

Collaboration with outside agencies, parents and other professionals to support the well being of pupils in all aspects of their lives.

Staff attend meetings to ensure information is shared effectively as well as supporting pupils and their families.

Regular contact with families offers support and liaison staff can offer guidance to enable to wellbeing of the family.

Specific sessions, such as PSHCE and OT, which focus on being healthy and active.

Children are given opportunities to explore healthy food choices.

A Wellbeing Team - who have specific areas of expertise such as counselling qualifications and an Educational Psychologist, work alongside class team with students who have been identified as needing additional support linked to their person well being. They share strategies, advice, guidance to teams and can work with pupils to address specific concerns.

Healthy options provided at lunch and snack times with children supported to select foods to create a balanced diet.

Successes are celebrated with the each pupil to demonstrate the value we place on the effort they have made.

Pupils are encouraged and supported to reflect on their own achievements, supporting them to recognise when they have achieved and increasing their self esteem.

Celebrating success- instant feedback, reward stickers, star of the week certificates, work of the week certificates and special mentions in collective time.

KS3 Speech and Language Wellbeing Driver

Physical activities incorporated through out the school week to boost physical fitness along side team work and encourage interaction with peers. These include twice daily playtimes with adult supported games, weekly PE sessions and weekly swimming and Pilates sessions.

Planned run, 3 times a week during the afternoon which provides pupils with learning breaks, development of fitness, balance, movement and coordination.

Physiotherapy sessions address specific areas of development for pupils.

PE sessions develop endurance, stamina and fitness levels of the children through a variety of activities.

Individual physiotherapy sessions are linked to EHC outcomes for each pupil.

Physio sessions are carefully scaffolded to allow each pupil to be successful and increase self confidence alongside developing physical skills and fitness.

All areas of each pupils physical development are carefully scaffolded to ensure all pupils can achieve, increase self esteem and add to physical and emotional wellbeing.

Weekly Pilates sessions support pupils' physical and emotional well being by developing balance and flexibility alongside teaching pupils specific breathing techniques to generate a sense of calm when feeling anxious. Pupils are encouraged to use their methods in other contexts.