

# Vocational Sport



## Exam Board

Edexcel

## Qualification

BTEC First Award

## Aims and Objectives

The Edexcel BTEC Level 2 First Award in Sport has been designed to provide an engaging and stimulating introduction to the world of sport. The qualification builds on learning from Key Stage 3 for those who may wish to explore a vocational route throughout Key Stage 4. It also provides a good introduction to Sport for learners in post-16 education, and brings together learning at level 2 to ensure that every learner taking the qualification completes it with a level of understanding and skill on which to build at a later date. BTECs are popular and effective because they encourage learners to take responsibility for their own learning and to develop skills that are essential for the modern-day workplace. These skills include the following: team-working; working from a prescribed brief; working to deadlines; presenting information effectively; and accurately completing administrative tasks and processes.

## Content (Outline of Course)

Students study a range of units over two years.

### Core Units

Unit 1: Fitness for Sport and Exercise (exam unit)

Unit 2: Practical Sports Performance

### Optional specialist units

Unit 3: The Mind and Sports Performance

Unit 4: The Sports Performer in Action

Unit 5: Training for Personal Fitness

Unit 6: Leading Sports Activities

## Assessment

Students are assessed within school via the completion of portfolio-based work with the exception of Unit 1, which students are required to sit as an external examination.

Students working at a basic level of competence can acquire a Pass grade (equivalent to GCSE grade C). They can then do further work to gain a Merit (equivalent to GCSE grade B) or a Distinction (equivalent to GCSE grade A\*/A).

## Careers Guidance

The course can lead on to further education (e.g. BTEC Level 3 Subsidiary Diploma in Sport) and sports-related careers including the following:

**Health and exercise:** fitness professional, health promotion officer, gym instructor, nutritionist, personal trainer;

**Management:** disability sports development officer, events manager, football manager, sports development manager, talent project coordinator;

**Media and marketing:** broadcasting, journalism, marketing, photographer;

**Science:** sports scientist, physiotherapist, sports massage therapist, strength and conditioning coach;

**Teaching and coaching:** PE teacher, children's sports coach, outdoor adventures leader, ski instructor, performance analyst, competition manager.