

**Physical Education at Crawley Green Infants School**

Year Group	Autumn		Spring		Summer	
	Half term 1	Half term 2	Half term 1	Half term 2	Half term 1	Half term 2
EYFS PE 1	<p><b>Locomotion - Walking</b></p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> <li>- Explore walking</li> <li>- Develop walking</li> <li>- Explore walking in different pathways</li> <li>- Sustain walking</li> <li>- Explore marching</li> <li>- Apply walking into a game</li> </ul>	<p><b>Dance – Ourselves</b></p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> <li>- Exploring different movements</li> <li>- Explore larger scale travelling movements</li> <li>- Responding to music and words</li> <li>- Creating own movement ideas</li> <li>- Exploring different movements using quality movements</li> <li>- Exploring creeping, tiptoeing and hiding.</li> </ul>	<p><b>Gym - Moving</b></p> <p>Intended outcomes :</p> <ul style="list-style-type: none"> <li>- Moving and making shapes</li> <li>- Moving in different directions</li> <li>- Using big and small shapes using apparatus</li> <li>- Exploring movements in a pairs on the floor using apparatus</li> <li>- Exploring shapes in pairs</li> <li>- Exploring movements and shapes in different ways, transitioning between different zones</li> </ul>	<p><b>Locomotion - Jumping</b></p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> <li>- Explore jumping</li> <li>- Develop jumping</li> <li>- Jumping at different speeds</li> <li>- Jumping at different levels</li> <li>- Jumping in different directions</li> <li>- Apply jumping into a game</li> </ul>	<p><b>Ball Skills - hands 2</b></p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> <li>- Explore different ways of throwing</li> <li>- Understanding aim during a throw</li> <li>- Explore how their bodies can throw greater distance</li> <li>- Accuracy with a throw</li> <li>- Explore ways to stop the ball with our hands</li> <li>- Understanding of catching the ball</li> </ul>	<p><b>Attack vs Def - Teaching games for understanding</b></p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> <li>- Understanding of why it is important to catch the ball</li> <li>- Understanding of why to keep score</li> <li>- Understanding of why we have rules and consequences</li> <li>- Understanding the consequences of being tagged</li> <li>- Explore principles to stop attackers scoring</li> <li>- Apply their understanding of attacking and defending.</li> </ul>
EYFS PE 2	<p><b>Dance- Nursery Rhymes</b></p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> <li>- Explore different movements using different body parts</li> <li>- Create their movement ideas relating to specific words</li> <li>- Create simple movement sequences</li> </ul>	<p><b>Gymnastics - High, low, over and under</b></p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> <li>- Explore moving in high shapes</li> <li>- Explore moving in low shapes</li> <li>- Explore moving safely</li> <li>- Explore movements and shapes in high and low ways</li> <li>- Explore movements and shapes</li> </ul>	<p><b>Ball skills - Hands 1</b></p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> <li>- Explore ways of pushing a ball</li> <li>- Explore ways of rolling a ball</li> <li>- Explore ways of bouncing a ball</li> <li>- Explore and develop different ways of bouncing a ball</li> </ul>	<p><b>Ball Skills - Feet 1</b></p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> <li>- Explore different ways of using our feet with a ball</li> <li>- Develop using a ball with our feet</li> <li>- Develop dribbling using our feet</li> <li>- Understanding where to dribble and why</li> <li>- Develop dribbling skills</li> </ul>	<p><b>Striking and fielding - sending into space and fielding/returning</b></p> <p>Intended outcomes:</p> <p>Explore using an implement to strike a ball into a target.</p> <ul style="list-style-type: none"> <li>- Use an implement to strike to space</li> <li>- use an implement safely</li> <li>- Strike to a target</li> <li>- explore body position and balance for striking</li> </ul>	<p><b>Athletic activities - Sports day prep</b></p> <p>Intended outcomes:</p> <p>children will be confident to perform activities in a competitive situation; linking athletic movement together in sequence.</p> <ul style="list-style-type: none"> <li>- Performing at near maximal levels</li> <li>- Run with speed</li> <li>- Run for endurance</li> </ul>

	<ul style="list-style-type: none"> <li>- Explore larger scale movements</li> <li>- Responding to words and music</li> <li>- Explore character movements with a partner</li> </ul>	<ul style="list-style-type: none"> <li>- in high, low and under ways</li> <li>- Explore movements and shapes in high, low and under ways on apparatus</li> </ul>	<ul style="list-style-type: none"> <li>- Explore different ways of rolling and pushing a ball</li> <li>- Explore different ways of rolling, bouncing and pushing a ball_with a partner</li> </ul>	<ul style="list-style-type: none"> <li>- Develop kicking and dribbling skills during competitions</li> </ul>	<ul style="list-style-type: none"> <li>- fielding a ball safely</li> <li>- fielding a ball accurately</li> <li>- strike a stationary object</li> <li>- strike a moving object</li> </ul>	<ul style="list-style-type: none"> <li>- Throw for distance</li> <li>- Throw for accuracy</li> <li>- Jump for distance</li> </ul>
Year 1 PE 1 Think Sport	<p><b>Ball skills - Hands 1</b></p> <p><b>Intended outcomes:</b></p> <ul style="list-style-type: none"> <li>- Develop bouncing</li> <li>- Explore and develop different ways of passing a ball</li> <li>- Develop sending a ball with our hands</li> <li>- Explore different ways of stopping a ball with our hands</li> <li>- Develop different ways of stopping a ball with our hands</li> <li>- Combine receiving and sending a ball skills</li> </ul>	<p><b>Ball skills - Feet 1</b></p> <p><b>Intended outcomes:</b></p> <ul style="list-style-type: none"> <li>- Develop understanding of "control"</li> <li>- Develop using our feet to move with a ball</li> <li>- Apply dribbling with our feet into games</li> <li>- Develop dribbling technique</li> <li>- Explore kicking (passing) a ball</li> <li>- Develop kicking (passing) a ball</li> <li>-</li> </ul>	<p><b>Gymnastics - Wide narrow and curled</b></p> <p><b>Intended outcomes:</b></p> <ul style="list-style-type: none"> <li>- Explore movements and balance</li> <li>- Explore movements and balance in a narrow way</li> <li>- Explore movements and balance in a curled way</li> <li>- Explore different ways of transitioning into different shapes</li> <li>- Explore combining ware, narrow, curled movements together</li> <li>- Explore "linking"</li> </ul>	<p><b>Ball skills - Hands 1</b></p> <p><b>Intended outcomes:</b></p> <ul style="list-style-type: none"> <li>- Develop bouncing (dribbling)</li> <li>- Develop different ways of sending a ball (passing)</li> <li>- Develop different ways of sending a ball using our hands</li> <li>- Explore different ways of stopping a ball with our hands</li> <li>- Explore different ways of stopping a ball with our hands, preventing passes</li> <li>- Combine sending and receiving skills to keep possession</li> </ul>	<p><b>Attack vs Def</b></p> <p><b>Intended outcomes:</b></p> <p>Understanding principles of attack Apply simple attacking principles in a game Understanding principles of defending Apply simple defending principles into a game situation Consolidate how, when, why we attack Consolidate how, when, why we defend</p>	<p><b>Locomotion - Jumping</b></p> <p><b>Intended outcomes:</b></p> <ul style="list-style-type: none"> <li>- Recap jumping, in different directions, different speeds and different levels</li> <li>- Develop how to jump efficiently</li> <li>- Explore how jumping affects our body</li> <li>- Explore skipping</li> <li>- Explore jumping and skipping into a game</li> <li>- Apply knowledge of jumping into a game</li> </ul>
Year 1 PE 2 <b>Class Teacher</b>	<p><b>Locomotion Running</b></p> <p><b>Intended outcomes:</b></p> <ul style="list-style-type: none"> <li>- Explore running using different body parts</li> <li>- Develop their understanding of running</li> </ul>	<p><b>Gymnastics - body parts</b></p> <p><b>Intended outcomes:</b></p> <ul style="list-style-type: none"> <li>- Explore movements and balances (big body parts)</li> <li>- Explore movements and</li> </ul>	<p><b>Dance- The Zoo</b></p> <p><b>Intended outcomes:</b></p> <ul style="list-style-type: none"> <li>- Responding to rhythm and patterns</li> <li>- Responding to rhythm and patterns through their movements</li> </ul>	<p><b>Health and Wellbeing</b></p> <p><b>Intended outcomes:</b></p> <ul style="list-style-type: none"> <li>- Understanding agility</li> <li>- Explore ways of being balanced</li> <li>- Introducing coordination</li> </ul>	<p><b>Ball skills - Hands 2</b></p> <p><b>Intended outcomes:</b></p> <ul style="list-style-type: none"> <li>- Introduce underarm throw</li> <li>- Develop underarm throw</li> <li>- Apply underarm throw in a competitive situation</li> </ul>	<p><b>Athletic activities - Sports day prep</b></p> <p><b>Intended outcomes:</b></p> <p>children will be confident to perform activities in a competitive situation; linking athletic</p>

	<ul style="list-style-type: none"> <li>- Apply knowledge of running</li> <li>- Apply correct running technique</li> <li>- Apply understanding of running long distance</li> <li>- Apply running into a game</li> </ul>	<p>balances (small body parts)</p> <ul style="list-style-type: none"> <li>- Explore movements and balances on the floor</li> <li>- Explore the different themed words (big and small with narrow, wide or curled)</li> <li>- Explore adding movement combinations</li> <li>- Exploring being creative with mini sequences</li> </ul>	<ul style="list-style-type: none"> <li>- Applying control and coordination to perform</li> <li>- Responding to rhythms and patterns through their movements</li> <li>- Explore different dynamics and movement qualities</li> <li>- Exploring the relationship between living things</li> </ul>	<ul style="list-style-type: none"> <li>- Understand importance of being "agile"</li> <li>- Understand importance of being "balanced"</li> <li>- Understand importance of being "coordinated"</li> </ul>	<ul style="list-style-type: none"> <li>- Explore different ways of stopping a ball using hands</li> <li>- Develop pupils' ability to accurately roll a ball</li> <li>- Consolidate pupils ability to accurately roll a ball</li> </ul>	<p>movement together in sequence.</p> <ul style="list-style-type: none"> <li>- Performing at near maximal levels</li> <li>- Run with speed</li> <li>- Run for endurance</li> <li>- Throw for distance</li> <li>- Throw for accuracy</li> <li>- Jump for distance</li> </ul>
<p>Year 2 PE 1</p> <p>Think Sport</p>	<p><b>Attack vs Defense - teaching games for understanding</b></p> <p><b>Intended outcomes:</b></p> <ul style="list-style-type: none"> <li>- To develop an understanding simple attacking principles</li> <li>- To develop an understanding simple defending principles</li> <li>- To understand transition from defence into attack</li> <li>- To understand simple attacking tactics</li> <li>- To understand simple defending tactics</li> <li>- Applying attacking and defending into mini games</li> </ul>	<p><b>Gymnastics</b></p> <p><b>Intended outcomes:</b></p> <ul style="list-style-type: none"> <li>- Explore different pathways (zigzag)</li> <li>- Develop different pathways (zigzag)</li> <li>- Apply different pathways (curved)</li> <li>- Apply different pathways (curved), creating movements</li> <li>- Create own sequences</li> <li>- Perform completed sequences</li> </ul>	<p><b>Locomotion - Jumping and dodging</b></p> <p><b>Intended outcomes:</b></p> <p><b>Jumping</b></p> <ul style="list-style-type: none"> <li>- Applying an effective jumping technique</li> <li>- Understanding why, when and how we jump</li> <li>- Applying knowledge of how to jump</li> <li>- Develop application of jumping</li> <li>- Develop application of linking jumps together</li> <li>- Applying jumping into competitions</li> </ul> <p><b>Dodging</b></p> <ul style="list-style-type: none"> <li>- Exploring dodging</li> </ul>	<p><b>Team building</b></p> <p><b>Intended outcomes:</b></p> <ul style="list-style-type: none"> <li>- Introduce teamwork</li> <li>- Develop team skills</li> <li>- Understanding why it is important to trust our partner (team)</li> <li>- Develop our cooperation and communication</li> <li>- Explore simple strategies as a team</li> <li>- Explore simple strategies as a team</li> </ul>	<p><b>Ball Skills - Hands 2</b></p> <p><b>Intended outcomes:</b></p> <ul style="list-style-type: none"> <li>- Develop execution of underarm throw</li> <li>- Consolidate the execution of the underarm throw</li> <li>- Apply underarm throw in a game as a team</li> <li>- Apply underarm throw in a game to beat their opponent</li> <li>- Introduce overarm throw</li> <li>- Apply in mini games</li> </ul>	<p><b>Netwall games - Using an implement to send and return</b></p> <p><b>Intended outcomes:</b></p> <p>Explore using an implement to send a ball into a space to avoid a defender.</p> <ul style="list-style-type: none"> <li>- Send to space</li> <li>- send with varying pace</li> <li>- send to a fixed target</li> <li>- send to a moving target</li> <li>- return to a target</li> <li>- return to a space</li> <li>- send and return whilst moving</li> <li>- explore body position</li> </ul>

			<ul style="list-style-type: none"> <li>- Developing the dodge technique</li> <li>- Applying children's knowledge on when, how, why to dodge</li> <li>- Applying children's knowledge on when, how, why to dodge as a team</li> <li>- Consolidate when, how, why to dodge as a team</li> <li>- How, where, why to dodge in competitions</li> </ul>			
Year 2 PE 2	<b>Ball skills - Feet 1</b>	<b>Health and Wellbeing</b>	<b>Dance</b>	<b>Ball skills - Hands 1</b>	<b>Striking and Fielding - Sending and receiving</b>	<b>Athletic activities - Sports day prep</b>
<b>Class Teacher</b>	<p><b>Intended outcomes:</b></p> <ul style="list-style-type: none"> <li>- Develop dribbling with our feet</li> <li>- Develop passing receiving with our feet</li> <li>- Combine passing, dribbling, and receiving with our feet</li> <li>- Develop dribbling with our feet</li> <li>- Develop dribbling with our feet to score a point</li> <li>- Combine dribbling, passing and receiving using our feet</li> <li>- Apply dribbling, passing and receiving with our feet to score a point</li> </ul>	<p><b>Intended outcomes:</b></p> <ul style="list-style-type: none"> <li>- Understanding agility</li> <li>- Developing balance</li> <li>- Introducing coordination</li> <li>- Understanding being "agile"</li> <li>- Understanding balance</li> <li>- Understanding being coordinated</li> </ul>	<p><b>Intended outcomes:</b></p> <ul style="list-style-type: none"> <li>- Using a range of controlled movements</li> <li>- Develop character work</li> <li>- Develop motifs</li> <li>- Explore a variety of movements in character</li> <li>- Extend sequences as a character</li> <li>- Consolidate with suggested sequences and performance</li> </ul>	<p><b>Intended outcomes:</b></p> <ul style="list-style-type: none"> <li>- Develop dribbling</li> <li>- Develop passing and receiving</li> <li>- Combine passing, dribbling, and receiving</li> <li>- Develop dribbling in order to keep possession and score a point</li> <li>- Develop passing and receiving to keep possession and score a point</li> <li>- Combine dribbling, passing and receiving to keep possession and score a point</li> </ul>	<p><b>Intended outcomes:</b></p> <p>Explore using an implement to strike a ball into a target.</p> <ul style="list-style-type: none"> <li>- Use an implement to strike to space</li> <li>- use an implement safely</li> <li>- Strike to a target</li> <li>- explore body position and balance for striking</li> <li>- fielding a ball safely</li> <li>- fielding a ball accurately</li> <li>- strike a stationary object</li> <li>- strike a moving object</li> </ul>	<p><b>Intended outcomes:</b></p> <p>children will be confident to perform activities in a competitive situation; linking athletic movement together in sequence.</p> <ul style="list-style-type: none"> <li>- Performing at near maximal levels</li> <li>- Run with speed</li> <li>- Run for endurance</li> <li>- Throw for distance</li> <li>- Throw for accuracy</li> <li>- Jump for distance</li> </ul>
The above curriculum is based upon the 2014 Primary School Physical Literacy Framework and utilises the Complete PE platform.						