Physical Education

Exam Board OCR

Qualification GCE A-Level Physical Education



Entry Requirements

Grade 6 in Sport

A-Level

Content (Outline of Course)

Part 1: Applied anatomy and physiology Part 2: Exercise physiology

Part 3: Biomechanics Part 4: Skill acquisition Part 5: Sport psychology

Part 6: Sport and society and contemporary

Students will be assessed in:

Physiological factors affecting performance

01 – 2 hour written paper, 90 marks – 30% of total A-Level

Assessment

Psychological factors affecting performance

02 – 1 hour written paper, 60 marks – 20% of total A-Level

Socio-cultural issues in physical activity and sport

03 – 1 hour written paper, 60 marks – 20% of total A-Level

Performance in physical education

04 - non-exam assessment, 60 marks - 30% of total A-Level

Further careers in sport could include:

Health & Exercise: Fitness Professional, Health Promotion Officer, Gym Instructor, Nutritionist and Personal Trainer.

Careers Guidance

Management: Disability Sports Development Officer, Events Manager, Football Manager, Sports Development Manager and Talent Project Coordinator.

Media and Marketing: Broadcasting, Journalism, Marketing, Photographer.

Science: Medicine, Sports Scientist, Physiotherapist, Sports Massage Therapist and Strength and Conditioning Coach.

Teaching and Coaching: PE Teacher, Children's Sports Coach, Outdoor Adventures Leader, Ski Instructor, Performance Analyst and Competition Manager.