareness campaign group

The Environment group would like to congratulate Ella on being re-elected chair and Molly as being elected vice-chair. The group have focused on an unplug it campaign, including promoting the WWF Earth Hour on the 27th of March at 8:30pm. This first campaign also focused on switching off all lights and other electrical appliances to reduce our carbon footprint. For the second half of the year, we would like to focus on a social media campaign promoting ways to live more sustainably. Topics we would like to focus on are, going sustainable on a budget, sustainable fashion, gift giving.



### Mental Health campaign group



Michael and Sam continue to provide an enthusiastic and driven lead for the Mental Health Campaign. Following the success of last year's Hello Yellow Takeover day, marking World Mental Health Day, the group will be hosting a live Q&A with health commissioners and frontline mental health professionals. The aim will be to raise young people's awareness of services and know how to refer into them and what to expect.

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# Other Youth Voice news...

## Summer activities 2021

What a summer of activities we have had! In conjunction with the KCC Reconnect programme the youth participation team led 23 activity days, including days learning to cycle, drama workshops at the Marlowe Theatre, Water sports at Bewl Water, Canoeing in Canterbury, art workshops at the Turner gallery in Margate, Book club sessions, bake off challenge, Adventure day at Carroty Wood, graffiti workshop, debate session and wellbeing walks.



Just under 150 young people attended the summer events and 54 of these had not completed any events with Kent Youth Voice before so it was great to meet them. All staff & young people reported that they really enjoyed getting involved in activities, learning new

skills, meeting new people and having the opportunity to socialise particularly after the recent covid restrictions.



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## Try Angle awards 2021

Nominations are now open for this year's Try Angle awards. Anyone can nominate a young person (aged 11-18 or up to 25 with special educational needs) from Kent for an award who they feel deserves recognition for their outstanding efforts and achievement and who have tried their best in school, college, work, business or community. There are 8 categories: arts, community action, courage, good friends & young carers, music, personal development, positive intervention and sport. Last year we received over 400 nominations and all nominees will get a certificate and there are trophies for district and countywide winners in each category. We look forward to hearing about Kent's amazing young people. Nominate at [www.kent.gov.uk/tryangle](http://www.kent.gov.uk/tryangle) deadline is 5th November.



## KYCC Elections

This November sees the return of the KYCC elections open to any young people living or being educated in Kent aged 11-18 years no previous experience is required just a willingness to be the voice of young people in Kent & get involved to make a difference to the lives of young people in Kent. The 3 main campaigns this year have been curriculum for life, environmental awareness and mental health. The key issues raised during elections this year will determine next year's campaigns. To read more about what KYCC do, to sign up for election or to register a school or youth organisation for the elections visit [www.kent.gov.uk/kycc](http://www.kent.gov.uk/kycc) deadline to register is 19th October.



For more information on Kent Youth Voice or Kent Youth County Council contact:

**Web:** [www.kent.gov.uk/youthvoice](http://www.kent.gov.uk/youthvoice)

**Email:** [kycc@kent.gov.uk](mailto:kycc@kent.gov.uk)

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