



sense

connecting sight, sound and life

Sense Holidays 2022



Enjoy a holiday full of fun,
friendship and new experiences



Welcome to Sense Holidays 2022

Sense Holidays offer children, young people, and adults with complex disabilities the opportunity to enjoy a holiday full of adventure that is not only designed around their needs but is shaped by what they want to do!

On a Sense Holiday you will have the chance to try new activities and explore new places. We carefully choose our holiday venues to best meet the needs of those we support, considering accessibility, safe spaces, and opportunities to have fun. Our holidays also give you the chance to meet new people and to develop connections with fellow holidaymakers and volunteers. This year, we have 19 holidays on offer, including some old favourites and others that are new for 2022.

Why you can trust a Sense Holiday

- Nearly 50 years' experience of delivering holidays for people with complex disabilities.
- A personalised approach – each holiday is planned around the needs and interests of the holidaymakers.
- Experienced and trained holiday leaders.
- Trained, skilled and passionate volunteers.
- OFSTED registered with a 'Good' rating (for our under 18s Holidays).

Who are Sense Holidays for?

- Children and young people, up to the age of 18
- Adults aged 18 and over. If you are 18 at the time of the Sense Holiday, we will only be able to place you on an 18 and over holiday.

There is no age limit to applying for a Sense Holiday.

We aim to build holiday groups around individuals of similar age, shared communication styles and common interests.



Why choose a Sense Holiday?

Each holiday is managed by one or more of our experienced Holiday Leaders. They have a specialist understanding of how to provide personalised group holidays for people who have complex disabilities.

Leaders will work closely with holidaymakers and their families to create a holiday that is right for you. It means every person has a memorable and enjoyable holiday.

Sense has extensive experience of providing volunteer-led services.

We create a safe environment where holidaymakers and volunteers build relationships, explore new environments and step outside of their comfort zone.

What can I expect from a Sense Holiday?

- A safe and fun environment.
- To be listened to and respected.
- Personalised support.
- Opportunity to have new experiences.
- Opportunity to socialise and make new friends.





**Sense Camp
Bendrigg p8**

**Brickhouse Farm
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Centre p17 & 26–27**

Pioneer Centre p11–12

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Festival p24–25**

Canal Boat p20–21

Holiday venues and accessibility

Every year we return to some of our holidaymakers' favourite venues, as well as adding a few new ones.

We visit all new holiday venues to ensure they meet the needs of our groups.

In the information about the venues, each is marked as either wheelchair accessible or easy walker. Where we mention wheelchair access this means this venue is accessible to full and part time wheelchair users and meets Sense standard of accessibility.

All our venues are accessible, but the level of access does vary from purpose-built accommodation to venues that offer minor adaptations, such as wider doorways and ramps.

Venues with ceiling track hoists or adapted furniture to allow for portable hoists are highlighted.

We look where possible to provide all rooms on the ground floor to ensure accessibility, independence, and safety.

Any questions, please contact us at holidays@sense.org.uk

How to apply for a Sense Holiday

To apply for a Sense Holiday, complete the online form at sense.org.uk/senseholidays

Sense Holidays are extremely popular therefore we are unable to offer a place to everyone who applies. This is why we ask you to provide as much detailed information about your needs and interests as you can – including your first, second and third holiday choices, and any unsuitable dates. We may be able to offer you a place on an alternative holiday or a holiday group more suited to meet your needs.

For our 18 and over holidaymakers, we prioritise those who live at home with their families.

If you would like a hard copy of the Sense Holidays 2022 brochure or if you require it in a different format, please contact us and we will be happy to help.

Visit sense.org.uk/senseholidays to find a guide to completing your application form.

Key application dates

Wednesday 5 January 2022

Applications for Sense Holidays open.

Midnight Sunday 6th February 2022

Application deadline.

Any late or incomplete applications will be added to our waiting list.

During March

We carefully review all holidaymaker applications and put together holiday groups based on the age, communication style and interests of the individuals.

At the end of March

We will write to you and let you know if we are able to offer you a holiday.

You will need to confirm your place before the given deadline. Failure to do so may mean your place is withdrawn and offered to someone else.

Any questions?

Contact the

Holidays team

0300 330 9250 (Voice)

0300 330 9252 (Text)

holidays@sense.org.uk



Cost and payment

Each Sense Holiday place costs £800.

The average overall cost of each holiday is approximately £2,500 per person.

We ask that each holidaymaker pays £800 towards this cost when they accept a place.

These costs include:

- **Holiday cost:** accommodation, food, and activities for holidaymakers.
- **Staff and leaders:** Salaries and expenses for Holiday Leaders including travel, accommodation, food, activities, and training.
- **Volunteers:** Travel, accommodation, food, activities, and training.
- **Travel:** Hiring mini-buses for the duration of the holiday and enabling leaders and volunteers to travel to and from holiday venues.
- **Communication:** Cost of interpreters and transcription.
- **Project costs:** Planning and administering the holidays, monitoring, and evaluating safety procedures, equipment, and resources.

Payment could come from local authority budgets, individual budgets, Direct Payments, or personal funds.

We also offer payment schemes to spread the cost throughout the year.

We can share with you a list of charitable organisations which you can approach for funding for Sense Holidays.

Alternatively, you could apply for funding through the Sense Holidays Grant Scheme, which you can read about below.

Sense Holidays Grant Scheme

We understand that every individual circumstance is different. We want to make sure that our holidays remain accessible for

everyone, despite their financial or funding status. If you are finding it difficult to pay for your holiday either independently or with support from your local authority, we encourage you to apply for a **Sense Holidays Grant**.

We have a very limited number of grants available for 2022. For successful applicants, grants can cover partial costs or the full cost of your Sense Holiday, up to £800. Please note that the grants do not cover any costs towards your travel to or from your holiday; or any spending money you may wish to bring.

To be eligible, you must be able to demonstrate and prove financial need and provide evidence that your local authority has declined your request to fund your Sense Holiday.

Grant application forms will be made available with all holiday place offers. We therefore strongly advise that you start to explore your financial options when you make your application.

Transport

We do not offer support with travel to and from holidays, so please keep this in mind when making your choices. If this is a concern to you, please contact the Sense Holidays Team.

Keeping everyone safe

Sense Holidays will adhere to government guidelines and organisational best practices with regards to Covid-19 leading up to, and at the time of, the holiday. We will keep all holidaymakers and their families fully up to date with our plans to ensure everyone's safety whilst on a Sense Holiday.



For all ages





NEW
FOR 2022

Sense Camp Bendrigg

Come join us at our first ever Sense Camp!

We're excited to offer the opportunity for so many people to enjoy a fab week away together, make friends and try new things! Whilst there will be plenty of opportunities to meet lots of other people and be super social, you'll also be able to spend time in smaller and quieter groups if that is more your thing.

There's something here for everyone – at Bendrigg, they specialise in making all activities accessible and adapted to meet your needs. You can choose to have a busy active day followed by a sensory chilled evening. Whatever your fancy the choice is yours!

The site has an accessible playground and a huge range of adapted and accessible activities for you to enjoy. Trained and experienced staff alongside our skilled Holiday Leaders and volunteers will be on hand to support you to enjoy all the activities onsite.

**Sunday 14 –
Saturday 20
August**

**Location Kendal,
Cumbria**

bendrigg.org.uk

Group size 18

- Activity centre
- Countryside
- Wheelchair accessible
- Easy walker
- Ceiling track hoists
- Large group



“I had a fantastic time with all my new friends and all the lovely volunteers who helped make the holiday.”

Holiday highlights:

- Choice of activities - adventurous and sensory.
- Zip wire, indoor cave, progressive climbing wall, abseil, tube slide, arts & crafts, orienteering, sensory room, sensory swing, archery and bushcraft.
- Big group, so lots of opportunity for socialising and making new friends.
- It's the ultimate choice Sense Holiday, you choose what activities you want to do each day.

Facilities

- Venue is accessible for full time and part time wheelchair users.
- Good bathroom access, including roll-in showers and non-slip flooring.
- Equipment available including profile beds, ceiling and mobile hoists and shower chairs
- Sensory room on site
- Accessible grounds to explore.



For children and young people (Under 18s)



“I really enjoyed my holiday. I loved climbing with my volunteer!”

Pioneer Centre A

After a fun day canoeing, fencing or giving circus skills a go, you could end your day around the campfire roasting marshmallows or playing DJ with an evening disco.

Pioneer Centre is the place for you if you loved to be entertained and busy, and our leaders and volunteers will support you every step of the way!



**Saturday 30 July
– Friday 5 August**

Location Kidderminster, Shropshire
[activity-centres.naycacuk.co.uk/
pioneer-centre](http://activity-centres.naycacuk.co.uk/pioneer-centre)

Group size 6

- Activity centre
- Countryside
- Wheelchair accessible
- Ceiling track hoist
- Larger group

Holiday highlights

- Mastering circus skills with a spot of plate spinning.
- Inflatable basketball.
- Accessible and adapted abseiling.

Facilities

- Skilled instructors to support accessing activities.
- Safe and secure venue.
- Ceiling track hoist.

Under 18s

“I had the best time; I loved all the volunteers and leaders and holidaymakers I love Sense Holidays. Thank you!!!”

Pioneer Centre B

Pioneer Centre is situated in stunning countryside on the edge of the Wyre Forest, within easy reach of Birmingham and the national motorway network. This unique location offers an opportunity for young people to experience the outdoors like never before.

At the Pioneer Centre you can conquer your fears or feed the thrill seeker in you - have a go at zip wiring, climbing, indoor caving, and abseiling. You may even choose to give the Big Bounce obstacle course a go, before bouncing into an evening quiz or a night time thrill walk.



**Saturday 30 July
– Friday 5 August**

Location Kidderminster, Shropshire

[activity-centres.naycacuk.co.uk/
pioneer-centre](http://activity-centres.naycacuk.co.uk/pioneer-centre)

Group size 6

- Activity centre
- Countryside
- Easy walker
- Ceiling track hoist
- Larger group

Holiday highlights

- Zip-wire, abseil and lunge across the low-ropes and high ropes.
- Enjoy night-time bonfires and roasting marshmallows.
- Build your own outdoor den.

Facilities

- Social spaces to chill out and catch up.
- On-site equipment to hire.
- Level access to activities and buildings.



“I did things I don’t get to do so often – swimming, singing, farm, campfire, and sailing! I didn’t stop!”

Beamsley A

Beamsley has lots to offer the adventurous! You might enjoy a session of accessible sailing or rocketing down a dry ski slope. You might ride a steam train, paddle in the river at Bolton Abbey, or eat out. The choice is yours!

Beamsley can be any type of holiday you want it to be, so you are sure to make some great memories. The volunteers will support you to get involved in each activity and each day to get the most out of your holiday.

The venue is accessible for full-time wheelchair users with ceiling track hoists, and accessible bathroom with roll-in showers and plenty of safe spaces indoors and outdoors.



Saturday 6 – Friday 12 August

Location Skipton, North Yorkshire

Group size 6

beamsleyproject.org

- Cottage
- Countryside
- Wheelchair accessible
- Ceiling track hoists
- Larger group

Holiday highlights

- Accessible sailing.
- Swimming in a heated hydro pool.
- Snow tubing.
- Miniature train rides.

Facilities

- Good bathroom access, including roll-in showers and non-slip flooring.
- Equipment available includes profile beds and mobile hoists.
- Ceiling track hoist available.
- Lots of safe outdoor space to enjoy.



“I was nervous about dropping our daughter off for her first holiday. However, pulling up to Beamsley, seeing the cottage surrounded by fields, we felt happy that she was going to have a great week away from us.”



Beamsley B

Beamsley is surrounded by lots of spectacular views and is within a short drive of the accessible walks at Bolton Abbey, Ilkley and Harrogate.

Beamsley has lots of space to run around, both indoors and outdoors. Close by you can enjoy farm visits, llama trekking and even visiting the space museum.

The small cottage allows for a quieter holiday and time to chill out and relax in the beautiful surroundings.



Saturday 6 – Friday 12 August

Location

Skipton, North Yorkshire

beamsleyproject.org

Group size 2

- Cottage
- Countryside
- Wheelchair accessible
- Small group

Holiday highlights

- Head to the zoo or even the beach.
- Zoom down a ski slope in a snow tube.
- Go swimming at the local hydro pool.
- Go llama trekking.

Facilities

- Safe secure holiday venue.
- Access lift in venue.
- Lots of safe outdoor space to enjoy.

“I loved feeding the pigs and collecting the eggs in the morning”

Macaroni Wood A

Macaroni Wood is a Sense Holidays favourite! With its own on-site mini farm, you can feed the pigs and collect fresh eggs every morning. You can enjoy onsite sensory walks or chill out in the sensory room.

Bedrooms are on the ground floor with an accessible bathroom, and open plan kitchen-living room, making it easy to enjoy baking cakes while listening to your favourite songs!

**Monday 15 –
Sunday 21 August**

Location Eastleach, Gloucestershire

macaroniwood.org.uk

Group size 5

- Cottage
- Countryside
- Wheelchair accessible
- Larger group

Holiday highlights

- Feeding the pigs and collecting the eggs.
- Trip to the botanical gardens.
- Picnic in the Cotswolds.
- Throw a party with your new friends.

Facilities

- Venue is accessible for wheelchair users.
- Good bathroom access, including roll-in showers and non-slip flooring.
- Equipment available includes mobile hoists.
- Sensory room on site.



Under 18s

“Muddy night-time walks were really fun!”

Macaroni Wood B

At Macaroni Wood there is so much choice you can make about what adventures to have! In the morning you can zip around the site on quad bikes before tucking into breakfast and heading off to ride on the steam train.

Swimming at the nearby hydrotherapy pool and snow tubing down the dry ski slopes will have you feeling like a superhero.

If you don't feel like going out, you can enjoy the onsite games room, trampoline and playground. Whatever your choice our volunteers will help you to have loads of fun!

**Monday 15 –
Sunday 21 August**

Location Eastleach, Gloucestershire
macaroniwood.org.uk

Group size 7

- Cottage
- Countryside
- Easy walker
- Larger group

Holiday highlights:

- Explore your very own games room.
- Head to the zoo.
- Zoom down a ski slope in a snow tube.
- Go swimming at the local hydro pool.

Facilities

- Rooms on the ground floor and first floor.
- Games room, large kitchen and living space.
- Safe and secure site.

“I loved
the onsite
activities.”

Rosliston A

The lodges at Rosliston are accessible, safe, and comfortable.

You will have the freedom to play and enjoy the sunshine and enjoy the beautiful woods around the venue. You can enjoy sensory walks, adventures on the accessible playground and maybe even the onsite falconry!

Our volunteers will support you to have fun and engage with each activity in your own way.



Under 18s

**Saturday 20 –
Friday 26 August**

Location National Forest, Derbyshire

[nationalforest.org/visit/
accommodation/forest-lodges-
rosliston-forestry-centre](https://nationalforest.org/visit/accommodation/forest-lodges-rosliston-forestry-centre)

Group size 3

- Lodge
- Countryside
- Wheelchair accessible
- Small group

Previous holiday highlights:

- Enjoy a delicious barbeque.
- Adapted canoeing.
- Horse-riding, falconry, bush craft and archery.
- Sensory walks.

Facilities

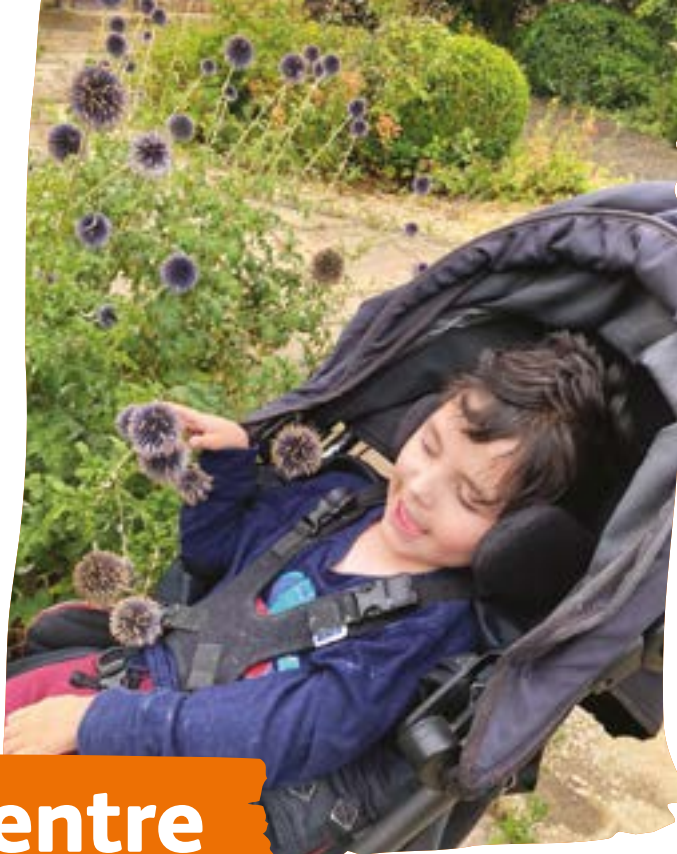
- Spacious venue.
- Rooms on one level.
- Wet room.
- Lots of outdoor space to relax in.



Under 18s

**NEW
FOR 2022**

“It was great to know my daughter was in a fun and safe venue with staff there to help meet her needs.”



The Thomas Centre

The Thomas Centre has everything to make your stay fun, safe, and easy.

There's an onsite accessible playground and swimming pool and plenty more to do, with the seaside super close by.

For those that like a quiet and chilled holiday there's an onsite sensory room to enjoy and lots of outdoor space to sit back and relax under the summer sun.

If you choose to leave the venue you could go sunflower picking or enjoy an ice-cream and a paddle on the beach!

**Sunday 28 August
– Saturday 3 September**

Location Louth, Lincolnshire

thethomascentre.co.uk

Group size 6

- Cottages
- Seaside
- Wheelchair accessible
- Larger group



Holiday highlights:

- Trip to the beach for ice cream and paddling.
- Fully adapted playground.
- Sensory room.
- Accessible go karts and bicycles on site.

Facilities

- Safe and secure site.
- Wet rooms.
- Ground floor rooms.
- Spacious lodges.



For adults (18 and over)

18 and over

“I enjoyed seeing all the sights of London and going to Camden market”



Canal Boat A

Enjoy traveling down the canals of Hertfordshire, navigating the locks, stopping off at pubs as and when you like, or exploring the markets and museums of London. Enjoy the brisk fresh air with a morning cup of tea or an evening BBQ on the deck of the canal boat. This holiday will be social, fun, and active and you'll have plenty of fun with your fellow holidaymakers and volunteers!

Saturday 16 – Friday 22 July

Location Hemel Hempstead, Hertfordshire

wexp.org.uk

Group size 3

- Boat
- Countryside and city
- Easy walker
- Small group

Previous holiday highlights:

- Learn how to work the canal locks!
- Enjoy meals out together at riverside pubs.
- Stroll along the towpaths.

Facilities

- Wheelchair accessible bathroom and shower.
- Easy access around the boat.
- Skilled and experienced crew hands.



“I enjoyed having the time to sit and chat with friends. Sense Holidays are the only time I get to do the things that I want to do.”

Canal Boat B

Ever wanted to be a captain of the ship? Well, on this holiday you can be the captain of your very own canal boat.

You can enjoy accessible canoeing or explore the galleries of London at your own pace. You can step off the boat and explore the pubs and cafes along the canal, be fancy with an afternoon tea or stay on the boat and soak up the sun's rays.

This is the perfect holiday to combine chill out and adventure. The canal boat is larger than the average boat, with plenty of space to move around.



**Saturday 16 –
Friday 22 July**

**Location Hemel
Hempstead, Hertfordshire**

wexp.org.uk

Group size 3

- Boat,
- Countryside and city
- Easy walker
- Small group

**Previous holiday
highlights:**

- Trip to the Natural History Museum.
- Accessible canoeing.
- Visit a trampoline park.

Facilities

- Wheelchair accessible bathroom and shower.
- Easy access around the boat.
- Plenty of space to sit and be sociable.

18 and over

“I loved going out to the bars and exploring the town”



Brummie City Break A

This is the city that will be hosting the Commonwealth Games 2022, so be prepared for high energy celebration of creativity across the West Midlands and the Commonwealth.

On this holiday you can be sure to explore the canals of the city exploring the Gas Street Basin, the histories of the Jewellery Quarter followed by lunch at the popular Bull Ring and, maybe, an evening drink in Birmingham City Centre. This holiday will be sure to scratch every City Break itch you have ever had. You will have your fix of culture, arts, sports, food and fun.

You will be staying at Aston University with your own en-suite room and shared social dining. Rooms are accessible with level access and wet-room style facilities.

On site there is a gym, café, and bar, as well as games room and sports facilities including a swimming pool.

This will be a busy social holiday so sleep now!



**Thursday 21 July –
Wednesday 27 July**

Location Birmingham

unitestudents.com/birmingham

Group size 4

- **City Break**
- **University accommodation**
- **Wheelchair accessible**
- **Small group**

Holiday highlights

- Enjoy the cultural and historic city sights such as Museum of the Jewellery Quarter and Great Western Arcade.
- Canal boat trips through the city.
- Eat out at local restaurants.
- Take a visit to the world famous Cadbury World.

Facilities

- En-suite rooms.
- Walking distance from city centre.
- Accessible accommodation wider doorways, level access.
- Shared sociable flats.

“I enjoyed getting uber taxis to go into town for nights out.”



Brummie City Break B

Birmingham is the city that never sleeps, and Summer 2022 will be no exception as it welcomes athletes from across the Commonwealth for the first time in four years.

This holiday can be everything and anything you want it to be. You can explore the beautiful Birmingham Botanical Gardens and Glasshouses, visit St. Philip's Cathedral one of very few to be built in the English baroque style; or even enjoy a day trip to Stratford Upon Avon on the Shakespeare Steam train followed by curry in one of Birmingham's famous curry houses; or even take in a show at the Hippodrome or Symphony Hall.

You will be staying at Aston University in the centre of Birmingham City. You will have your own en-suite room with a level access and adapted bathroom. Shared social spaces to enjoy chats, movie nights and meals with your fellow holidaymakers. Facilities onsite include a café, bar, gym, and swimming pool.

This is the ultimate city break.



**Thursday 21 July –
Wednesday 27 July**

Location Birmingham

unitestudents.com/birmingham

Group size 4

- **City Break**
- **University accommodation**
- **Easy walker**
- **Small group**

Holiday highlights

- Visit National Motorcycle Museum of Birmingham.
- Explore Birmingham a city of world cultures, food, and art.
- Go on a canal boat and see the city from a different view maybe stop off at the Custard Factory.

Facilities

- Accessible and adapted en-suite rooms.
- Accessible and social venue.
- Walking distance from town so be sure to pack your walking shoes.

18 and over

“I loved that my son, got to be like other lads his age and enjoy a week away from Mum and Dad.”



**NEW
FOR 2022**

Mersea Island Festival A

This is a camping festival by the sea!

You will have the opportunity to meet other likeminded individuals, you can explore the high and low ropes as well as grabbing the mic and enjoy an evening of karaoke - or even watch a film on the big screen under the stars on beanie bags.

Mersea Island Festival has been running since 1981 and has won numerous awards for its accessibility. You can party till dawn knowing that the site is safe and secure.

You will be camping in large tents but don't let that put you off, this venue is used to catering and meeting the needs of people with disabilities.

Sunday 21 – Friday 26 August

Location Colchester, Essex

merseafestival.org.uk

Group size 4

- Camping
- Seaside
- Wheelchair accessible
- Easy walker
- Larger group

Holiday highlights

- Have a go at climbing wire, archery, fishing, and African drumming.
- Experience the zip, the speed boat or quad bikes.
- Enjoy an evening programme of live bands, talent shows and all the fun of the music tent.

Facilities

- Camping zed beds provided.
- Well-lit camp spaces.
- Accessible bathrooms and toilet facilities.
- Ceiling track and portable hoist available.



18 and over

“I enjoyed playing quiz master and singing karaoke with the volunteers, it was great fun!”



Mersea Island Festival B

Have you ever wanted to go to a festival where you can go swimming, play fancy dress, enjoy the go-karts, have a go at judo, paddle in the sea and enjoy a spot of arts and crafts? Well, this is your holiday.

At Mersea Island festival you can rock out, chill-out, dance to the music or be a thrill seeker and enjoy the on-site activities all under the support guide of our trained volunteers and highly skilled staff at Mersea Island.

This holiday will be super social, and you can enjoy activities at your own pace or as part of a larger group. You can enjoy busy active days and days off site walking along the beach. Your holiday, your choice.

Mersea Island has accessible and adapted facilities to meet your needs, but please note you will be camping so bring your woolly hat.

Sunday 21 – Friday 26 August

Location Colchester, Essex

merseafestival.org.uk

Group size 4

- **Camping**
- **Seaside**
- **Busy and active**
- **Wheelchair accessible**
- **Small group**

Holiday highlights

- Enjoy an evening programme of live bands, talent shows and all the fun of our fancy-dress discos.
- Go off-site to do crabbing, fishing or pitch and putt.
- Learn circus skills, signing, judo or dance moves.

Facilities

- Level access site throughout.
- Trained on-site staff including a nurse.
- Portable and ceiling track hoist facilities.



18 and over

“This was by far the best venue I have ever been to on a Sense Holiday!”



Rosliston B

The lodges at Rosliston Forestry Centre give you all the space you need to explore the great outdoors and relax.

Onsite you can enjoy sensory walks, archery, and night-time campfires. You may even enjoy an afternoon tea and cake in the onsite café. Nearby you can enjoy activities such as accessible cycling, the cat café and swimming.

All the lodges are accessible with outdoor seating to relax and chat till the stars come out. What more could you want?

**Saturday 20 –
Friday 26 August**

Location National Forest, Derbyshire

Group size 2

nationalforest.org/visit/accommodation/forest-lodges-rosliston-forestry-centre

- Lodge
- Countryside
- Easy walker
- Sensory
- Small group

Holiday highlights:

- Chill out at the lodges and enjoy nature.
- Trips to Derbyshire city centre.
- Enjoy sensory walks and other on-site activities.

Facilities

- Spacious venue.
- Rooms on one level.
- Wet room.
- Mobile hoists are available.

“I enjoyed going out and eating in the pubs of the city centre.”



Rosliston C

There's so much to do nearby, so whether you want a chilled out holiday with trips to café's and woodland walks or, if you prefer something a bit more active like visiting a theme park or a farm to feed the animals, the choice is yours!

Our volunteers will support you to engage with each activity in your own time, try new things, express yourself and form friendships with peers.



Saturday 20 – Friday 26 August

Location National Forest, Derbyshire

nationalforest.org/visit/accommodation/forest-lodges-rosliston-forestry-centre

Group size 5

- Lodge
- Countryside
- Wheelchair accessible
- Small group

Holiday highlights:

- Llama trekking.
- Adapted cycling.
- Swimming.

Facilities

- Spacious venue.
- Rooms on one level.
- Wet room.
- Mobile hoists are available.

18 and over

“I loved getting a fry-up in the onsite café after our boys night in.”

Brickhouse Farm A

If you like the high peaks of rollercoasters, chips on the beach and lazing in the hot tub then this is your holiday!

There's also plenty of activities on site, including fishing, a hydrotherapy pool and onsite restaurant. Brickhouse Farm is a short drive from the bright lights of Blackpool, so evening drives to view the lights will most definitely be on the cards.

Brickhouse Farm is fully accessible with ceiling track hoist and level access. With the support of our trained volunteers, you'll gain memories of lifetime!



Saturday 1 – Friday 7 October

Location Blackpool

brickhousecottages.co.uk/

Group size 4

- Cottage
- Seaside
- Wheelchair accessible
- Ceiling track hoist
- Small group

Holiday highlights:

- Walks on the beach and going for a dip in the sea.
- Day trip to Blackpool Pleasure Beach.
- Blackpool Illuminations.

Facilities

- Hot tub with ceiling track hoist access and on-site hydrotherapy pool.
- Ground floor bedrooms.
- Shower with grab rails.
- Ceiling track hoist running from bed to wet room.



“I enjoyed eating doughnuts on the beach with hot chocolate and fish and chips for dinner – it was fun.”



Brickhouse Farm B

If you wish to explore the beautiful surroundings of Lancashire and the Lake District, or you wish to sunbathe on the beach before hitting the bright lights of Blackpool Pier, then pick Brickhouse Farm.

Each cottage comes with its own hot tub for you to enjoy! And onsite there is a café, swimming pool and lake to explore.

Brickhouse Farm is fully accessible with level access throughout. There's so much to do, you can enjoy days in and days out in equal measure!

Saturday 1 – Friday 7 October

Location Blackpool

brickhousecottages.co.uk/

Group size 4

- Cottage
- Seaside
- Wheelchair accessible
- Ceiling track hoist
- Small group

Holiday highlights:

- A boat trip around Windermere Lake.
- Enjoy the on-site hydro pool or cottage hot tub.
- Enjoy a meal out at the café.

Facilities

- Hot tub with ceiling track hoist access and on-site hydrotherapy pool.
- Ground floor bedrooms.
- Shower with grab rails.
- Ceiling track hoist running from bed to wet room.





George's holiday

66 I like Sense Holidays because you do lots of different and exciting activities and you get to meet new people.

We do things like climbing, canoeing, bowling, crazy golf, lots of different things.

The staff are very supportive. They're great.

They're responsible for looking after us and making sure that we're safe.

If there is a problem and you're feeling sad, upset, or nervous, they're always there to support you and make sure you feel comfortable.

As a young person you need confidence and to learn new things for when you grow up and go out there."

George

Catherine's holiday

66 I love, I really, really love Sense Holidays.

It makes me feel happy and relaxed and it makes me feel carefree.

I prefer a Sense Holiday compared to a normal holiday. The Sense Holiday team match my communication needs. It was fully accessible and there was all the support that was provided. It really did open my eyes because before I'd been struggling for years and years and years to find a holiday that matched my needs. And I was like wow, I've found it. I found something at long last."

Catherine



A mum's perspective

66 George has autism and CHARGE syndrome. For him, it means he has problems judging distances and is profoundly deaf. George is a great signer but finds eye contact and communicating with people stressful and scary.

George wants to be friendly, but he finds it hard. Of course, there's a massive communication barrier, because not many people know British Sign Language.

Sense doesn't see these barriers. No matter what the communication issues are or the level of learning disability or physical disability, they just work their magic.

George loved his Sense Holiday! He was very nervous about some of the activities but gave them all a go and had the time of his life. George got on well with the other holidaymakers, he was able to get to know everyone.

As a parent, it's completely understandable to feel anxious about your child going away without you. But it gave me peace of mind that Sense made sure they knew absolutely everything about George before he went. Every little, tiny detail – and they kept in contact throughout the week so that we knew he was happy.

The benefits of a Sense Holiday are much longer lasting than simply the time away. It was a chance for George to find new experiences without us. The independence gave him confidence, and he learnt to believe in himself.

That joyous week away on holiday, and George's smiles and laughter, have made such a difference. Sense Holidays enable people like George to experience the happiness and excitement of a holiday and learn important skills which help them navigate their everyday lives. They really are life-changing experiences!"

Emma, George's mum



**For everyone living with complex disabilities.
For everyone who is deafblind.**

Sense is here to offer personalised support to help people communicate and experience the world. We believe that no one, no matter how complex their disabilities, should be isolated, left out, or unable to fulfil their potential.

Our experts offer support that's tailored to the individual needs of each person, whether that's at our centres, through our holidays and short breaks, or in people's own homes. In addition to practical support, we also provide information to families, and campaign for the rights of people with complex disabilities to take part in life.

**To apply for a Sense Holiday,
complete the online form at
www.sense.org.uk/senseholidays**

**Deadline for
applications:
Sunday
6 February
2022**

Contact the Holidays team

Tel: 0300 330 9250

Text: 0300 330 9252

holidays@sense.org.uk

 [@sensecharity](https://twitter.com/sensecharity)

 [/sensecharity](https://www.facebook.com/sensecharity)

Sense, 101 Pentonville Road, London, N1 9LG

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Email: info@sense.org.uk

Website: www.sense.org.uk

Patron: HRH The Princess Royal

Registered charity number 289868


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