

# FINANCIAL SUPPORT ADVICE FOR PARENTS



**Are you struggling with energy bills?**

Further support about energy bills can be found [here](#) and [here](#).



**Are you struggling with the cost of your weekly shop?**

Newham has several foodbanks which may be able to support. You can find more information [here](#).



## The Youth Empowerment Fund

This fund is to support young people in achieving their ambitions, by providing financial assistance to help them buy the resources, training or equipment required to learn and develop skills in the things they are passionate about.

You can find more information [here](#).

TRAINING

RESOURCES

SUPPORT



**In need of financial advice or support?**

Further information for Newham residents can be found [here](#).

