

FABULOUS FOOD AT SCHOOL



Independent Catering is the **FRESH FOOD** caterer at your school offering varied menus using fresh U.K. meats, fresh salads and vegetables every day from our local suppliers.

A cashless payment system is operated reducing the problems of cash in the school and encouraging healthy eating.





Payment is made online using a debit or credit card. This credit balance is debited each time a pupil purchases food items from the cafeteria at breakfast, mid morning break and lunch. A maximum

daily spend limit of £6.00 is set (please email us at info@independentcatering.co.uk, should you wish to have a different daily limit) however an average daily spend is estimated at **£3.00** per day. A main meal and dessert is **£2.50**.

Breakfast: Yoghurts, cereals, hot breakfast rolls, fresh fruit, toast, hot & cold drinks.

Morning Break: Freshly made sandwiches & rolls, hot filled breakfast muffins and toasties, hot filled panini breads, fresh fruit, hot & cold drinks.

SAMPLE LUNCH MENU

				
MONDAY	Mexican Chilli Con Carne and Rice made with Organic Mince served with Mixed Salad and House Slaw	Spinach and Ricotta Cannelloni in a Tomato Sauce served with Mixed Salad and Garlic Slice	Korean	Sticky Toffee Pudding and Toffee Sauce
RUBY TUESDAY	Chicken Tikka Masala and Pilau Rice served with Sag Aloo and Naan Bread	Coconut and Squash Curry and Rice served with Sag Aloo and Naan Bread	Chinese	Fluffy Mango Fool with a Gingerbread Crumb
WEDNESDAY	Roast British Gammon served with Roast Potatoes, Cauliflower Gratin and Fresh Cabbage	Veggie Sausage Toad served with Roast Potatoes, Cauliflower Gratin and Fresh Cabbage	Indian	Traditional Fruit Cobbler and Custard
THURSDAY	Creamy British Chicken and Ham Pie served with New Potatoes, Fresh Broccoli and Carrots	Vegetable Burritos served with Spice Tomato Rice and Salad	Mexican	Chocolate Sponge and Chocolate Sauce
FRIDAY	Chef's Very Own Salmon Fish Cakes or Battered Fish served with Chips, Peas or Salad	Tomato Mozzarella Calzone served with French Fries and Fresh Salad	Japanese	Creamed Rice Pudding with Cherry Compote

AVAILABLE DAILY

Fresh Chef's Salad
Whole Grain Bread
Self Help Salad Bar

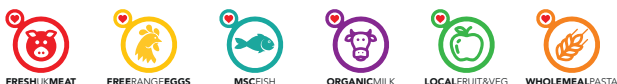
THE DELI

Fresh Cut Sandwiches
Rolls - Wraps - Pittas - Baguettes
See the black boards for soups, theme days and the Chef's Special

CHICKEN RUN

BBQ - Goujons - Jerk
Garlic & Herb - Tikka
PeriPeri - Cajun - Fajita - Chilli

WE ONLY USE





PAY ON LINE

Independent Catering provide an online school meal payment system via **sQuid**. This will enable you to see balances, purchases and credits. On or before your son's/daughter's taster day, a letter detailing your sQuid registration numbers will be issued to you/them.

Should you not receive your letter before the start of term in September, please email us at info@independentcatering.co.uk stating the **SCHOOL**, your **CHILD'S NAME** and **FORM**.

DO NOT START THE SQUID REGISTRATION PROCESS UNTIL YOU RECEIVE YOUR UNIQUE REGISTRATION NUMBER AND 3 DIGIT SECURITY CODE

Squid is a new way for you to top up your child's school cashless catering account online. Account application is FREE and there is no charge for payments made by debit card.

Once you have received your sQuid registration numbers, please register your details with sQuid and create an account by following the instructions below. If you already have a child with a sQuid account in any of our schools, you will still have to register your additional child/children but you can use the same password and security question/answer - just use a different username (your child's name preferably).

How to create your own online sQuid account

1. Go to www.independentcatering.co.uk
2. Click on 'Pay Online' (link at top of home page).
3. Click on your schools' name. This will take you to the sQuid home page
4. Scroll down the page to the 'Create a sQuid account online' section, then click to register.
5. Supply the requested details and create your own username (preferably your son/daughters name), password and security question/answer. This is a case sensitive system, so please remember how you enter these details.
6. Add your sQuid registration number and 3 digit security code.
7. For future access to your registered account follow steps 1-3, selecting 'Click here to login' option on the squid page.

Once you have created a sQuid account and added your sQuid registration number you will also be able to manage your sQuid account online at anytime to:

- Check your account balance
- Top up your account from your bank account, credit or debit card
- View transactions
- Update your details
- Receive a low balance reminder

Please refer to the **sQuid web site** for full Terms and Conditions

CASH LESS PAYMENT CARDS ARE ISSUED ON THE FIRST DAY OF TERM

ARE YOU ENTITLED TO FREE SCHOOL MEALS?

VISIT [HTTPS://WWW.GOV.UK/APPLY-FREE-SCHOOL-MEALS](https://www.gov.uk/apply-free-school-meals) TO APPLY

WE ONLY USE



FRESHMEAT



FREE RANGE EGGS



MSC FISH



ORGANIC MILK



LOCAL FRUIT & VEG



WHOLEMEAL PASTA