

# Lister Community School

St. Mary's Road, Plaistow, London, E13 9AE

Mr Kunal Vora, Headteacher T: 020 8471 3311 / F: 020 8472 1027 www.lister.newham.sch.uk

### Our Vision for Health and Social Care

Health and Social Care equips students with the skills they need to go on to lead in the care setting. Beyond that, it equips students with a wide breadth of knowledge about the range of services and meeting the needs of individuals across all age groups which is beneficial to any and every career pathway and life more generally.

The course provides valuable opportunities for students to gain practical vocational experiences. This includes opportunities to visit nurseries, special needs units and hear from speakers from different care settings in order to give students the relevant experiences to apply their knowledge to a real life context. Embedded throughout the course are opportunities for pupil's to consider their own personal skills and what they might be able to offer in a wide range of care worker roles.

## What do we teach in KS4 Health and Social Care?

We start by teaching about human growth and development - looking at the different needs of all life stages. This forms the foundation for the course: understanding human development, through the framework of PIES (physical, intellectual, emotional and social development) underpins everything we study.

We consider a range of factors and life events and assess the extent to which these impact the development of humans. Students are given an understanding of the range of services which exist to help support and meet service users' needs and the importance of the role of a range of care workers. We explore the key skills, knowledge and attitudes required to provide a high quality service to meet a range of needs. We go on to understand services and barriers to accessing services and then lastly, we consider the concept of care values and how to implement care values within our own practice.

## **PSHCE, SMSC Links:**

Throughout the course, students reflect upon their day to day lives and develop key empathetic skills. They learn how to draw on understandings of diversity including culture, different ages and life experiences. Embedded in every lesson is a link to case studies or a link to students' own lives.

Students research real life situations, for example looking at the elderly life stage and considering how Britain as a society responded to the care home scandals in residential settings. Students consider how care workers are trained in the application of care values and the laws in place to ensure a high quality of care service including demonstrating an understanding of the application of the Equalities Act to tackle discrimination.

#### Extra - Curricular

Students are encouraged to develop their key skills through their extracurricular participation. A core part of the course is that students should develop skill sets and qualities such as communication, empathy and interpersonal skills including teamwork.