

Physical Education at Crawley Green Infant School

Year Group	Autumn		Spring		Summer	
	Half term 1	Half term 2	Half term 1	Half term 2	Half term 1	Half term 2
EYFS PE 1	<p>Locomotion - Walking</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - Explore walking - Develop walking - Explore walking in different pathways - Sustain walking - Explore marching - Apply walking into a game 	<p>Dance – Ourselves</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - Exploring different movements - Explore larger scale travelling movements - Responding to music and words - Creating own movement ideas - Exploring different movements using quality movements - Exploring creeping, tiptoeing and hiding. 	<p>Gym - Moving</p> <p>Intended outcomes :</p> <ul style="list-style-type: none"> - Moving and making shapes - Moving in different directions - Using big and small shapes using apparatus - Exploring movements in a pairs on the floor using apparatus - Exploring shapes in pairs - Exploring movements and shapes in different ways, transitioning between different zones 	<p>Locomotion - Jumping</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - Explore jumping - Develop jumping - Jumping at different speeds - Jumping at different levels - Jumping in different directions - Apply jumping into a game 	<p>Ball Skills - hands 2</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - Explore different ways of throwing - Understanding aim during a throw - Explore how their bodies can throw greater distance - Accuracy with a throw - Explore ways to stop the ball with our hands - Understanding of catching the ball 	<p>Attack vs Def - Teaching games for understanding</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - Understanding of why it is important to catch the ball - Understanding of why to keep score - Understanding of why we have rules and consequences - Understanding the consequences of being tagged - Explore principles to stop attackers scoring - Apply their understanding of attacking and defending.

EYFS PE 2	<p>Dance- Nursery Rhymes</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - Explore different movements using different body parts - Create their movement ideas relating to specific words - Create simple movement sequences - Explore larger scale movements - Responding to words and music - Explore character movements with a partner 	<p>Gymnastics - High, low, over and under</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - Explore moving in high shapes - Explore moving in low shapes - Explore moving safely - Explore movements and shapes in high and low ways - Explore movements and shapes in high, low and under ways - Explore movements and shapes in high, low and under ways on apparatus 	<p>Ball skills - Hands 1</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - Explore ways of pushing a ball - Explore ways of rolling a ball - Explore ways of bouncing a ball - Explore and develop different ways of bouncing a ball - Explore different ways of rolling and pushing a ball - Explore different ways of rolling, bouncing and pushing a ball with a partner 	<p>Ball Skills - Feet 1</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - Explore different ways of using our feet with a ball - Develop using a ball with our feet - Develop dribbling using our feet - Understanding where to dribble and why - Develop dribbling skills - Develop kicking and dribbling skills during competitions 	<p>Striking and fielding - sending into space and fielding/returning</p> <p>Intended outcomes:</p> <p>Explore using an implement to strike a ball into a target.</p> <ul style="list-style-type: none"> - Use an implement to strike to space - use an implement safely - Strike to a target - explore body position and balance for striking - fielding a ball safely - fielding a ball accurately - strike a stationary object - strike a moving object 	<p>Athletic activities - Sports day prep</p> <p>Intended outcomes:</p> <p>children will be confident to perform activities in a competitive situation; linking athletic movement together in sequence.</p> <ul style="list-style-type: none"> - Performing at near maximal levels - Run with speed - Run for endurance - Throw for distance - Throw for accuracy - Jump for distance
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Year 1 PE 1	<p>Ball skills - Hands 1</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - Develop bouncing - Explore and develop different ways of passing a ball - Develop sending a ball with our hands - Explore different ways of stopping a ball with our hands - Develop different ways of stopping a ball with our hands - Combine receiving and sending a ball skills 	<p>Locomotion Running</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - Explore running using different body parts - Develop their understanding of running - Apply knowledge of running - Apply correct running technique - Apply understanding of running long distance - Apply running into a game 	<p>Gymnastics - Wide narrow and curled</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - Explore movements and balance - Explore movements and balance in a narrow way - Explore movements and balance in a curled way - Explore different ways of transitioning into different shapes - Explore combining wide, narrow, curled movements together - Explore "linking" 	<p>Health and Wellbeing</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - Understanding agility - Explore ways of being balanced - Introducing coordination - Understand importance of being "agile" - Understand importance of being "balanced" - Understand importance of being "coordinated" 	<p>Ball skills - Hands 2</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - Introduce underarm throw - Develop underarm throw - Apply underarm throw in a competitive situation - Explore different ways of stopping a ball using hands - Develop pupils' ability to accurately roll a ball - Consolidate pupils ability to accurately roll a ball 	<p>Locomotion - Jumping</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - Recap jumping, in different directions, different speeds and different levels - Develop how to jump efficiently - Explore how jumping affects our body - Explore skipping - Explore jumping and skipping into a game - Apply knowledge of jumping into a game
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Year 1 PE 2	<p>Ball skills - Feet 1</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - Develop understanding of "control" - Develop using our feet to move with a ball - Apply dribbling with our feet into games - Develop dribbling technique - Explore kicking (passing) a ball - Develop kicking (passing) a ball 	<p>Gymnastics - body parts</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - Explore movements and balances (big body parts) - Explore movements and balances (small body parts) - Explore movements and balances on the floor - Explore the different themed words (big and small with narrow, wide or curled) - Explore adding movement combinations - Exploring being creative with mini sequences 	<p>Dance- The Zoo</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - Responding to rhythm and patterns - Responding to rhythm and patterns through their movements - Applying control and coordination to perform - Responding to rhythms and patterns through their movements - Explore different dynamics and movement qualities - Exploring the relationship between living things 	<p>Ball skills - Hands 1</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - Develop bouncing (dribbling) - Develop different ways of sending a ball (passing) - Develop different ways of sending a ball using our hands - Explore different ways of stopping a ball with our hands - Explore different ways of stopping a ball with our hands, preventing passes - Combine sending and receiving skills to keep possession 	<p>Attack vs Def</p> <p>Intended outcomes:</p> <p>Understanding principles of attack Apply simple attacking principles in a game Understanding principles of defending Apply simple defending principles into a game situation Consolidate how, when, why we attack Consolidate how, when, why we defend</p>	<p>Athletic activities - Sports day prep</p> <p>Intended outcomes:</p> <p>children will be confident to perform activities in a competitive situation; linking athletic movement together in sequence.</p> <ul style="list-style-type: none"> - Performing at near maximal levels - Run with speed - Run for endurance - Throw for distance - Throw for accuracy - Jump for distance
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<p>Year 2 PE 1</p>	<p>Attack vs Defense - teaching games for understanding</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - To develop an understanding simple attacking principles - To develop an understanding simple defending principles - To understand transition from defence into attack - To understand simple attacking tactics - To understand simple defending tactics - Applying attacking and defending into mini games 	<p>Health and Wellbeing</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - Understanding agility - Developing balance - Introducing coordination - Understanding being “agile” - Understanding balance - Understanding being coordinated 	<p>Locomotion - Jumping and dodging</p> <p>Intended outcomes:</p> <p>Jumping</p> <ul style="list-style-type: none"> - Applying an effective jumping technique - Understanding why, when and how we jump - Applying knowledge of how to jump - Develop application of jumping - Develop application of linking jumps together - Applying jumping into competitions <p>Dodging</p> <ul style="list-style-type: none"> - Exploring dodging - Developing the dodge technique - Applying children’s knowledge on when, how, why to dodge - Applying children’s knowledge on when, how, why to dodge as a team 	<p>Team building</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - Introduce teamwork - Develop team skills - Understanding why it is important to trust our partner (team) - Develop our cooperation and communication - Explore simple strategies as a team - Explore simple strategies as a team 	<p>Ball Skills - Hands 2</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - Develop execution of underarm throw - Consolidate the execution of the underarm throw - Apply underarm throw in a game as a team - Apply underarm throw in a game to beat their opponent - Introduce overarm throw - Apply in mini games 	<p>Netwall games - Using an implement to send and return</p> <p>Intended outcomes:</p> <p>Explore using an implement to send a ball into a space to avoid a defender.</p> <ul style="list-style-type: none"> - Send to space - send with varying pace - send to a fixed target - send to a moving target - return to a target - return to a space - send and return whilst moving - explore body position
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			<ul style="list-style-type: none"> - Consolidate when, how, why to dodge as a team - How, where, why to dodge in competitions 			
Year 2 PE 2	<p>Ball skills - Feet 1</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - Develop dribbling with our feet - Develop passing receiving with our feet - Combine passing, dribbling, and receiving with our feet - Develop dribbling with our feet - Develop dribbling with our feet to score a point - Combine dribbling, passing and receiving using our feet - Apply dribbling, passing and receiving with our feet to score a point 	<p>Gymnastics</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - Explore different pathways (zigzag) - Develop different pathways (zigzag) - Apply different pathways (curved) - Apply different pathways (curved), creating movements - Create own sequences - Perform completed sequences 	<p>Dance</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - Using a range of controlled movements - Develop character work - Develop motifs - Explore a variety of movements in character - Extend sequences as a character - Consolidate with suggested sequences and performance 	<p>Ball skills - Hands 1</p> <p>Intended outcomes:</p> <ul style="list-style-type: none"> - Develop dribbling - Develop passing and receiving - Combine passing, dribbling, and receiving - Develop dribbling in order to keep possession and score a point - Develop passing and receiving to keep possession and score a point - Combine dribbling, passing and receiving to keep possession and score a point 	<p>Striking and Fielding - Sending and receiving</p> <p>Intended outcomes:</p> <p>Explore using an implement to strike a ball into a target.</p> <ul style="list-style-type: none"> - Use an implement to strike to space - use an implement safely - Strike to a target - explore body position and balance for striking - fielding a ball safely - fielding a ball accurately - strike a stationary object - strike a moving object 	<p>Athletic activities - Sports day prep</p> <p>Intended outcomes:</p> <p>children will be confident to perform activities in a competitive situation; linking athletic movement together in sequence.</p> <ul style="list-style-type: none"> - Performing at near maximal levels - Run with speed - Run for endurance - Throw for distance - Throw for accuracy - Jump for distance
The above curriculum is based upon the 2014 Primary School Physical Literacy Framework and utilises the Complete PE platform.						