

Assignment Plan — Health and Wellbeing

Evaluate how the following scenario has affected Louise's physical, intellectual, emotional and social development.

Louise is a 33 year old PE teacher. Last night she broke her leg playing rugby. The hospital has given her a cast and boot for 6 weeks. She should be able to put some weight on it in the next couple of weeks, but until then she will have to use crutches to move around.



Plan

What life event?

For this scenario you may want to write a plan with notes on how it has affected Louise's physical, intellectual, emotional and social wellbeing.

Physical

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Emotional

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Evaluate how the following scenario has affected Ricky's physical, intellectual, emotional and social development.

Ricky has always felt very anxious when it comes to tests and exams. When he was younger he used to beg his mum to let him stay off school when there was a test. He is now 18 and knows the importance of taking exams to ensure he can have a successful life, but he puts a lot of pressure on himself to do well. He is feeling really anxious about his A levels in May and is already struggling with his mental health.



Plan

What life event?

For this scenario you may want to write a plan with notes on how it has affected Ricky's physical, intellectual, emotional and social wellbeing.

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Evaluate how the following scenario has affected Ashley's physical, intellectual, emotional and social development.

Ashley is a 13 year old girl who was recently diagnosed with asthma after being seriously ill in hospital with pneumonia. She struggles to breathe when she runs up and down the stairs and also when the weather is cold.



Plan

What life event?

For this scenario you may want to write a plan with notes on how it has affected Ashley's physical, intellectual, emotional and social wellbeing.

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