

STAY SEA SAFE

Follow Government advice:
Follow Governments social distancing advice at all times.



BEACH BOUND



Check the water quality
Download and check the Safer Seas Service App for water pollution alerts.



Be prepared
Check the weather forecast and remember your refillable water bottle, ocean friendly sun cream and some warm clothes.



Tell someone
Let someone know where you're going and when you'll be back.



Stay local
Walk or drive to your nearest beach where possible, not your favourite beach.

THE SOCIALLY RESPONSIBLE BEACH GUIDE

AT THE BEACH



Be aware
Obey all signage and if available, be sure to follow lifeguard's advice at all times. Remember, the tides and wind can rapidly change.



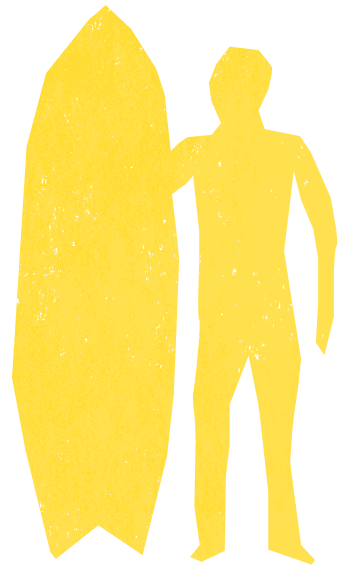
Keep your distance
Observe social distancing and keep your distance from others, including when you're in the water. If it's too busy, come back later.



Know your limits
We aren't all pro's, so swim, surf and enjoy the water within your abilities and let's help protect our emergency services.



Enjoy it
The water is great for mind and body so enjoy it, be thankful for it and help look after it.



HEADING HOME

Do a mini beach clean
Take everything you came with home and if you see rubbish please pick it up. Every piece of plastic pollution removed from the beach is a victory for the ocean.



Home time
Avoid gathering in groups and head home as soon as you're done. Don't forget to wash your hands and gear, as soon as possible.

