

## Emotional Factors

Emotional factors can affect people in **different ways**. Emotional factors can often occur as a result of a specific **life event** or **experience** — e.g. grief when a parent dies.

**Task** Fill in the table below on emotional factors.

Emotional Factor	Definition	Example
Fear		
Anxiety/ worry		<i>E.g. Exam stress</i>
Upset/ sadness		
Grief/ bereavement		
Happiness/ contentment		
Security		
Attachment		



**If I had no emotions I don't know how I'd feel about it...**

Select one or more emotional factors from above. Discuss how these emotional factors could affect growth and development both positively and negatively during early childhood.

# Social Factors

The way people develop can depend on and be affected by the **types of relationships** they experience. This could include relationships with family, friends, peers, work colleagues and more. **Supportive** or **unsupportive** relationships may affect a person differently. Other social factors are **social inclusion** within a community or group or **social exclusion** from a group. Bullying or discrimination are also examples of social factors that would affect growth and development **negatively**.



**Task 1** Answer the questions below.

Who did you have social relationships with in early childhood?

.....  
 .....

Were these supportive or unsupportive?

.....  
 .....

How could this have affected your development (positively or negatively)?

.....  
 .....

**Task 2** Read the case study below and answer the questions.

*Faizan grew up with his mum. His dad visited occasionally but he had been in prison for domestic violence. Faizan's dad sometimes gave him money but didn't really hug him or take time to talk with him. Faizan believed his dad didn't really know much about him.*

Did Faizan and his dad have a supportive or unsupportive relationship?.....

How might this have affected Faizan's development? (Remember your PIES.)

.....  
 .....

# Cultural Factors



A person's growth and development can be influenced by their **culture** — i.e. their **beliefs** and **values** and those of the people around them.

**Cultural factors** affecting an individual include: **religion, gender roles and expectations, gender identity, sexual orientation, community participation and race.**

Gender identity is a person's own sense of their gender.

**Task 1** Fill in the table below.

Positive effects of being part of a culture	Negative effects of being part of a culture
<ul style="list-style-type: none"> <li>• A feeling of ..... from sharing the same beliefs as other people.</li> <li>• Feeling ..... and valued by others, promoting a positive .....</li> </ul>	<ul style="list-style-type: none"> <li>• The potential to be ..... against for being part of a culture that others are not part of.</li> <li>• When aspects of the culture are not widely known or catered for this can lead to feelings of exclusion — e.g. ....</li> </ul>

**Task 2** Write down how being **part of a culture** could positively (+) or negatively (-) affect the PIES development.

<b>Physical</b> +  -	<b>Intellectual</b> +  -
<b>Emotional</b> +  -	<b>Social</b> +  -

**Task 3** How might the following affect **growth and development**?

Gender	Race	Educational experience