



Carr Hill Community Primary School PE Long Term Plan

	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
Nursery	Hall space	Ring games	Large apparatus	Walking 1	Hands 1	Hands 2
Reception	Travelling	Moving	High, Low, Over, Under	Hands 1 and 2	Jumping 1	Games for understanding
<u>Year 1</u>	Games Throwing and Catching Core Task 1	Games Ball skills and games Core Task 2	Games Developing partner work (VS Unit 4) Core Task 2	Games Striking and Fielding Core Task 3	Athletics Athletics Core Task 1	Athletics Athletics Core Task 2 and 3
	Multiskills	Gymnastics Core Task 1	Gymnastics Core Task 2	Dance Core Task 1	Games Striking and Fielding Core Task 3	OAA Core Tasks 1 and 2
<u>Year 2</u>	Games Throwing, kicking, hitting Core Task 4	Games Striking and Fielding Core Task 6	Games Invasion Core Task 4	Games Net and Wall Core Task 5	Athletics Athletics Core Tasks 1	Athletics Athletics Core Tasks 2 and 3
	Multiskills	Gymnastics Core Task 3	Gymnastics Core Task 4	Dance Core Task 2	Games Striking and Fielding Core Task 6	OAA Core Tasks 1 and 2
<u>Year 3</u>	Games Invasion (Football) Core Task 1	Gymnastics Core Task 5	Games Invasion (Hockey) Core Task 2	Dance Core Task 3	Games Net and Wall Core Task 1	Athletics Athletics Core Tasks 4
	Swimming Health Based Fitness	Swimming Games Invasion (Rugby) Core Task 1	Swimming Gymnastics Core Task 6	Swimming Gymnastics Core Task 7	Swimming Games Striking and Fielding Core Task 1	Swimming OAA Core Tasks 3
<u>Year 4</u>	Games Invasion (Football) Core Task 3	Gymnastics Core Task 7	Games Invasion (Hockey) Core Task 4 or 5	Dance Core Task 4	Games Net and Wall Core Task 2 and 3	Athletics Athletics Core Tasks 5
	Swimming Health Based Fitness	Swimming Games Invasion (Rugby) Core Task 4	Swimming Gymnastics Core Task 8	Swimming	Swimming Games Striking and Fielding Core Tasks 2 and 3	Swimming OAA Core Tasks 4 and 5
<u>Year 5</u>	Games Invasion (Rugby) Core Task 6	Gymnastics Core Task 9	Games Invasion (Basketball) Core Task 7	Games Net and Wall Core Task 4	Games Striking and Fielding Core Tasks 4	Athletics Athletics Core Task 6
	Swimming Health Based Fitness	Swimming Games Invasion (Netball) Core Task 6 or 7	Swimming Gymnastics Core Task 10	Swimming Dance Core Tasks 5 and 6	Swimming	Swimming OAA Core Tasks 6
<u>Year 6</u>	Games Invasion (Rugby) Core Task 8	Games Invasion (Netball) Core Task 9 and 10	Games Invasion (Basketball) Core Task 9 and 10	Games Net and Wall Core Task 5 and 6	Athletics Athletics Core Tasks 7	Athletics Athletics Core Tasks 8
	Swimming Health Based Fitness	Swimming Health Based Fitness	Core Conditioning	Core Conditioning	Games Striking and Fielding Core Tasks 5	OAA Core Tasks 7 and 8