

Task 3 - Officiating in Sport

NAME: DANIEL VALLELY

MB4 - 12 achieved.

Introduction of the sport

- ▶ The sport I have chosen for the children of Hogsmore Academy is football.
- ▶ I have chosen football because, it allows every age and gender to play the same sport. This means that anyone at Hogsmore can join and play the game. Football is the most popular sport in the world and is enjoyed by everyone, from poor to rich, and from old to young. Also, football can be competitive and could excite the students to thrive and win.
- ▶ Football is great for Hogsmore as the Head of PE is looking for a competitive sport, and football is just that. Also, football is very popular meaning there could be some tournaments against other schools and the students may want to win for the school.

✓ Excellent introduction.

How to win in the sport

- ▶ In football, you will win by scoring more goals than your opponent. A goal is when the round ball is hit into the back of the goal with any part of the body other than a player's hand, which is a handball and a foul. However, a team could also win in some competitions by away goals or penalties. Teams could also draw if they score the same number of goals, and in some competitions if the game is a draw after full time the teams will take in turns to score as many penalties as possible, they can out of 5 and if they score the same after 5 it is first to miss when the other scores.
- ▶ The purpose of football is to have fun and play with your friends. However, football can help build some skills such as teamwork and communication. These skills are important as you need to communicate your movements with the team and trust your team mates to move and work for you.

✓ MBL4 - mention a well developed rules.

Official roles

- ▶ Also in football, a referee is needed to oversee the game and check for fouls on-field. The referee is the main part of the official team as they are on the field with the players. In addition, they are the only officials that can use the yellow and red cards. A game cannot function without a referee to make sure the game is fair and safe. Referees also have the job of keeping the scores for both teams. They also check the equipment before the game kicks off like if the ball is pumped up and if the nets have holes.
- ▶ Assistant referees are also used in football to assist the on-field referee. Line referees are used to check for offsides and who the ball has hit before leaving the pitch for throw-ins, corners and goal kicks. Also, line referees can see fouls closer to the line than the on-field referee.
- ▶ Additionally, some football games will have a 4th official. The 4th official's job is to keep the time and decide how long needs added. Also, 4th officials keep managers under control while also making the game's rules on substitutes is being followed.
- ▶ In some professional football games, VAR is used to assist the on-field referee. They do this by checking over the referee's decision and seeing if they have made the right choice. The VAR can also call the referee to the monitor to show a replay of the potential foul that has taken place. The advantage of VAR is that it gives more accurate decisions and can give different angles for the referee to see a clear image of the event. Also, they can reach quicker decisions to allow for a fast-paced game.

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Official responsibilities

- ▶ Referees need to look smart and professional to try and maintain a sense of respect from the players. Also, to show the organisation in which they are from, as some referees may come from different FAs.
- ▶ In football, the referee will need a smart watch. They will need a smart watch for time and for goal technology, as they will get a notification on the watch if the ball crosses the line. The referee will also need a whistle to stop play if a foul has been committed or just to get the attention of the players and if needed the coaching staff. A referee may also need a notebook to write down the time and scorer of any goals, and if any cards have been given out and to who. Leading on from that, a referee will also need cards to penalise any players that have committed a foul. If a referee did not have part of their equipment, it could mean that play would carry on round a seriously injured player.
- ▶ A referee in football will need to be able to keep up with the pace of the game, and this means running quickly from one side of the pitch to the other if a counter has been started. The referee will also need to be able to run for 90 minutes to keep up for the whole game. The referee can ensure he is fit by doing tests and conditioning training aimed at stamina, which will overall help them keep up with the fast-paced play throughout the whole 90 minutes.
- ▶ Also, referees will need good communication between their other officials so they can get decisions right and support each other. If a referee did not communicate well, this could lead to wrong decisions being made and the game to be turned unfair. One example of when communication is needed, is when VAR needs to be used. Communication here is vital as the referees need to come together and figure out what the best decision is quickly and efficiently. This makes sure the decision is correct and found quickly so the game can carry on as fast as possible.
- ▶ Referees will need to control players, as they may need to stop the game due to a foul or the ball have gone out of the pitch. If the referee couldn't control the players, it could lead to dangerous tackles and other serious fouls being committed the game is not fair or safe. For example, if the referee did not have a whistle, play may carry on. If the referee deems the foul serious enough, they could give the player a yellow card as a punishment and if a player gets 2 yellow cards, it is a red card, and they are sent off and suspended for a game. However, if the foul is outrageous and bad, the player may be sent off with a straight red. This means the player is suspended for a period (normally over 1 game).
- ▶ Referees also need to maintain health and safety while on the football pitch. Referees are equipped with a whistle so they can stop play if any serious injuries take place so the game can stop, and the injury can be prioritised. If an injury is not prioritised it could lead to further injuries as the player may interfere with play or take a long time to get the help they need. The referee's whistle indicates to players to stop, and in occasions will alert the physios to come on to work on an injury.

MB4 - 12.

Rules

- ▶ In football, there is a rule that the offensive player must be behind the ball or defensive player when the ball has been passed. However, this doesn't apply if the offensive player is in his own half. If a player is caught offside, the defensive team are awarded a free kick and if a goal has been awarded it will be disallowed.
- ▶ Also, in football there are a lot of rules around fouls. Most notably, a player is not allowed to slide into another with their studs up and it also cannot be above the knee. In addition, the player must keep full control over the slide, and it cannot be reckless. A foul can be categorised in to 4 categories: Fine (no foul), Foul (the player has been warned about their tackle and a free-kick or penalty could be given), yellow card (a player has been punished over their tackle and a free-kick or penalty should be given), and finally red card (a player has been punished with a red card and will be suspended for a future game or games a free-kick or penalty must be given).
- ▶ In addition, a handball is also a foul in football. This is when the ball strikes a player on the arm, and their arm is not in an ordinary position. However, the goalkeepers are obviously excused from this rule, but not when they are outside their box and not when the ball is passed back to them by their own team.
- ▶ Another foul in football is time-wasting, this when a player delays play when the ball is out of play to try and run out the clock. For this foul, a player can be given a yellow card. To try and reduce time-wasting a rule was introduced, so that the goalkeeper must release the ball if the ball has been in their hands for longer than 6 seconds.

MP4 - 12 - Clear and well developed account of the rules.

Regulations

- ▶ For a football game to go ahead, there should be 2 teams with 11 players each. However, a football match can go ahead with only 7 players on one team or both. After 7 players have been sent off (or if other reasons have occurred during the game), the game must be stopped and the team with 7 players or more wins the game by forfeit. However, if a team is unable to pitch 11 players, they can reschedule the game or forfeit meaning the other team automatically wins by 3 points.
- ▶ Every football game must play 90 minutes, 2 45 minute-halves. However, added time can be added to these 45 minute-halves if the referee deems it appropriate. Also, in some competitions if a game ends in a draw, the game can go to extra-time meaning an extra 30 minutes added on to the game in 2 15 minute-halves. If the game is still a draw, the game will go to penalties, (sometimes extra time is skipped and a tied game goes straight to penalties). During penalties, each team takes 5 shots and if the teams have scored and missed the same amount the game goes to sudden death. This is where the 2 teams take penalties until one scores and one misses.
- ▶ In football, 2 goals are used, one for each team and each team has a goalkeeper to protect the goal. A single ball is used, and several are placed around the pitch in some games so the game can be played quickly. Also, corner flags are used so the referee can see if the ball goes behind the goal, especially if they are far away from the area which the ball goes out.
- ▶ The referee needs to stop play for every foul committed and will blow his whistle to notify everyone that the game should stop immediately. However, the referee can give an advantage of about 5 seconds if they keep the ball during/after the foul. The referee will also blow his whistle to restart and start the game.

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