

Collaborative with outside agencies, parents and other professionals to support the well being of pupils in all aspects of their lives.

Regular contact with families offers support and liaison staff can offer guidance to enable to wellbeing of the family as a whole.

All successes are celebrated with pupils to demonstrate the value we place on the effort they have made and progress that has been made.

Pupils are encouraged by all staff to be reflective learners and to celebrate their personal achievements, thus raising self esteem.

Weekly Pilates sessions.

Personal Care sessions

Students take part in specific sessions which focus on being healthy + active and how this links to physical wellbeing.

All areas of each pupils development are carefully scaffolded to ensure they can achieve, boosting self esteem and adding to emotional wellbeing.

Students are given support and guidance to make well informed choices.

A designated Wellbeing Team consisting of a staff team who have specific areas of expertise such as counselling qualification and an Educational Psychologist. This team works alongside class team with students who have been identified as needing additional support linked to their person well being. They share strategies, advice, guidance to teams and can work with pupils to address specific concerns.

School supports CYPS to hold clinics within school to take an active role in the review of student's medication and presentation.

Post 16 Wellbeing

Group physiotherapy and Gym Sessions which address specific area of development for pupils.

Individual physiotherapy and OT sessions linked to EHC outcomes or specific areas of priority for individual pupils.

'Nurses Natter'

Positive social interactions are actively promoted.

A range of physical activities incorporated through out the school week to boost physical fitness along side team work and encourage interaction with peers.

Weekly staff meetings allow effective wellbeing support for pupils.

Students are accepted and respected and know their views will be listened to.

Anxieties are discussed, addressed and managed by staff with involvement from outside agencies if required.

All students have a key worker that they can go to for pastoral care.

Students are encouraged to have healthy lifestyles through curriculum, opportunities to take part in physical activities of personal preference, guidance at lunchtimes and menu planning on residential visits.