

Growth and Development

- **Growth** is an increase in a measurable quantity such as height, weight or other dimensions
- **Development** is about the complex changes in skills and capabilities that an individual experiences as they grow

There are four types of development (Physical, intellectual, emotional and social).

Task Fill in the gaps below about the four different types of development

P _____

How the body g_____ and the ability to use body parts to perform particular skills. Can include both f_____ and g_____ motor skills.

Examples

Walking, _____, _____,

I _____

How a person used their m_____ to l_____ and organise their t_____ and i_____ to make sense of the world they live in.

Examples

Being able to remember routines, _____,

E _____

A person's feelings towards other p_____, t_____ or a s_____.

Examples

Feeling worried about an exam, _____,

S _____

How a person i_____ with other people, their relationships and how they build skills to r_____ to other people.

Examples

Making friends, _____, _____,
