

**SEND department extra-curricular groups  
Autumn 2022**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Lunchtime</b>	<p><b>Mindfulness and wellbeing</b> Everyone welcome Chapel</p>	<p><b>Lego club</b> Everyone welcome Inclusion Suite</p>	<p><b>KS4 social club</b> Years 10 &amp; 11 Inclusion Suite</p>	<p><b>Harry Potter club</b> Everyone welcome Inclusion Suite</p>	<p><b>A Friday film</b> Everyone welcome Inclusion Suite</p>
		<p><b>Careers group</b> Everyone welcome F20 (15 mins)</p>	<p><b>KS3 social club</b> Years 7, 8 &amp; 9 G22</p>		
			<p><b>Build your resilience</b> Everyone welcome Inclusion Suite</p>		

<b>After school</b>		<b>HW support and how to use Office 365 Inclusion Suite</b>	<b>HW support and how to use Office 365 Inclusion Suite</b>	<b>HW support and how to use Office 365 Inclusion Suite</b>	
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**What happens at the groups?**

**Mindfulness and wellbeing** – come and learn some strategies that will help you relax and unwind after a busy day at school.

**Lego club** – come and have fun with Lego.

**Build your resilience** – this group will focus on helping you deal with stress and challenges and come out the other side stronger.

**Careers group** - come along for advice and guidance about your next steps after school

**KS3/4 social club** – come and relax and play some games while meeting new people.

**Harry Potter club** – come and share your passion for Potter with likeminded Potterheads

**HW support and how to use Office 365** – we will invite you along for additional HW support and show you how you can use Office 365 and all its features to help you with your work

**A Friday film** – kick back at the end of a long week and enjoy a film with friends.