



# Explore the theme of the week at home

The theme in school this week is **GOODNESS**  
Here are some ideas for how you could explore the theme at home.

## 1.

### Explore Scripture



“What shall I return to the Lord for all his goodness to me?” Psalm 116:12

What things can we thank God for?  
How does God show us His goodness?  
What has God given to us that is a gift?

## 2.

### Reflect

In Psalm 116, the words ‘I’, ‘me’ and ‘my’ appear in almost every verse. This Psalm explores a person’s relationship with God and how God has been with them through many things.

I love the LORD,  
for he heard my voice;  
he heard my cry for mercy.  
Because he turned his ear to me,  
I will call on him as long as I live.

**Psalm 116:1-2**



My dear loving Heavenly Father, I just want to thank You for loving me so much that You sent Your Son to die for me so that I might live with You forever. Thank You, Father, for the innumerable ways that You demonstrate Your love, protection, and provision toward me. I pray that I may have an attitude of gratitude toward You in all I say and do so that You are praised and glorified in my life. In Jesus' name,  
Amen.

## 3.

### Prayer