

Newham's Summer Programme is here!

Parents Webinars Schedule May - July 2021



Parents are invited to our **weekly webinars** that will be running to the end of term. Every **Thursday afternoon from 4.30am-5.30pm**

[Click here to join the meeting](#)

Or call in (audio only)

[+44 20 3321 5273](tel:+442033215273), [374023416#](tel:+442033215273) United Kingdom, London

Phone Conference ID: 374 023 416#

[Find a local number](#) | [Reset PIN](#)

[Learn More](#) | [Meeting options](#)

Holistic support to address overrepresentation of children and young people in the justice system - **15th July 2021**

Supporting children and young people with health conditions - **22nd July 2021**

CAMHS Wellbeing Workshops:

<https://www.eventbrite.co.uk/o/newham-camhs-workshops-23209370238>

Sign up for Parent Connect **DIRECT!**

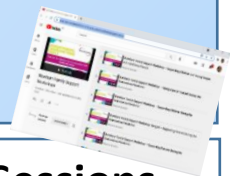
Would you like to receive our Parent Connect Newsletter direct to your email? Every Friday 12pm ☺

Follow this link to sign up:

<https://forms.gle/zzKsF1e6DnVggGX68>

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- **Adolescent Exploitation Strategy Event - PLACES AVAILABLE**
- **Youth Empowerment Programme**



Newham Family Support Sessions

Want to find out about the services that available in Newham?

Please visit Newham Council's YouTube Channel to listen to the themed recorded sessions.

https://www.youtube.com/playlist?list=PLfBuvuA_uMZ_XIS5U9HlxG0QpjwEJ98zQ

Would you like some support for your family?

Please speak to your child's nursery, school, health professional, your local children's centre or a voluntary or community organisation.

SUMMER HOLIDAY PROGRAMME 2021

<https://www.newham.gov.uk/children-families/activities-young-people-newham>

The Summer has finally arrived and with lockdown restrictions easing, it's the perfect opportunity for young people in Newham to benefit from the Summer Holiday Programme, which offers a full range of fun and engaging activities for a variety of ages.

Most of the activities offered as part of the Summer Holiday Programme are face-to-face but there are still a few that are online only. We encourage you to review the information on each activity and follow any restrictions provided by the Activity Organisers.

It's important that we still abide by recommended advice to keep everyone safe. In this holiday programme, we are also providing young people and families with information on how to stay healthy and secure and how to access support should you require it. This programme is also available to access online:

We hope you take advantage of some of the activities available and have a fantastic Summer.

Best wishes

Lynne Crank

Assistant Director,
Youth Empowerment,
Brighter Futures.



SUMMER 21 HOLIDAY PROGRAMME

People at the Heart of Everything We Do



BONNY DOWNS EMPOWER YOUTH PROGRAMME



Activities for Newham young people aged 9-19

- Grow your **sports** skills & **get fit** at top-class facilities
- Try **something new** and find your next **passion**
- Make great new **friends and connections**



- **Sports** including football, basketball, boxing, archery, pool, BMX coaching and more
- **Drop in hub** - chill & get creative with craft, cooking, pizza nights, gaming, table tennis & p
- **Gym** with quality equipment
- **Opportunities** for study, learning & leaders

For more info, visit bonnydowns.org/youth or email youth@bonnydowns.org



Bonny Downs Community Association is a registered charity no 1071625
The Renewal Programme is a registered charity no 275796

T: 020 8586 7070

E: info@bonnydowns.org

<https://bonnydowns.org/youth/>

FREE BMX COACHING
FOR NEWHAM YOUNG PEOPLE AGED 9-19
FORTNIGHTLY ON SATURDAYS 11AM - 1PM
5, 19 JUNE / 3, 17, 31 JULY / 14 AUGUST
FOR FOLLOWING DATES, CHECK OUR WEBSITE

GOOSELEY PLAYING FIELDS BMX TRACK
ST ALBANS AVE
EAST HAM E6 6HU

FOR MORE INFO:
[BONNYDOWNS.ORG/YOUTH](https://bonnydowns.org/youth)
OR 07861 898 521

WITH AWARD-WINNING BMX CHAMPION SILVI
ALL ABILITIES WELCOME, JUST TURN UP!
EQUIPMENT PROVIDED (OR BRING YOUR BIKE)
SESSIONS ARE WEATHER DEPENDENT

Bonny Downs Community Association is a registered charity no 1071625

GO WILD! SUMMER SCHEME 2021

- We invite all Newham 8-14 year olds to Go Wild!
- Joining our Super-Fun Summer Scheme is FREE!
- 5 hours of fun every day for 3 weeks this summer!
- Risk assessed and COVID-safe!



WHEN?

10AM-3PM MONDAYS TO FRIDAYS 19 JULY - 6 AUGUST

CHOOSE THE DATES THAT SUIT YOU OR ATTEND EVERY DAY!

WHAT?

**ZORBING & GIANT INFLATABLES SPORTS CHALLENGES &
COMPETITIONS ARTS & CRAFTS SPECIAL WORKSHOPS
DANCING COOKING DAYTRIPS GAMING AND MORE!**

WHERE?

**THE BOBBY MOORE SPORTS PAVILION & FLANDERS FIELD
118 NAPIER ROAD, EAST HAM E6 2SG**

HOW MUCH?

TOTALLY FREE, THANKS TO GRANT FUNDING!

For more info, visit bonnydowns.org/gowild
or email families@bonnydowns.org



<http://bonnydowns.org/gowild/>

EVENT!



As part of the work to help **tackle racism, inequality and disproportionality** within the borough, the London Borough of Newham developed a programme of 'Open Conversations' with parents and families from Black, Asian and ethnically diverse backgrounds to better understand the lived experience of families and parents.

Open Conversations provided the opportunity for Newham parents/carers to talk openly about their experiences of raising children within the borough and accessing services. As a follow up, the London Borough of Newham is hosting a series of workshops to work together, develop action points and consider how we might start to address some of the issues raised.

These three sessions will be facilitated by Variety Pack – a global diversity and inclusion consultancy organisation. Details of each session and the themes they will focus on are below:

- **Thursday 15th July 2021 (6pm – 8pm): Policing and Youth Justice**
- **Wednesday 21st July 2021 (10am – 12pm): Education and SEND (Special Educational Needs and Disabilities)**
- **Thursday 5th August 2021 (10am – 12pm): Children's Health/Public Health and Housing**

Each workshop will focus on key findings from the 'Open Conversations' and a collaborative session to discuss suggested solutions. As we would like to work with as many parents as possible, if you are interested in attending, please only sign up to ONE workshop. These sessions will be held on-line and the link will be circulated closer to time.

We look forward to having you and if you have any questions, please contact raceequality@newham.gov.uk

Book your place on Eventbrite:

<https://www.eventbrite.co.uk/e/open-conversations-time-to-act-tickets-161389888501>

EVENT!



DICE

Are you a parent / carer of a pre-teens and / or teens?
Are you worried about the challenges and risks young people face in our modern world?

"We thought he was just being a typical teenager spending time on his computer and phone. We didn't know that he was being recruited into crime"

"One of her other friends had gone missing, and they asked who my daughter had been with and she told them and they said these men are possible groomers, I was so naive that I didn't even know what a groomer was"

DICE is a 4 week Parenting Support programme

It provides families with **information**, **advice** and **support** that can help them to provide a **safe and protective environment** for their child or young person

Each session will be **relaxed** and **informal**, with a **variety of activities**, **discussions** and **videos**. There will be a maximum of **12 parents/carers**, providing an ideal opportunity to meet others in similar situations and to share experiences. The programme will take place **virtually** until further notice.

Topics covered:

The Teenage Brain
Exploitation and the grooming process
Digital Dangers
Parenting Top Tips & Support networks

Course Dates:

Course 1 (Weds, 10-12pm), 8th, 15th, 22nd and 29th September 2021

Course 2 (Weds, 6-8pm), 29th September, 6th, 13th and 20th October 2021

Course 3 (Fri, 10-12pm), 1st, 8th, 15th and 22nd October 2021

Course 4 (Thurs, 10-12pm), 2nd, 9th, 16th and 23rd November 2021

Course 5 (Thurs, 6-8pm), 25th November, 2nd, 9th and 16th December 2021

Course 6 (Fri, 10-12pm), 26th November, 3rd, 10th and 17th December 2021

Course 7 (Mon, 6-8pm), 10th, 17th, 24th and 31st January 2022

Book your place on Eventbrite:

<https://www.eventbrite.co.uk/e/dice-parenting-programme-london-borough-of-newham-tickets-162199592347>

EVENT!

WE ARE TOGETHER.



NEWHAM ADOLESCENT EXPLOITATION STRATEGY EVENT

Thursday 15 July 2021, from 4pm-5pm

Join us to hear more about the implementation of the new Adolescent Exploitation Strategy to promote youth safety and keep children, young people and young adults safe from exploitation.

This **free online event** is aimed at all carers and parents in Newham.

Book your place by on Eventbrite:

<https://www.eventbrite.co.uk/e/newham-adolescent-exploitation-strategy-event-5-tickets-161796298083>



YOUTH EMPOWERMENT FUND



Youth Empowerment Funding Information and Guidance
www.newham.gov.uk/yefapply

WE ARE NEWHAM.

People at the Heart of Everything We Do

ABOUT YOUTH EMPOWERMENT AND THE FUND

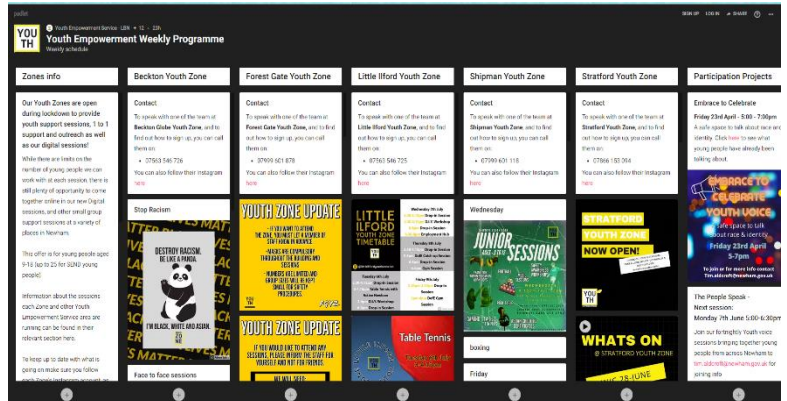
The London Borough of Newham is committed to putting young people at the heart of everything we do. The Mayor and members have agreed amazing plans to make Newham the best place for children and young people to grow and achieve. We are committed to developing the social and emotional learning of young people and creating real opportunities for them to achieve in their communities, in learning and in work.

We are delivering a far reaching offer through a mixture of universal, targeted, intensive, participative and detached youth work services. For more information on Youth Empowerment Services, visit: www.newham.gov.uk/yefapply

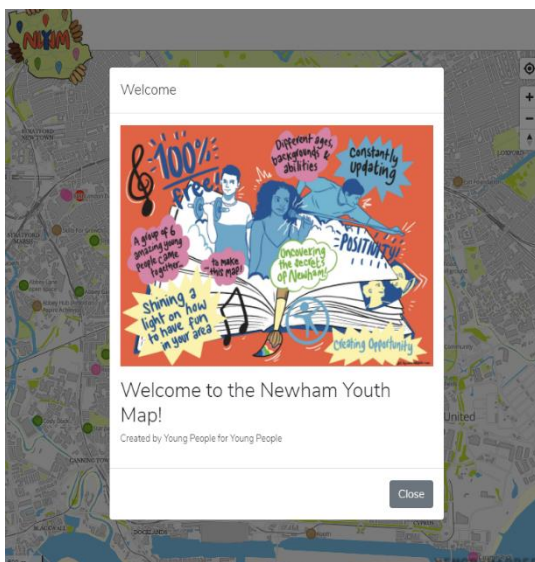
Youth Empowerment Services have created a fund to support young people to achieve their ambition. Whether your ambition is to enrol onto a training programme or you need financial assistance in buying resources to support your school/college course, or you need help to buy sports/arts equipment, the list goes on. If overcoming some barriers for your ambition requires financial assistance we want you to apply!

<https://www.newham.gov.uk/downloads/file/3018/youth-empowerment-fund-guidance>

[Click here for the Youth Empowerment Timetable!](#)



[Click here for the Youth Map!](#)



Coffee & Chat

Theme: Transition



Come together with other parents within your community who are also experiencing their child/ren transitioning from Year 6 to Year 7.

- Open and honest conversations
- Sharing lived experiences
- Tools & Tips

To sign up, please follow the link:
<https://www.headstartnewham.co.uk/get-involved/sign-up-to-headstart/>

For more information, please contact:
headstart.programmeteam@newham.gov.uk



@HeadStartNewham
[headstartnewham.co.uk](https://www.headstartnewham.co.uk)



WEDNESDAYS

14TH JULY @ 10AM

21ST JULY @ 6PM

Sign up for
Coffee and
Chat!

Coffee & Chat

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@HeadStartNewham
[headstartnewham.co.uk](https://www.headstartnewham.co.uk)



WEDNESDAYS

8TH SEPT @ 10AM

15TH SEPT @ 6PM