



Relationships, Sex & Health Education Policy

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Consultation

Boroughwide consultation has taken place via the Newham RSHE consultation group with: Pupils, Parents, Community Groups, Faith Groups, Local Councillors, Teachers, OFSTED, School Governors, LA and Professional Associations

School consultation has taken place with parents, teachers and students although, owing to the Covid interruption, this will also need to be addressed as an early priority with current students and Governors.

Policy statement- Aims and objectives of RSHE

It is the intention of Lister Community School to teach high quality, age appropriate, pupil-sensitive, evidence based RSHE, which demonstrates a respect for the law and all communities that call Newham home. It is expected that RSHE in Lister Community School will help pupils to learn about themselves and the world they live in, giving them the skills, understanding and information they need for life. This will help them to stay safer and to flourish, not just in childhood, but into adulthood and for the rest of their lives. This is why RSHE is such an important part of the curriculum.

Statutory content: RHE

By law secondary schools are required to teach relationships, sex and health education, alongside national curriculum science with-in the context of safeguarding. Here at Lister Community School we acknowledge that parents are a child's first and most effective teacher, and so we will ensure that we have annual meetings with parents and carers to present our RSHE curriculum as well as hear from them about any concerns or questions they have. We are clear that our aim is to educate students about these important subjects alongside parents.

National Curriculum Science

At Key stage 3 and 4, the national curriculum for science includes a recap about menstruation and puberty, teaching about human reproduction and birth, including different contraception methods in KS4, and includes drugs education and the study of sexually transmitted infections (STIs), including HIV. At Lister Community School we choose to teach Science in line with the National Curriculum.

There continues to be no right to withdraw from national curriculum science.

Health Education (Physical Health and Mental Wellbeing)

The aim is to give pupils the information that they need to make good decisions about their physical and mental health and wellbeing. Pupils will recognise what is safe and what could put them and others at risk, and how to seek support at the earliest stage from appropriate sources.

There is no right to withdraw from health education.

Relationships Education

In secondary school, relationships education builds on what has been learnt at primary school concerning positive relationships and progresses to talk about intimate relationships. Lessons will be evidence based, age and culturally appropriate, based on the law and sensitive to the needs of pupils.

There is no right to withdraw from Relationships Education

Safeguarding

Safeguarding is an important aspect of all lessons taught as part of RSHE in our school. Our safeguarding policy will be applied to and supported by all aspects of RSHE and any disclosures or issues arising as part of RSHE will be dealt with according to our safeguarding policy.

Non-statutory RSHE

Sex Education that goes beyond national curriculum science

All secondary schools must teach sex education that is outside of the national curriculum science, but parents can withdraw their children from sex education. Sex education at Lister Community School will be taught by trained staff in an age appropriate and sensitive way and giving due regard to the law. We believe the teaching of sex education alongside relationship education will help to ready students for their life in 21st century Britain. This will include topics like sex, the advantages of delaying sexual activity and the importance of consent, how to build positive sexual relationships, contraception, pregnancy choices, domestic violence, etc.

The right of parents to withdraw their children from non-statutory RSHE

Parents have a right to withdraw their children from non-statutory RSHE, i.e. sex education, following a meeting with a member of the Senior Leadership Team (SLT) to discuss their concerns. The head teacher has the right to deny this request, but must have very strong reasons for doing so. Alternative arrangements will be made for students not attending sex education lessons. The school will document this process.

Equality

The school will comply with the relevant requirements of the Equality Act 2010: schools must not unlawfully discriminate against pupils because of their age, sex, race, disability, religion or belief, gender reassignment, pregnancy or maternity, marriage or civil partnership, or sexual orientation (Protected Characteristics)

The delivery of the content of RSHE will be made accessible to all pupils, including those with SEND

Our school celebrates difference and diversity and bullying of anyone for any reason is not acceptable. It is expected that our relationships education curriculum will lead to a stronger sense of community, mutual respect and give pupils a sense of responsibility, alongside the staff, to keep Lister Community School a safe, inclusive and caring place for all, upholding the core values and ethos of the school.

Monitoring, evaluation and assessment

RSE at Lister is taught through a range of methods:

1. RSHE sessions delivered by trained staff (including, where appropriate, Inclusion staff); and external organisations. This is a curriculum lesson in Years 7 and 8, a unit of taught lessons in Year 9, and through drop-down days throughout the curriculum
2. SMSC activities delivered by Heads of House and tutors
3. Special events and assemblies

To ensure that the teaching and learning in RSHE in our school is of the highest standard, it will be monitored by our RSHE curriculum leader Miranda Adams

The school identifies students' prior knowledge through a starting activity that gauges pupils' starting point in terms of their existing knowledge, skills, attitudes and beliefs. This is used to inform the teacher's planning for that module.

Then, at the end of the topic, module, or lesson an activity is carried out which allows pupils to demonstrate the progress they have made since doing the baseline activity. For example, pupils do a 'mind-map' of everything they know, think or believe and questions they have about the new topic, then at the end of the module they take a different coloured pen and revisit their original mind-map, adding to it, correcting previous misconceptions, answering their original questions and so on.

RSHE and SMSC is also assessed through the Character Award and student feedback

The Safeguarding in the Curriculum Group meets once a half-term to identify local and national trends that may necessitate a change to the curriculum

Resources

The school will draw from a number of educational resources and work closely with the Borough RSHE Steering Group.

It is the role of the RSHE subject leader to ensure that resources are appropriate and up to date for the school's use in teaching RSHE

RSHE curriculum lead teacher

Any queries about this policy should be addressed to Miranda Adams, Jassi Johal or Alice Clay.

Curriculum map.

KEY STAGE THREE			KEY STAGE FOUR	
Year 7	Year 8	Year 9	Year 10	Year 11
Puberty including personal hygiene	Challenging stereotypes	Different types of relationships and recognising unhealthy relationships	Recognising and managing risk	Assessing needs
E-safety	Self esteem	Importance of family life for bringing up children	Dealing with unintended pregnancy	Accessing local and national services
Friendships	Talking about relationships and sex - healthy relationships	Readiness for sex and respecting the right of delaying sexual activity	Sexual Health Services	Dealing with change
Challenging stereotypes	Negative relationships such as gang violence and videos	Consent and the law		
Negative relationships such as gang myths and realities	Social pressures on young people	Sexual health and contraceptive methods		
Getting help and support	Managing risks	Safety online / sexting		
Influence of the media		Recognising the portrayal and impact of sex in the media and social media, such as pornography		

This policy is part of the wider PSHE curriculum, currently to be found here: <https://docs.google.com/document/d/1rNqZts3L-WCLGFnmGhOB8P6egkoz50y/edit>

Statement to parents and carers as on the website:

<https://lister.newham.sch.uk/curriculum/pshe-sm-sc-curriculum-20162017/>

