



Parental Safeguarding Session

Monday December 2nd 2024





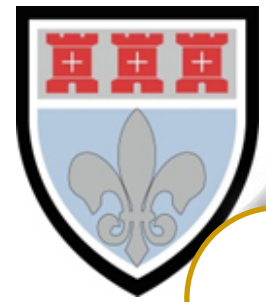
Parental Safeguarding Session

Explore some key safeguarding updates around:

- What vaping is.
- The dangers of vaping.
- The legality of vaping.
- Support offered around vaping.



Mr Turnbull
Assistant Headteacher



Vanilla Dream

Vimto

**Gummy
Bear**

Blue Slush Ice

What are these relating to?

**Polar
Blueberry
Ice**

**Donut King
Strawberries
and Cream**

Sour Apple



What is a vape?

A vape is an electronic cigarette which produces an aerosol that can then be inhaled.

The liquid in a vape usually contains nicotine, propylene glycol, flavourings and other chemicals.

In the UK it is illegal to sell vapes to anyone under 18 and adults can't buy them for under 18s. There are also product restrictions that legal vapes must meet with certain ingredients banned and restrictions on the size and the nicotine content.



True or false?

Are the following statements, true or false?

1. Over 20% of 11-15 year olds in the UK have tried vaping.

True: According to surveys, around 21% of UK 11-15-year-olds have tried vaping.

2. Vaping is completely harmless to young people.

False: While vaping is considered less harmful than smoking, it can still cause breathing problems and impact brain development in young people.

3. In the UK, it is illegal to sell vapes to anyone under 18.

True: Vaping products cannot be legally sold to those under 18 in the UK.

4. Many vapes contain the same amount of nicotine as a pack of 20 cigarettes.

True: Some high-strength vapes contain as much nicotine as a pack of cigarettes, particularly in products that use nicotine salts.

5. The number of students using vapes in the UK has tripled in the last five years.

True: The proportion of 11-17-year-olds who vape has increased significantly, tripling over the past five years.

6. Vaping is only a temporary trend, and usage among students is expected to decline soon.

False: Current trends suggest that vaping among young people continues to rise.



If vapes cannot be sold to under 18s, how are young people purchasing them?



3/10/24
Officers have secured a closure order on a Tyneside shop after it was found to be selling illegal vapes and cigarettes to children.



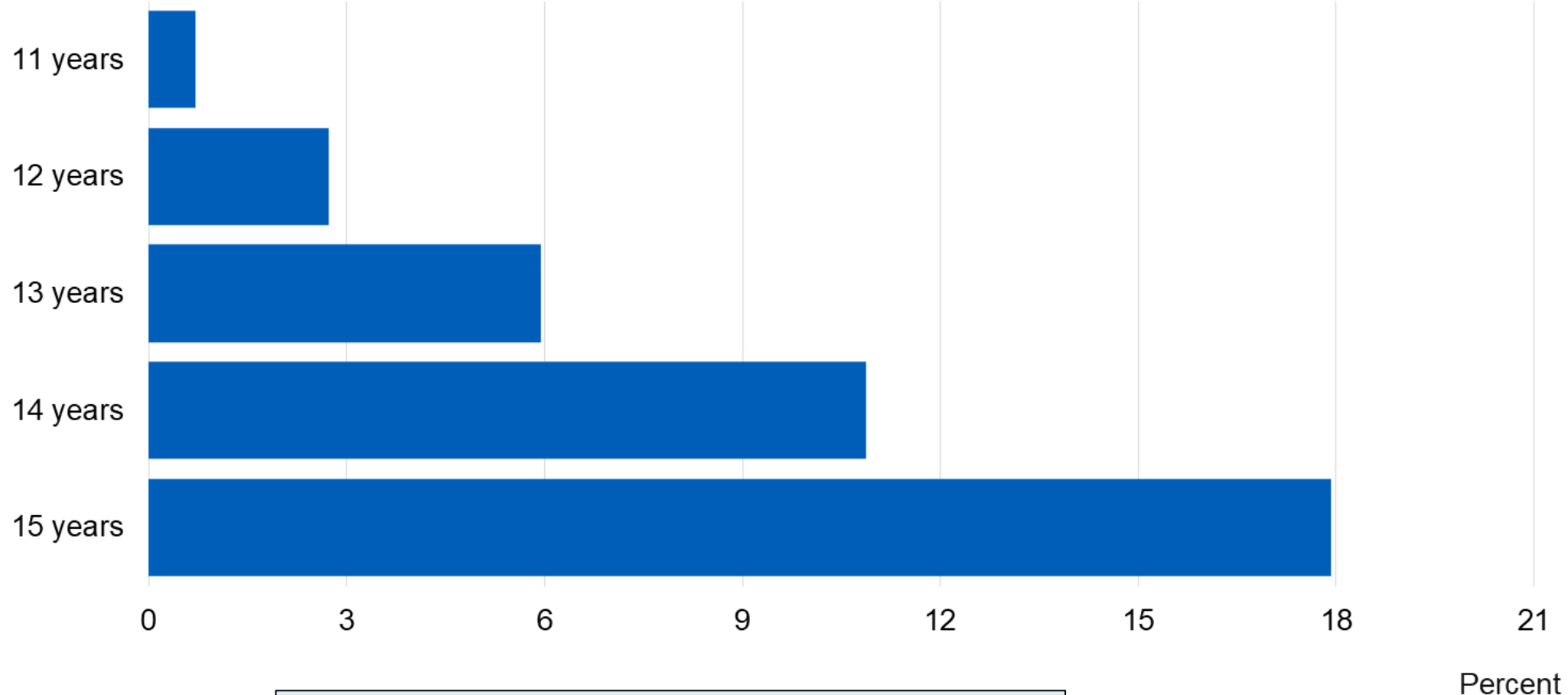
30/7/24
Five shops in Newcastle are caught selling vapes to children and £50,877 of counterfeit items seized.



26/6/23
Three shops in Byker face closure after Police Officers found vapes being sold to children, some aged 10.



Young people and vaping



Current e-cigarette use, by age – NHS Data, 2021



Young people and vaping

Reasons for vaping 2018-2023

"Which, if any, of the following reasons best describe why you use an alternative method to consume nicotine other than store bought cigarettes? Please select all that apply." (UK adults who regularly use e-cigarettes or vaporizers)



*% change is calculated beyond one decimal and therefore may not reflect the percentages shown in the 2018-2023 column.



Signs of vaping



New smells – fruity or sweet scents



Asking for more money than usual



New health issues – coughing or wheezing



Discarded vaping pods or devices





Dangers of Vaping

Harmful chemicals (nicotine, formaldehyde, etc.) can damage developing brains.

Increased risk of addiction and long-term lung damage.

Emerging research links vaping to mental health challenges.





Dangers of Vaping

Addiction disrupts focus and concentration.

Peer pressure and social normalisation of vaping.

Legal consequences if caught with vapes containing nicotine or other drugs.





Legality of Vaping

Illegal to sell vaping products to anyone under 18.

Possession is not outright illegal, but schools, public transport and public spaces enforce bans.

Flavoured products attract younger users despite regulations.





Legality of Vaping

Why is it still happening?

Online Sales: Loopholes make it easy for children to buy vapes online without age verification.

Flavoured Products: Sweet and fruity flavours attract young users despite being intended for adults.

Lack of Awareness: Parents and retailers may not fully understand the legal implications



68% of UK adults support stricter enforcement of underage vaping laws.

A 2023 study found that 52% of underage vapers obtained products from friends or family.



Legality of Vaping

Teen Usage:

11% of regular vapers in the 11-17 age group vape daily.

Access Points:

52% obtain vapes from friends or family.

22% buy vapes from unregulated online sellers.

Health Risks:

In a 2022 survey, 70% of parents were unaware of the high nicotine content in many disposable vapes.





Legality of Vaping

Teen Spending on Vapes:

Average weekly spending on vapes by teens:
£5-£10.

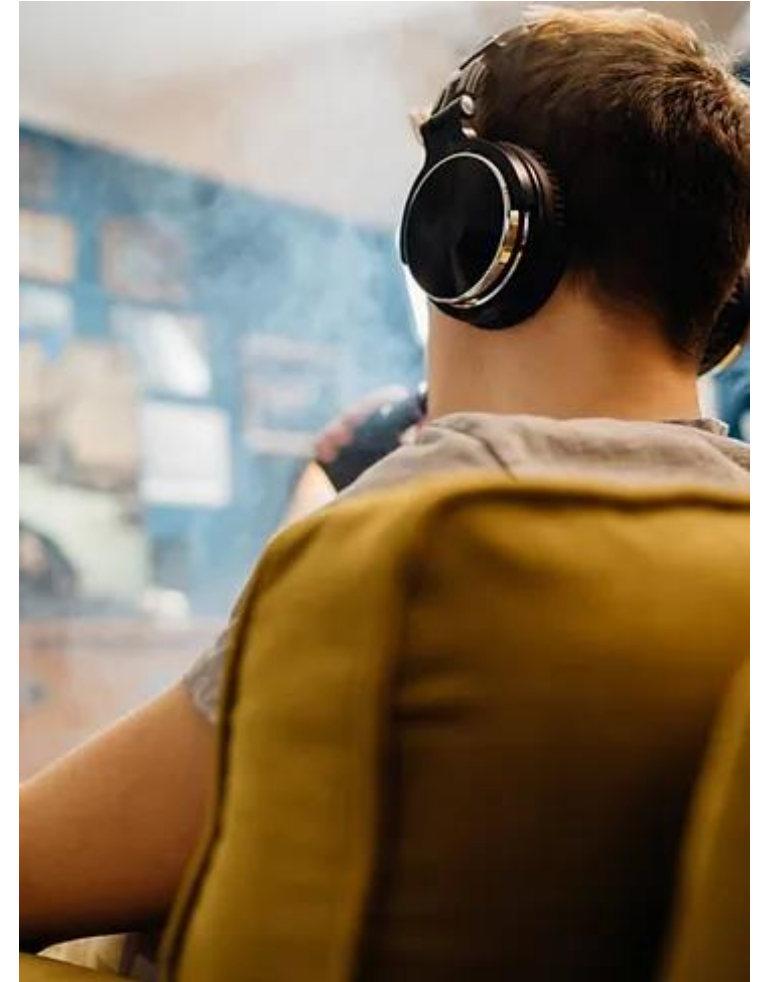
For daily vapers, this totals over **£500 annually.**

Healthcare Impact:

The NHS has seen a 25% increase in consultations for vape-related issues among young people since 2021.

Retailer Penalties:

In 2023, £1.2 million in fines were issued to UK retailers selling vapes to underage customers.





Legality of Vaping

Children are more at risk of buying illegal vapes due to the illegality.

How to spot a legal vape

2ml

Maximum tank size

20mg/ml (or 2%)

Highest nicotine strength

About 600

Total number of puffs

10ml

Largest refill bottle volume



Source: Medicines and Healthcare products Regulatory Agency





Legality of Vaping

Many vapes can contain illegal drugs in them.

This can include:

Spice

Heroin

Cannabis/THC





Support

How to Start the Conversation

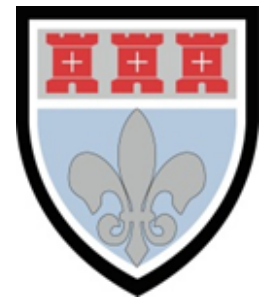
Avoid blame.

Create an open supportive dialogue.

Educate them on the risks

Encourage them to share their thoughts.





Support



Support Programmes

NHS Stop Smoking Services : Offers advice on how to address vaping with children and provides quitting tools for nicotine dependency

GP Support: Consult a family doctor for personalized advice and potential referrals to counsellors or addiction specialists.

Private Addiction Specialists

Online Resources: Access free guides and videos on how to talk to children about vaping, such as those offered by '*Action on Smoking and Health (ASH)*' and '*Frank*'. Use helplines to ask for immediate advice or support.



Parental Safeguarding Briefing

Monday 2nd December 2024

Thank you so much for attending this 'Parental Safeguarding Briefing' exploring vaping. We really hope that the information shared has been helpful and informative.

If you do have any questions, please feel free to contact school anytime or pose a question in the chat facility. Please ensure questions do not mention any students or staff by name.

If you are ever worried about your child, please contact school. We are here to help. Thank you for your continued support.