

Read and highlight the information provided. Then you will work through the following activities.

Must

Create a glossary of key words linked to the topic of Jewish prayer use the highlighted notes to help you.

Should

Create five quiz questions and multiple choice answers.

Could

Create a short interview with a Jewish person on the importance of prayer.

Daily Prayers

Daily prayers in the synagogue, with a minyan, are believed to strengthen prayer. Praying at regular times throughout the day is important as it means that G-d is kept in an individual's thoughts throughout the day.

Many prayers are said whilst standing, as this reminds Jews that they are in the presence of G-d. The prayers are said silently when praying alone or quietly when in the synagogue.

The length of the prayer varies from day to day depending on holy days or festivals as certain prayers will be added or removed as necessary. The daily prayers are written in the Siddur, the Hebrew prayer book, it shows the order of daily prayers.

Shacharit (Morning prayers):

The tallit and tefillin are worn for morning prayers as these are considered to be the most important prayers of the day.

1. **Morning blessings** - to say thank you to G-d for another day "I give thanks to You, living and eternal King for having restored within me my sour heart with mercy; great is Your trust."
2. **P'sukei d'Zimra** – Verses of Praise, Psalm 145-150
3. **Shema**, - its blessings and related passages
4. **Amidah** – done whilst standing asking G-d for his needs
5. **Torah readings** (Monday, Thursday, Shabbat and Holy days)
6. **Aleinu** - closing prayers, psalms and hymns

Mincha (Afternoon prayers)

The tallit only is worn by the leaders of the prayers for the afternoon. This service consists mainly of prayers but on the Shabbat and fast days the Torah is read.

1. **Ashrei** – Psalm 145
2. **Amidah** - done whilst standing asking G-d for his needs
3. **Aleinu** - closing prayers, psalms and hymns

Ma'ariv

Only the leader of the service wears the tallit for evening prayers

1. **Shema**, - its blessings and related passages
2. **Amidah** - done whilst standing asking G-d for his needs
3. **Aleinu** - closing prayers, psalms and hymns