



FAQ's

The MOVE Programme

What is MOVE and why have we introduced it?

The MOVE programme (Movement Opportunities via Education) is an integrated, curriculum-based approach that develops independence and motor skills utilising the expertise of onsite therapy and education to address functional needs. It allows a child to practice skills they are motivated to do, throughout all aspects of their school day. Practice makes perfect!

Like Conductive Education, the MOVE programme puts children and young people at its centre. It is a holistic approach that allows us to work on goals at school, in the community and at home. The MOVE programme is a **modernised** approach to integrated therapeutic practice. By effectively utilising all key members of the school team this means that knowledge and responsibility is shared wider, and ensures that children can practice their goals at any opportunity.

Are staff trained in the MOVE programme?

There is a dedicated MOVE team which is made up of teachers, therapists and support assistants. In addition to this, a high number of staff have completed external Senior Practitioner Training.

All staff who work within the MOVE & Learn departments have received internal training from the PHS MOVE Coordinators (Sophie and Tina). Regular updates are provided throughout the year to share best practice, upskill staff and to ensure the school environment is set up to promote MOVE throughout the whole school day.

Our next step is to train one of our coordinators to become a MOVE Trainer to enable a greater number of staff to be qualified to Senior Practitioner level through in-house training.

We strive to continue to provide a high-quality education setting, and we feel MOVE will allow us to do so, building on all our existing knowledge from the Conductive Education approach.

How is MOVE implemented on a day-by-day basis?

MOVE is implemented from the moment a child enters the building until they leave. Movement opportunities are encouraged throughout all aspects of the curriculum and school day. This can vary from a child looking towards the direction they want to roll, to hanging up their coats, or to walking to deliver an important message! (usually the lunch orders!).

Transdisciplinary therapy intervention is embedded throughout the day to support the students' postural management needs and to maximise independent functional movement. These may include:

- Move to Learn session - which incorporates education, social communication, fine and gross motor skill development and sensory approaches.
- Hydrotherapy
- Rebound Therapy
- Motor-Sensory Programmes
- PE
- Postural Programmes (standing frames, wedges, corner seats, walking frames etc)

How is MOVE different to Conductive Education?

- There is not one 'Conductor' leading a session, we have a wide team of specially trained staff. This includes therapists, teachers and learning support assistants.
- MOVE provides a greater focus on individualised needs as well as a continued group focus. Making it more bespoke and inclusive to students with complex needs.
- MOVE provides an opportunity for those students who opt to be enrolled to have a formal baseline assessment. Progress (or if more appropriate, maintenance), of motor skills can therefore be tracked annually and can guide and support EHC outcomes.
- The MOVE programme is very much in support of additional supportive aids to support motor development, and this is essential for our more complex learners. 'Prompt Adjustments' are a primary focus within the assessment. CE does not historically advocate the use of supportive aids.

Will removing Conductive Education from my child's Education, Health and Care Plan (EHCP) mean their place at Percy Hedley School is jeopardised?

If your child's Educational Health and Care plan (EHCP) states Conductive Education within the provision, this will be removed due to the fact we are not providing formal Conductive Education. This will not be done without a discussion at your child's annual review meeting.

The removal of Conductive Education will not affect your child's placement at Percy Hedley School as it is the provision of therapy delivery which is essential to your child's placement. For example, within the EHCP provision it may state that your child needs access to onsite therapy for 1:1 and small group sessions for up to 38 hours per year. Replacing the Conductive Education approach for the MOVE approach does not change this provision of therapy at all.

Assessment process

An assessment is only one part of the MOVE programme. If you or your child choose to enroll for assessment, the basic steps are:

- 1) At the parent visit we will go through the objective assessment and score your child on their current physical abilities. e.g., sitting / standing / walking abilities.
- 2) A goal area is identified e.g., to develop functional sitting skills.
- 3) A target is then created which is functional and purposeful in conjunction with the family and students preferences.
- 4) This target can then be set as an EHC outcome as it is objective, measurable and meaningful
- 5) Progress is reviewed formally at least annually

What happens if my child has not been formally enrolled through the MOVE assessment?

All students, regardless of whether being formally enrolled via the MOVE assessment, will follow the principles of MOVE. In addition, they will participate in weekly 'MOVE to Learn' sessions and will have a MOVE profile (MOVE profiles provide staff with information outlining targets, motor abilities and opportunities for development). The assessment process is a format of objectively tracking baseline scores and developing skills, but is not essential and won't be detrimental to those who have not been enrolled. This is due to the student continuing to get the existing direct therapy input which includes objective goal setting (EHCs). The choice to formally enroll onto the MOVE programme via assessment is a collaborative parental, student and therapist decision.

Does my child still receive individual therapy?

Yes, your child will receive their usual therapy provision. The principles of MOVE are embedded into curriculum, group and individual therapy as well as day to day tasks such as activities of daily living.

Percy Hedley has been awarded the MOVE Bronze Quality Mark, what does this mean?

The MOVE Quality Mark **recognises an ongoing commitment to provide the very best MOVE provision.** The MOVE tiered framework encourages development of service to ensure the best possible outcomes for the individuals using the programme. After just one term using MOVE we achieved Bronze. This is a great achievement! We are striving to become a Centre for Excellence... so watch this space!!

What are MOVE days?

Throughout the year, students will participate in special MOVE days to promote and maximise MOVE whilst also allowing opportunities to celebrate their progress. Examples include our MOVE to Spook event, 'MOVEing in a Winter Wonderland' and 'EGGcited to MOVE. Staff and students across the whole school participate in these events to promote the understanding of MOVE for everyone. This enables all students the opportunity to contribute, develop and generalise their social, communication and physical skills with a focus on inclusivity and enhancing wellbeing. Our next whole school MOVE day is after half term and will be 'MOVE saves the Planet'

If I have more questions, who do I contact?

Please feel free to contact your physiotherapist or occupational therapist for more information. There will be a parent/carer event on the 6th July 2022, 10-11am. Please complete the form to identify your preference for an in person catch up, or via teams. This will be an opportunity for parents to speak with the Coordinators and

to listen to more information about MOVE following it's first year at PHS.
<https://forms.gle/yCYFZhpFDfstKzjp6>

Please visit our MOVE website where you will find more inforamtion, and an array of photos and videos showcasing the start of our amazing student's MOVE journey in 2021-22
<https://phs.percyhedley.org.uk/move-at-phs/>

The team is coordinated and led by Tina Christopher and Sophie Donnelly and overseen by Lead physio Stephanie Tucker.

Your MOVE coordinators are:



Tina Christopher (PT)



Sophie Donnelly (OT)



**Steph Tucker (Lead
PT/ SLT)**