

THE ENGAGED MIND STAYS SHARP.
BE ENGAGED IN THE HERE AND NOW.

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Equipment

all students must have...



Mobile phones are not to be used in lessons without staff permission

No photos or videos to be taken without permission

No school related images or videos to be uploaded on to social media

Black or blue pen
Pencils
Ruler - 30cm
Protractor
Compass
Rubber
Pencil Sharpener
Purple pen
Scientific calculator
Coloured crayons
Student Organiser
Knowledge Organiser
Locker Key

Knowledge Organisers at Redmoor Academy



Why do we have knowledge organisers?

Your knowledge organisers help you to be successful in many ways. Firstly, they make the key elements of each topic clear, showing you what you need to have an excellent understanding of in order to be successful. If you know these elements, your teacher will help you to understand them.



What are my teachers' expectations of me?

In Year 7 and 8 your teachers will give you homework. You will be spending 20 minutes a week learning information from your knowledge organiser for each subject, with Sparx used for Maths and Literacy. In Year 9 this will increase to 30-40 minutes. Teachers will test you regularly to make sure that you are completing the homework and remembering your knowledge.



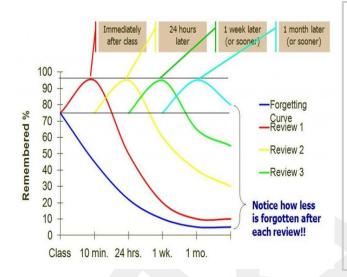
How will my teachers use them?

Core subjects will set homework once a week (others less often). This will help you to learn the most important knowledge for each topic. Teachers will also test you regularly to see how well you have remembered it. Research tells us that this practising is a really good way of helping you make sure that the knowledge stays in your memory. Over time, you will build on this knowledge to make sure that you know everything you need to for your subject. Sometimes you may have high stakes quizzes, where teachers will set a certain score that you have to reach to be successful.

How will they help me to be successful later on?

When it comes to GCSEs, you have lots of information to remember. Your knowledge organisers will gradually build up this knowledge over 5 years to help support you in Year 11. This means that when you revise you will just be recalling knowledge that you have already stored. Also, all of this practice with lots of different revision techniques now will help you when it comes to your final exams.

How we learn at Redmoor



Why reviewing your learning is so important

As soon as we are told a new piece of information, most of that information is 'lost' and forgotten. Hermann Ebbinghaus found that repeating information helps us remember more of it. This means we need to be reviewing and going over what we learn in order for us to remember and be able to use the information after a period of time has passed.

This resource summarises some proven strategies that you can use to review your knowledge.

Common methods of revision that are the **least effective**:

- Highlighting key points
- Re-reading
- Summarising texts



Retrieval practice

Testing what you know is a powerful tool in revision; the effort to remember something really strengthens your memory. Apps such as Memrise and Quizlet allow you to use or create your own quizzes based on topics. Create them, test yourself or get someone to test you. It works!

Learn more about retrieval practice here: <u>Link to the Learning</u> Scientists

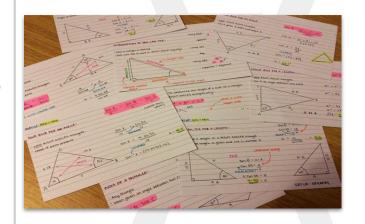
How we learn at Redmoor

Flash Cards

You can use these simply to create questions on one side and answers on the other. You might colour-code the cards for specific topics, and even include keywords and timelines.

Once you have created your flashcards you need to think about how you will use them effectively. There is a link below to a video helping you understand the Leitner system of using flashcards:

YouTube: The Leitner Method



Dual Coding



Dual coding is the process of combining verbal materials with visual materials.

You simply take information that you are trying to learn and draw visuals to go with it.

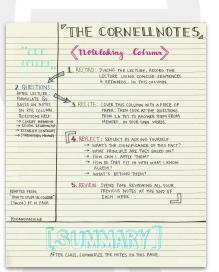
You can learn more about dual coding here: <u>Link To The Learning Scientists</u>

Try to come up with different ways to represent the information. For example, you could draw a timeline, a cartoon strip or a diagram of parts that work together.

Cornell Notes

This method can be used in your revision books as a great method to get you to 'think' about your revision. You simply split your page into 3 sections as shown on the diagram below:

- Note Taking
- Key words / concepts
- Summary



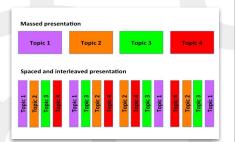
How we learn at Redmoor

Spacing and Interleaving

You shouldn't revise all of your topics in one gothis is called cramming. Instead, you should revise 'chunks' of a topic for small amounts of time, spending around 15-30 minutes on each. Your should then move onto another 'chunk' from a different topic.

Eg. topic 1 is 'cells', topic 2 is the 'digestive system'.

This will improve your memory!



Mind Maps

Mind mapping is simply a diagram used to visually represent or outline information. It is a powerful graphic technique you can use to translate what's in your **mind** into a visual picture.

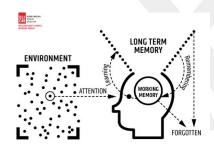
Mind maps help with memorisation of key knowledge as they help to organise information and allow you to begin to make links and connections to different pieces of information. The use of visual images helps your brain to memorise the information with simple words next to them

- and this links to dual coding!



Useful links:

- The learning scientists: https://www.learningscientists.org/
- Memrise: https://www.memrise.com/
- Quizlet: https://quizlet.com/en-qb
- Seneca: https://www.senecalearning.com/



Literacy

Proofreading Guidance

Full Stops & Commas

- A full stop gives a strong pause. It goes at the end of a whole sentence.

e.g. Jake had four brothers. He got on best with Dan who shared his sense of humour.

- A comma gives a short pause and is used to separate items in a list e.g. Bring some milk, eggs, butter and flour.

After introductory words e.g. However.

Between the different parts of a sentence: *Gran, who had been a champion boxer in the sixties, stepped forward.*

<u>Paragraphs</u>

- Change in time, e.g. Later that day, an important letter arrived. -Change in place, e.g. Back at home things were just as bad. / Chile, however, has a population
- Change of subject, e.g As well as mountain biking, I also enjoy swimming...
- Each time a different person speaks:

"Hey, that's my phone!"
"No it isn't - I had it for my birthday."

When we write, we know what we're trying to say, so our brains might skip out words or punctuation. It is important that we proofread to avoid making silly mistakes.

Spelling Homophones

Words that sound the same but are spelt differently.

there , their , they're

They're silly to have left their coats over there where there is wet grass.

your, you're

You're such a good friend to lend me your phone.

to, two, too

Two of my friends are coming to Alton Towers too.

Grammar Errors

I have played tennis. ✓ I of played tennis. X

I should have / should've played tennis.

~

I should of played tennis.

I/she/he were late. X I/she/he was late.

They were late. ✓ They was late. X
You were late. ✓ You was late. X

I ran quick, passing the ball brilliant. I played amazing.

I ran quick<u>lv</u>, passing the ball brilliant<u>lv</u>. I played amazing<u>lv</u>. ✓

Apostrophes

- Use an apostrophe to show possession e.g. John's football is flat.
- Also use an apostrophe for omissions (the apostrophe shows where a letter or letters are missing) e.g. I didn't do it. It wasn't me!

Capital Letters

- At the start of every sentence
- For days, months and celebrations, e.g. Wednesday, April, Easter
- For proper nouns (names of people and places) e.g. James, London, Rutland Water
- For Titles (except the small words) e.g. The Hunger Games, Match of the Day
- For abbreviations e.g. BBC, RSPCA

Correct Tense

Are you using the correct tense? Do not switch from one to another. - For days, months and celebrations,

- Past: e.g. I ran to the shops.
- Present: e.g. I am running to the shops
- Future: e.g. I am going to run to the shops.

Literacy Marking Code:

sp	Spelling mistake
۸	Missing word/letter
0	Capital letter/Punctuation
~~~~	Unclear/poorly worded
//	New paragraph
th	Use a thesaurus
w	Wrong word

# **Talking Points**

# To add an new idea to what someone else has been saying:

- I would like to add to this...
- I would have to agree with you because...
- Another example of this could be...
- Adding on to this, in my opinion...
- We might also consider...
- As well as this, it is important to think about...
- In addition...

# To build on what someone else has been saying:

- This could be developed by considering...
- This links to...because...
- Furthermore, it could be argued that...
- To elaborate further...
- Building onto this...
- Leading from this...
- Taking this one step forward...
- On top of this...

# To challenge someone's ideas and offer the opposite viewpoint:

- I would challenge this idea because...
- On one hand I agree with... However I think...
- On the other hand this idea could be challenged because...
- From another perspective you might argue that...
- Although I can see why ___ thinks... I disagree because...
- Whereas ___ seems to think... instead I think...



# Banned words:

- * You know
- ★ Like
- ★ Isn't it
- * Basically
- * Sort of
- * Kind of
- * Sommit
- ★ Innit
- ★ Dunno
- ★ Gonna
- **★** So...
- * Okay....

Build, Challena

# Redmoor English Department: Romeo and Juliet

BIG QUESTION: To what extent is 'Romeo and Juliet' a tragedy?	
Aristotle	An ancient Greek philosopher who first defined what a tragedy is
Tragedy	A play dealing with tragic events and having an unhappy ending, usually a death
Fate	The belief that your life is mapped out for you, and you cannot change your destiny
Tragic Hero	A character who starts the play well respected but cause their own downfall and demise due to their fatal flaw
Fatal Flaw	A trait of the tragic hero's personality which causes their downfall and death
Catharsis	A feeling of emotional release

<b>BIG QUESTION:</b> How does Shakespeare use language to create
meaning?

_	
Oxymoron	A figure of speech where a writer combines two ideas which are opposites
Metaphor	A figure of speech that is used to make a comparison between two things that aren't alike but have something in common
Foreshadowing	Hinting at events to come later in the text
Imagery	Descriptive language which creates a picture in your mind
Pathetic Fallacy	Using the weather to reflect the mood or atmosphere

<b>BIG QUESTION:</b> How do form and structure create dramatic effects / meaning?	
Structure	The order in which the events in a story occur.
Prologue	A speech addressed to the audience at the beginning of play. It tells the audience what happens
5 Act Play	A five-part structure of a play: prologue, rising action, climax, falling action and denouement
Dramatic Irony	When the audience know something the characters do not
Foreshadowing	When the writer hints at what's to come later in the story
Sonnet	A 14-line poem, usually about love
Soliloquy	When a character gives a speech alone so the audience can hear their thoughts and ideas
Stage Directions	Instructions given from the writer to the actors about what to do, where to move or how to speak

Key Word	Definition
Hierarchy	A system in which members of society are ranked according to status.
Duplicity	Being deceitful or two-faced.
Authority	The power to give orders
Stereotype	A fixed view of people or things
Fate	Destined to happen by supernatural forces out of our control
Loyalty	A strong feeling of support or alliance

# Redmoor English Department: Romantic Poetry

<b>BIG QUESTION:</b> What can we learn about the human condition from studying these poems?	
Sublime	Of great excellence or beauty.
Identity	Who or what a person is.
Atheist	Someone who does not believe in a god or gods.
Nature	The beauty and importance of the natural world.
Childhood	The importance and innocence of childhood.

<b>BIG QUESTION</b> : Why do form and structure matter?	
Trochee	One stressed syllable followed by an unstressed syllable. Known as a 'foot'
Metre	The rhythm of a poem. The number of feet per line.
Trimeter	Three feet per line of poetry.
Enjambment	No punctuation at the end of a line of poetry.
Caesura	A dramatic pause in the middle of a line of poetry, cause by punctuation.
Refrain	A line or phrase repeated within a poem.

BIG QUESTION: How are words powerful?	
Imagery	Descriptive language which creates clear images - this could be religious imagery, natural imagery etc.
Imperative	An order or command. Also, something that is very important or urgent.
Irony	The use of words that actually say the opposite of what they really mean.
Metaphor	A phrase which describes one thing as if it is something else.
Personification	When you give an animal, thing or object qualities that only a human can have.
Symbolism	Where an image or object represents something else.
Tone	An attitude of a writer toward a subject or an audience.
Allegory	Something which has a hidden moral, political or religious meaning.
Allusion	A reference to something without explicitly mentioning it

VOCABULARY BOOST	
Word	Definition
Psychological	Related to the mind.
Didactic	Something intended to teach a lesson (a didactic poem).
Transcend	Go beyond the limits of something.
Profound	A great or intense feeling.
Spiritual	Relating to your thoughts and feelings, opposed to physical body.

# **Redmoor English Department:** The Art of Rhetoric

The Aristotelian Triad	
Ethos	Appeals to the personality or character. Establishes the author's credibility.
Logos	Appeals to reason. Establishes an argument based on logic.
Pathos	Appeals to the emotions of the author's audience.

Key Word	Definition
Rhetoric	The art of persuasive speaking or writing.
Impassioned	Filled with or showing great emotion.
Manipulate	To control or influence cleverly.
Activist	A person who campaigns to bring about social or political change.

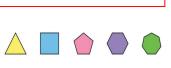
Rhetorical Methods	Example
<b>Analogy:</b> an analogy can be used to help an audience understand unfamiliar things by linking them to familiar ideas.	If that politician gets voted in during the next election, it will be like Donald Trump's reign all over again.
<b>Anaphora:</b> the repetition of a word or phrase at the beginning of multiple sentences.	Now is the time to make real the promises of democracy. Now is the time to rise from the dark and desolate valley of segregation to the sunlit path of racial justice.
<b>Anecdote:</b> a short, amusing or interesting story about a real incident or person.	When I was 13, I decided that I needed to improve my attitude towards my education
<b>Direct address:</b> addressing a person or a group of people directly	Now is the time to lift <u>our nation</u> from the quicksands of racial injustice.
Emotive language: word choices that are made to evoke an emotional response.	The world's wildlife is being <u>brutally slaughtered</u> .

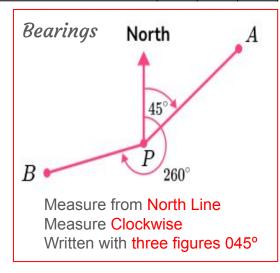
More Rhetorical Methods	Example
<b>Hyperbole:</b> exaggerated statements or claims that are not meant to be take literally.	My shoes are killing me.
Imperative: a command.	If there is one thing I know for certain, it is that this has to stop.
Maxim: a brief expression of a general rule or principle (a short but wise statement)	Do unto others as you want others to do unto you.
Rhetorical question: a question which does not require an answer.	Why, 35 years ago, fly the Atlantic?
<b>Tricolon:</b> a series of three parallel words, phrases or clauses.	We can help all people to see it, to draw hope from it, and to move irresistibly towards 1:1

# MATHS - Assessment 5

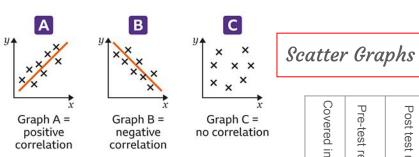
MATHS – Assessment 5		Covered in lessons	Pre-test reflection	Post test reflection
Sparx Code	TOPIC		flection	eflection
U989	Plotting graphs of quadratic functions			
U667	Interpreting graphs of quadratic functions			
U601	Solving quadratic equations graphically			
U665	Combining angle facts			
U826	Angles on parallel lines			
U329	Using quadrilateral properties to find angles			
U427	Angles in polygons			
U525	Measuring and drawing bearings			
U107	Calculating bearings			

# Quadratic Graph y-intercept x roots vertex









Enlargement

Sparx Code	TOPIC	n lessons	eflection	reflection
U696	Rotation			
U519	Enlargement by a positive scale factor			
M881	Mixed transformations			
U322	Types of data			
U520	Comparing populations using diagrams			
U717	Choosing suitable averages and solving problems			
U199	Plotting scatter graphs			
U277	Interpreting scatter graphs			
U128	Using lines of best fit			

# MATHS - Assessment 6

Sparx Code	TOPIC	vered in lessons	re-test reflection	ost test reflection
U312	Interpreting frequency tables with grouped data			
U877	Finding averages from grouped data			
U551	Understanding similarity			
U578	Finding unknown sides in similar shapes			
U790	Understanding congruence			
U866	Congruent triangles			
U187	Constructing triangles			
U632	Understanding column vectors			
U903	Adding and subtracting column vectors			
U564	Multiplying column vectors by a scalar			
U660	Identifying parallel vectors			

Length (x cm)	Frequency	Midpoint	Midpoint × frequency
$0 < x \le 10$	4	× 5	= 20
10 < <i>x</i> ≤ 20	10	× 15	= 150
20 < <i>x</i> ≤ 30	7	× 25	= 175
30 < <i>x</i> ≤ 40	4	× 35	= 140
	25		485

# Grouped Frequency

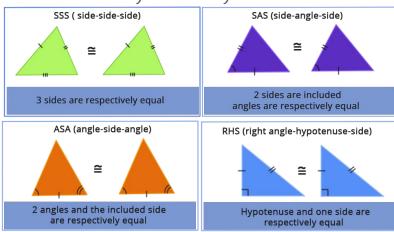
Pr

P

Midpoint Frequency

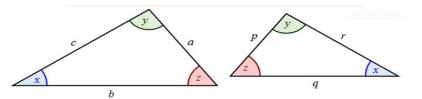
:
Total Frequency

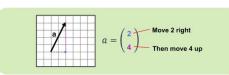
# Congruent Triangles

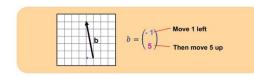


# **Similar Triangles**

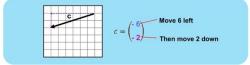
- · Same shape, but not necessarily the same size.
- · Corresponding angles are equal.
- · Corresponding sides are in the same ratio.







Column Vectors



# **Big Questions:**

Energy

System Work done

energy

Dissipation

- 1. How is energy stored and transferred?
- How do we calculate the values of different energy stores?

1. How is energy stored and transferred?

The ability to do work.

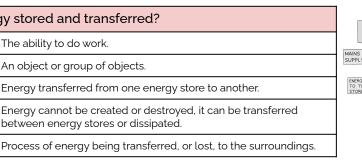
An object or group of objects.

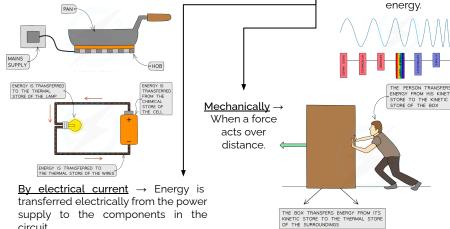
between energy stores or dissipated.

# **GCSE Physics** Dissipation & conservation of energy

# By heating $\rightarrow$ increases the kinetic of the particles in the system, which increases the energy in the thermal store of the object.

circuit.









Energy transferred from one energy store to another.





Kinetic energy

Conservation of

Energy stored in a moving object.



Energy stored in Chemical energy chemical bonds.



Books on a high shelf.



A stretched or compressed spring.

Gravitational potential energy Energy stored in an object above the ground.



Energy stored in a stretched or compressed object.

Energy stored in an object due to their temperature.

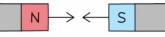
Electrostatic energy

Energy stored in charged objects.

Thermal (internal) energy



Nuclear energy Energy stored in the nuclei of atoms when they split or fuse.



Magnetic energy

Energy stored in magnetic materials when they attract or repel objects.

# How do we calculate the values of different energy stores?

Power	Rate at which energy is transferred. Measured in Watts (W).
Joules (J)	Unit for energy and work done

## **Energy equations**

Gravitational potential gravitational height mass x field strength energy

Energy or work done Power = Time

Useful energy/power output Efficiency = Total energy/power input

**Energy transfers** 

Radiation  $\rightarrow$ 

Electromagnetic

waves transferring

Work done = force x distance

Kinetic energy =  $\frac{1}{2}$  x mass x velocity²

change in Change in thermal energy = mass x specific heat capacity x temperature

Elastic potential energy extension² spring constant x

## **Big Questions:**

- 3. Are all energy transfers useful?
- 4. How can we compare different energy resources and why is this necessary?

# **GCSE Physics Energy transfers & energy resources**

specific heat Change in change in mass x thermal energy capacity temperature

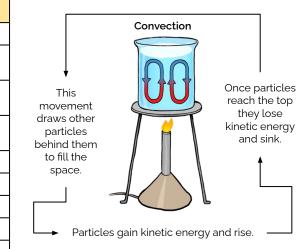


### Conduction

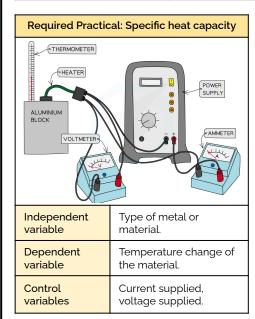
they lose

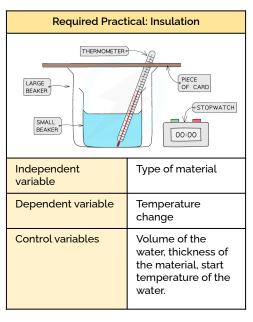
and sink.

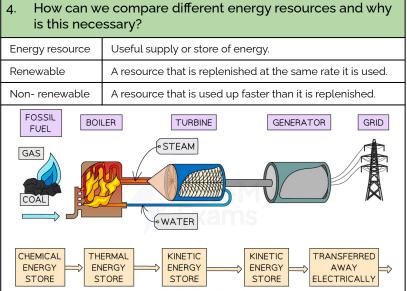
Particles gain kinetic energy and vibrate more. This vibration is passed onto neighbouring particles.



3. Are all energy transfers useful?		
Thermal conductivity	A measure of how well a material conducts energy when it is heated.	
Conductor	A material that allows thermal energy and charge to transfer through it easily. Has a high thermal conductivity.	
Insulator	A material that does not allow thermal energy or charge to transfer through it easily. Has a low thermal conductivity.	
Conduction	The transfer of heat through a material by transferring kinetic energy from one particle to another.	
Convection	The transfer of heat energy through a moving liquid or gas.	
Infrared radiation	Electromagnetic radiation emitted from a hot object.	
Emitted	Process of sending out energy.	
Reflected	When waves bounce off of a surface.	
Specific heat capacity	Energy required to raise the temperature of 1kg of a substance by 1°C.	







## **BIG QUESTIONS:**

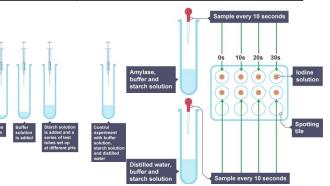
## The topic is split into two sub-topics:

The digestive system;

- Animal and plant organisation
- How are complex organisms organised?
   How does the human system supply the body with nutrients?
- 3. How is oxygen and carbon dioxide exchanged with the air and cells?
- 4. How can someone reduce their risk of developing a non-communicable disease and how can it be treated?
- 5. How are plants adapted to transport food and water and how can this be affected?

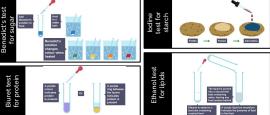
# 1. How are complex organisms organised?

Organelle	A specialised unit within a cell which performs a specific function
Cell	The basic building block of all living organisms
Tissue	A group of cells working together to perform a shared function, and often with similar structure
Organ	A structure made up of groups of different tissues, working together to perform specific functions
Organ system	A group of organs with related functions, working together to perform certain functions within the body
Exchange surface	A surface where substances, e.g gases, food substances, wastes, are moved across membranes.
Multicellular	Having more than one cell.

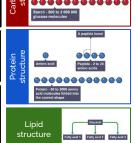


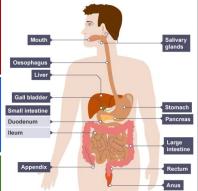
# **Redmoor Science Department**

# GCSE Biology - Organisation $\rightarrow$ Digestive system



Carbohydrates





Heart muscle cell Heart muscle Heart	 Cell Tissue Organ
Circulatory system	System
Lipase works over the surface of the drop	

A drop of lipid

# 2. How does the digestive system supply the body with nutrients?

Source of energy, glucose is the main respiratory substrate.

	37.3
Proteins	Organic compound made up of amino acid molecules Growth and repair.
Lipids	Fat or oils, composed of fatty acids and glycerol. Energy, make up part of cell membranes so essential for normal growth
Digestive system	Organ system involved in breaking down large insoluble molecules into smaller soluble molecules to be absorbed into the bloodstream.
F19-71 /199 G G	A large protein that is a biological catalyst (speeds up chemical

Enzymes reactions) without being used up.

Active site The part of the enzyme to which a specific substrate can bind or fit on to. It has a specific shape.

Substrate

A substance that has a complementary snape to the active site of the enzyme it binds to.

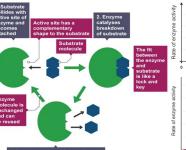
To change the shape of an enzyme's active site due to high temperatures or extremes of pH. The substrate can no longer fit the

active site of the enzyme.

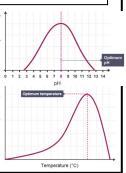
The best or most appropriate - for instance, the conditions under which

Optimum The best or most appropriate - for instance, the conditions under which an enzyme works best.

Emulsify	Process of lipids being broken down tiny droplets. Tiny droplets have a much larger surface area, over which lipases can work, than larger pieces, or drops of lipid.
Bile	A substance produced in the liver. It emulsifies fats to prepare them for digestion.
Stomach acid	Acid produced by the stomach that gives protease enzymes an optimum pH.



A substance that has a complementary shape to the active site of the



# Qu'est-ce que tu aimes regarder à la télé/au cinéma? What do you like to watch on TV/at the cinema?

Opinion (1)	Verb(2)	Noun(3)	Noun(4)	Connective(5)	Quality Vocab(6)	Verb(7)	Adjective(8)
l'adore	regarder	les actualités	les films de guerre	parce que	on me dit que	c'est	émouvant.
love	to watch /	the news	(the) war films	because	people say that	it is	moving.
'aime assez	watching	les dessins animés	les films policiers		il faut admettre		triste.
quite like		(the) cartoons	(the) crime films	car	que	ce n'est	sad.
l'aime beaucoup		les feuilletons	les films d'action	because	I must admit that	pas	effrayant.
really like		(the) soaps	(the) action films		heureusement	it's not	scary.
e n'aime pas du tout don't like at all		les jeux télévisés	les films de	puisque	fortunately		comique.
e déteste		(the) game shows	science fiction	as	malheureusement	ça peut être	funny. <b>banal.</b>
e deteste hate		les publicités (the) adverts	t(the) sci-fi films		unfortunately je dirais que	it can be	dull.
e préfère		les séries	(the) love films		I would say that	it can be	romantique.
prefer		(the) series	les comédies		c'est vrai que		romantic.
e ne supporte pas		les émissions de	romantiques		it's true that		idiot.
can't stand		télé-réalité	(the) Rom-Coms		ce n'est pas vrai		stupid.
can i stana		(the) reality TV shows	les films d'horreur		que		original.
		les émissions de	(the) horror films		it's not true that		original.
		sport			pour moi		bizarre.
		(the) sports shows			for me		weird.
		les documentaires			selon mes amis		formidable.
		(the) documentaries			according to my		great.
		la météo			friends		3
		the weather forecast			j'estime que		
					I reckon that		

# Tu aimes quelle sorte de musique? What sort of music do you like?

Opinion (9)	Verb(10)	Noun(11)		Opinion (12)	Connective(12)	Reason (13)
J'adore I love J'aime assez I quite like J'aime beaucoup I really like Je ne supporte pas I can't stand	écouter to listen to/ listening to	de la musique rap (some) rap music de la musique RnB (some) RnB music de la musique pop (some) pop music de la musique rock (some) rock music de la musique classique (some) classical music des chansons françaises (some) French songs des chansons anglaises (some) English songs	et and mais but	mon chanteur préféré est my favourite male singer is  ma chanteuse préférée est my favourite female singer is  mon groupe préféré est my favourite group is	car (because) parce que (because) puisque (as)	j'aime les mélodies. I like the tunes. j'aime les paroles. I like the lyrics. j'adore les chansons. I love the songs. il est génial. he is great. elle est fantastique. she is fantastic.

Verb(15)

je joue

I play

je fais

je regarde

I watch

je vais

ie mange

I go

I eat

l do

PVS(16)

au

at (m)

at (pl)

aux

du

de la

de l'

la

un

en

to

au

du

de la

to the (m)

some (m)

a (m)

the (f)

some (m)

some (f)

some (v)

Noun(17)

foot.

vélo.

télé.

ville

town

cinéma

cinema

poulet.

chicken.

pizza.

TV.

cycling.

natation.

swimming.

équitation.

horse riding.

match de foot.

football match.

football.

jeux vidéos.

video games.

Subordinate Clause(18)

avec mes ami(e)s.

avec mes copains.

with my mates (m).

avec mes copines. with my mates (f).

avec ma famille.

avec mon équipe.

chez mon ami(e).

chez mon père.

at my dad's house.

au centre sportif.

at the sports centre.

at my friend's house.

with my family.

with my team.

chez moi.

en ville.

in town.

au collège.

at the restaurant.

at school. au restaurant.

au parc.

at the park.

at my house

with my friends.

Time Phrase(14)

Normalement,

Normally,

Usually,

D'habitude,

Le weekend,

Pendant la

semaine,

At the weekend,

During the week,

Quelquefois,

De temps en

From time to

Souvent,

Rarement,

Often,

Rarely

temps,

time,

Sometimes,

Tout le temps, All the time, Tous les jours, Every day		some (f) de l' some (v) des some (pl)	pizza. ananas. pineapple. frites. chips.	dans ma chambre in my room.
Tous les soirs, Every evening,	j'écoute I listen	de la some (f)	musique. music.	
Tous les weekends, Every weekend,	je retrouve I meet	mes my (pl)	amis. friends.	

Qu'est-ce que tu vas faire? What are you going to do?

Time Phrase (19)	Verb(20)	PVS (21)	Noun(22)
	<b>je jouerai</b>	au	rugby.
	I will play	at (m)	rugby.
Demain,	<b>je ferai</b>	du	footing.
	I will do	some (m)	jogging
Tomorrow,  Ce weekend, This weekend.	je regarderai	la	<b>télé.</b>
	I will watch	the (f)	TV.
La semaine prochaine,	<b>j'irai</b>	à la	bibliothèque
	I will go	to the (f)	library.
Next week,  Le weekend prochain,	Je mangerai	des	chips.
	I will eat	some (pl)	crisps.
Next weekend,	j'écouterai	de la	musique.
	I will listen	some (f)	music.
	je retrouverai	mes	amis.
	I will meet	my (pl)	friends.

## Qu'est-ce que tu as fait? What did you do?

Time Phrase (23)	Verb(24)	PVS(25)	Noun(26)
	<b>j'ai joué</b>	au	netball.
	I played	at (m)	netball.
<b>Hier,</b>	<b>j'ai fait</b>	de la	danse.
Yesterday,	I did	some (f)	dance.
Ce weekend,	j'ai regardé	une	série Netflix.
This weekend,	I watched	a(f)	Netflix series.
La semaine dernière, Last week,	je suis allé(e) I went	au to the (m)	parc. park.
Le weekend dernier, Last weekend,	j'ai mangé I ate	<b>chez</b> at	McDo. McDonald's.
	j'ai écouté	un	podcast.
	I listened	a (m)	podcast.

Tense Perfect

**Future Tense** 

# HISTORY THEMATIC STUDY: C&P-PUNISHMENTS

# KT1: c1000-c1500 medieval England

1066 William crowned King - end of Anglo-Saxon England
1352 Hang, Draw and Quarter: brutal punishment for treason introduced
Capital punishment: death penalty /
Capital crime: crime carrying the death penalty

Corporal punishment: punishment involving harm to the body, e.g whipping Mutilation: punishment that maims or removes part of the body

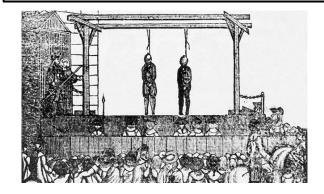
Wergild: a fine that was paid to the family of a victim in Anglo-Saxon England

William of Normandy: becomes William I

after Battle of Hastings

Stocks and pillories: devices that put

criminals on public view





# KT2: c1500-c1700 early modern England

1576 Houses of Correction begin1605 Gunpowder Plot1660 Transportation begins1680s The Bloody Code beginsCarting: criminal is paraded

around the streets to shame/humiliate them

**Bridewells (Houses of** 

**Correction):** and hard labour aim to reform

The Bloody Code: series of laws extend the death penalty to many minor crimes

Transportation: removing the criminal to another country (1st US colonies then Australia)



# **Aims of Punishment**

**Deterrence:** To warn others not to commit the same offence

# Reform/Rehabilitation

To help the criminal improve their behaviour in the future, through making them think about their actions or giving them skills to avoid criminality in the future

Removal: To physically remove the criminal from society or the country

Compensation: The victim, government or society is paid back for the trouble or harm caused by the criminal Retribution: The punishment should fit the crime so victims are satisfied

# HISTORY THEMATIC STUDY: C&P-PUNISHMENTS



# KT3: c1700-c1900 18th & 19th C Britain

1776 End of Transportation to America

1778 Transportation to Australia starts

1823 Gaols (Jails) Act (Peel's reforms)

**1832** Punishment by Death Act - reduces number of capital crimes to 60

1839 Prisons Act introduces Separate System

1842 Pentonville Prison opens

1865 Prisons Act introduces Silent System

1857 Transportation to Australia ends

1868 End of public executions

Prison Hulk: old ships used as prisons, very unsanitary

**Separate System:** prison system aimed to reform through useful work

Silent System: harsher evolution of the separate system involving

pointless hard labour, aim now changed to deterrence

Pentonville Prison: blueprint for purpose built silent system prisons Reformers: people who want to change punishments for the better (be careful not to mix up with reform as an aim of punishment)

John Howard: Reformer - Inspected prisons and suggested improvements

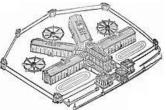
Elizabeth Fry: Reformer - Visited women's prisons and campaigned to improve them

Robert Peel: Reformer - Home Secretary who introduced prison reform laws

Jeremy Bentham: Reformer - influenced aims of punishment and prison design











# KT4: c1900-present modern Britain

1902 First Borstal opens

1933 Hanging of under 18s ended

1933 First open prison

1952 Derek Bentley Case

1965 Death Penalty ends

1972 Community Service introduced

1990s Electronic tag introduced

**Borstal:** reform schools for offenders under 18 years old

Attendance Centre: young offenders' last chance before Young Offenders Institution (YOI)

Open prison: Prison where offenders could leave to work in the day Parole: where a prisoner is released early if they behave well in prison Probation: where an offender avoids a prison sentence but is closely monitored

Ruth Ellis/Derek Bentley/Timothy Evans: Controversial trials which made the public question the death penalty



## **Aims of Punishment**

**Deterrence:** To warn others not to commit the same offence

# Reform/Rehabilitation

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# Computing

# Cyber Security

Malware	Stands for malicious software. Software that is designed to disrupt or damage a computer
Virus	A type of malware that inserts itself into normal programs so when that program runs, so does the virus
Worm	A type of malware that can spread itself without the need to insert itself into another program
Trojan	A type of malware that disguises itself as software that you would want to run
Spyware	A type of malware that collects data about activities on a computer then sends it back to the attacker e.g. recording passwords entered
Adware	A type of malware that shows unwanted adverts

Social Engineering	Where people (e.g. employees, users) are targeted when attacking a computer or network
Phishing	A social engineering attack, when an attacker sends emails pretending to be a company such as a bank to try and convince someone to hand over sensitive information such as passwords and credit card numbers
Brute Force Attack	A social engineering attack, when an attacker keeps trying to guess someones password until they get it right

Prevention	
Eavesdropping	When an attacker uses software to intercept data that is being transferred, either by cable or wireless
Encryption	Where data is scrambled using a keyword so it can't be read if it is intercepted
Anti-malware software	Software that can scan your computer and find malware. Once found it can be quarantined or removed from the computer

Hacking	Hacking				
White Hat Hacking	An attacker who hacks legally. Usually they have been paid to hack a computer system and will then hand the company information about where their security problems are so the company can fix the problems that have been found				
Grey Hat Hacking	An attacker who hacks illegally and for the fun of it or for the challenge. They can sometimes be referred to as 'troll hackers'				
Black Hat Hacking	An attacker who hacks illegally and wants to cause harm or disruption. They can often be trying to make money by using data that has stolen to either be sold or used for blackmail				

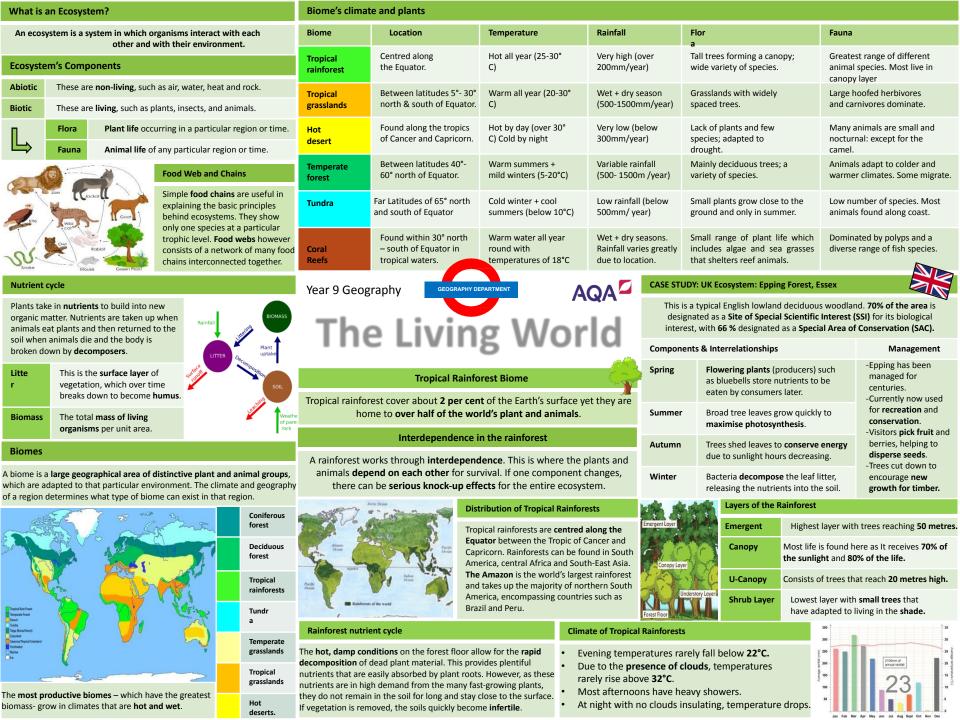
# **Year 9 Computing**

# Office IT Skills

Word Processing To	erminology
Cursor	a flashing vertical bar on the screen that indicates where entered text or objects will be placed in the document
Document	The file that is created using a word processor
Formatting	How the document will look in its final form on the screen and when printed.
Margin	The white space between the edge of the page and where text or other items can be placed in your document. Margin settings can be adjusted to include more or less space around the edge of the page
Alignment	The way text is arranged in the document between the margins. Text can be left aligned, right aligned or centered.
Header	An area that appears at the top of every page in a document
Line Spacing	The amount of white space between lines of text in a paragraph
Toolbar	The buttons that provide a shortcut way of performing a commonly used function
Table	A collection of text, data or other items that are arranged in columns and rows.

Spreadsheet Terminology		
Cell	A single rectangle on a spreadsheet that can hold a single value	
Range	A collection of cells	
Formula	A calculation that can be written to work something out based on what is in a range	
Function	Like a formula but preset and part of the software. They usually have a keyword e.g. SUM, AVERAGE, IF	
Worksheet	A collection of cells organised in rows and columns	
Workbook	A collection of worksheets	

Database Terminology		
Database	An organised store of data, either paper based or electronic	
Record	All of the data about one person or thing (also known as a row)	
Field	One specific piece of data about a group of things (also known as a column)	
Table	A collection of records storing data about one type of thing	
Query	A search for a specific piece of data in a database	



## Tropical Rainforests: Case Study Malaysia

## **Cold Environments Case Study: Svalbard**

Malaysia is a LIC country is south-east Asia. 67% of Malaysia is a tropical rainforest with 18% of it not interfered with. Svalbard s a Norwegian territory in the Arctic Ocean and the most northerly permanently inhabited group of islands in

However, Malaysia has the fastest rate of deforestation compared to anywhere in the world Rainforest inhabitants

**Orangutans** Large arms to swing & support in the tree canopy.

Adaptations to the rainforest

Issues related to biodiversity

to speed plant growth.

these vital components.

being unable to survive.

Impacts of deforestation

**Economic development** 

income for countries.

Soil erosion

deforestation.

employment and tax income for

Once the land is **exposed by** 

can easily wash away.

climate becomes drier.

**Climate Change** 

deforestation

the soil is more vulnerable to rain.

-With **no roots to bind soil together**, soil

-Trees are carbon 'sinks'. With greater

greenhouse emissions in the

anhance the green barren offers

-When trees are burnt, they release more carbon in the atmosphere. This will

-When rainforests are cut down, the

comes

Mining, farming and logging creates

+ Products such as palm oil provide valuable

The loss of biodiversity will reduce tourism.

Main issues with biodiversity decline

Keystone species (a species that are important of other species) are

extremely important in the rainforest ecosystem. Humans are threatening

Decline in species could cause tribes

Plants & animals may become extinct.

Why are there high rates of biodiversity?

Warm and wet climate encourages

a wide range of vegetation to grow.

There is rapid recycling of nutrients

Most of the rainforest is untouched.

**Drip Tips** 

Lianas & Vines

Allows heavy rain to run off leaves easily.

Climbs trees to reach sunlight at canopy.

Many tribes have developed sustainable ways of survival. The rainforest provides inhabitants with...

- Food through hunting and gathering.
- Natural medicines from forest plants. Homes and boats from forest wood

# What are the causes of deforestation?

### Logging Agriculture



TUNDRA: Winter temps as low as -20, short, but quite Large scale 'slash and burn' of

land for ranches and palm oil. Increases carbon emission.

- River saltation and soil erosion increasing due to the large areas of exposed land.
- Increase in palm oil is making the soil infertile

vulnerable areas.

indigenous tribes

to human diseases.

Mass tourism is resulting in the

building of hotels in extremely

Lead to negative relationship

between the government and

Tourism has exposed animals

### Mineral Extraction

Precious metals are found in the rainforest.

Most widely reported cause of

create commercial items

Timber is harvested to

Violent confrontation

logging companies.

destructions to biodiversity.

such as furniture and paper.

between indigenous tribes and

- Areas mined can experience soil and water contamination. Indigenous people are
- Key medical plants may become extinct. becoming displaced from their land due to roads being built to transport products. **Energy Development**



conditions for hvdro-electric power (HEP). The Bakun Dam in Malaysia is key for creating energy in this

The **high rainfall** creates ideal

developing country, however, both people and environment have suffered. Sustainability for the Rainforest

Roads are needed to bring supplies and provide new mining areas, settlements

and energy projects. In Malaysia, logging companies use an extensive network of roads for heavy machinery and

to transport wood.

Uncontrolled and unchecked exploitation can cause irreversible damage such as loss of biodiversity, soil erosion and climate change.

## Possible strategies include:

of deforestation

- Agro-forestry Growing trees and crops at the same time. It prevents soil erosion and the crops benefit from the nutrients.
- Selective logging Trees are only felled when they reach a particular height.
- Education Ensuring those people understand the consequences
- Afforestation If trees are cut down, they are replaced.
- Forest reserves Areas protected from exploitation. Ecotourism - tourism that promotes the environments & conservation

Distribution of the world's cold environments Cold environments are located at, and

surrounding the North and South Pole. The very most north and south points have

Polar Biome. Tundra climate is found between 90 and 60 degrees north. Major characteristics of cold environments

warm summers, high amounts of snow, Permafrost (permanently frozen), infertile soil, soils may be

waterlogged, low growing flowering pants

the world. It experiences Polar and Tundra climates. The main town of Longyearbyen has a population of 2700.

Adaptations

POLAR: Temp as low as -50, low precipitation, permanently frozen soil, some plants like Moss and Lichens, Polar Bears in

cold environments

Major characteristics of

Arctic, Penguins in Major Antarctic Characteristics of Cold Environments

Different parts of the cold environment ecosystem are closely linked together and depend on each other. especially in a such a harsh environment.

# Adaptations to the cold environments

Arctic Fox Lives on cliff sides for shelter, white fur to camouflage, one of thickest furs of all mammals.

Bearberry Red berried plant. Low growing and thick stems to survive strong winds, leathery leaves to retain moisture n dry climate, hairy stems to retain heat,

# Opportunities and challenges in Cold Environments - Svalbard

# Opportunities

Mineral extraction: coal mining vital. Employs 300+ **Energy Development:** coal mined on island is burned to generate electricity at Longyearbyen power station. Is Norway's only coal fired power station. Geothermal energy used as sits on constructive plate margin

Fishing: Barents Sea home to reserves of Cod, Herring and Haddock. Fishing monitored by Norway and Russia to ensure sustainability

Tourism: 70,000 visitors a year (30,000 on cruise ships). Longyearbyen harbour has been enlarged. 300 jobs for locals communities. Most people use snowmobiles.

Challenges

Extreme Temp: temps fall to -30 in Winter. Dangerous to work outside (frostbite). Several layers of clothing must be worn which makes work difficult

Construction: Construction (houses, shops, roads, harbour facilities, mines) is difficult due to temp and limited daylight hours. Most construction happens in Summer Accessibility: Only reached by plane or ship. Limited transport around the 5 islands. One international airport. Only 50kn of road in Longyearbyen - none serve outlying

### Tundra wildlife takes a long time to recover

### Oil Spills Polluted rivers and habitats, risk of fire,

**Threats to Cold Environments** 

Cold Environments are fragile.

forest cleared for building of pipes

Off Road Vehicle Damage Takes place in summer when snow has

melted which make soil soggy. Can take decades for the soil to recover

## on wildlife for hunting and fishing Species

Inuit live in Arctic Alaska - depend

Why do we need to protect cold envs?

Cold Envs Indigenous Tribes

Home to many birds, animals and plants

National Oceanic and Atmospheric Scientific Research Unpolluted and unspoilt environments are important for scientific research n climate change

# Strategies to manage

Use of Tech: Trans Alaskan Pipeline (raised and insulated to not melt permafrost, raised to allow animal migrations, earthquake resistant) Action by Governments: Natural Environment Policy Act (protects rights of native people from Oil companies)

Administration (oversees sustainable fishing) International Agreements: Antarctic

Conversation Groups: WWF

# Year 9 Art - Portraits

# How does the use of colour generate an emotive response?

- Artist Bisa Butler draws from an array of vibrant patterned fabrics to create portraits of everyday people.
- She uses representational colours, favoring layered jewel-toned hues to form the skin of her Black subjects, and often groups figures together into strong silhouettes.
- She began using fabric in her paintings in college, and then converted to guilting as a way to continue her dedicated art practice while protecting her young daughter from toxic materials and fumes.
- She would often start her pieces with a black and white photo which would allow her to tell the story.
- The portraits tell stories that may have been forgotten over time.

# How can line express meaning?

Mark making describes the different lines, dots, marks, patterns, and textures to create in an artwork. It can be loose and gestural or controlled and neat. It can apply to any material used on any surface: paint on canvas, ink or pencil on paper, a scratched mark on plaster, a digital paint tool on a screen, a tattooed mark on skin. Artists use gesture to express their feeling and emotions in response to something seen or something felt - or gestural qualities can be used to create a purely abstract composition.

For pencil or pen-and-ink drawing, using hatching is one of the easiest and cleanest ways to fill in the dark areas. By drawing fine lines that are more or less parallel, the area as a whole is perceived as being darker than the individual lines are in reality.

Cross Hatching adds a second layer of lines that are drawn in the opposite direction. The second layer of lines are applied at right angles. Using cross hatching builds the illusion of darker tones.

Stippling involves placing individual dots across a surface in a pattern that will be identifiable, especially when viewed from a distance; the further you are, the more your mind is forced to fill in the gaps on its own. Basically, instead of drawing a circle, you compose this shape with tiny dots, and shade it the same way to create the impression of depth.











Why capture a portrait?

A portrait is a **representation** of a particular person. A self-portrait is a portrait of the artist by

back at least to ancient Egypt, where it

the invention of photography, a painted,

importance, virtue, beauty, wealth, taste,

learning or other qualities of the sitter.

record the appearance of someone.

the artist. Portraiture is a very old art form going

flourished from about 5,000 years ago. Before

sculpted, or drawn portrait was the only way to

But portraits have always been more than just a

record. They have been used to show the power,



# How has impressionism influenced work of today?

Impressionism developed in France in the nineteenth century and is based on the practice of painting **spontaneously** 'on the spot' rather than in a studio from sketches. Main impressionist subjects were landscapes and scenes of everyday life Instead of painting in a studio, the impressionists found that they could capture the momentary effects of sunlight by working quickly, in front of their subjects, in the open air rather than in a studio. This resulted in a greater awareness of light and colour and the shifting pattern of the natural scene. Brushwork became rapid and broken into separate dabs in order to **render** the fleeting quality of light.





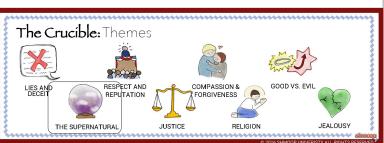


# **Drama Keywords** The distances between characters/actors in a play. It shows their feelings & emotions- not through speaking! How meaning is created through systems of signs & symbols of drama. All elements that makes up a theatrical performance- the audience read & interprets them (costume, lighting, etc.) To show your emotions towards someone or a situation with your body. How a character stands, e.g. upright, hunched, slumped. Movements of parts of the body, often hands, armsor head. E.g. pointing, waving, shrugging. As any sound produced by mechanical or human means to create for the audience a noise or sound associated with the play being produced

Year 9 Drama Summer Term 'The Crucible' by Arthur Miller Arthur Miller The Crucible

# What are we going to do?

- We are going to be looking at the GCSE set text 'The Crucible'
- We will look at the plot, characters and themes
- We will be exploring extracts of key scenes
- We will be using skills and techniques learnt throughout KS3 to explore extracts as a director, designer and performer



Drama techniques, skills and technical theatre

**Proxemics** 

Semiotics

**Posture** 

Gesture

Sound effects

**Body Language** 

# Year 9 Drama Summer Term Live Theatre Project

## What are we going to do?

- Watch sections of a range of plays across different styles, genres and playwrights
- Learn about the different roles involved in creating live theatre eg. lighting designer, costume designer, set designer, actor, director
- Learn how to analyse live theatre and how to create and communicate meaning for an audience

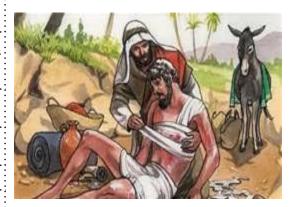


# ME - Prejudice and Discrimination - Key Terms

STEREOTYPE	Oversimplified idea or mental image of a group of people.
TOLERANCE	Respecting the beliefs and practices of others.
COMMUNITY	A collection of people who live and work together to help each other so everyone benefits.
SCAPEGOATING	When you blame or use a particular group as an excuse for a problem.
PREJUDICE	To prejudge someone without good reason. What a person thinks and feels.
JUSTICE	Bringing about what is right, fair according to the law or making up for a wrong that has been committed.
DISCRIMINATION	To treat someone differently because of a prejudice against them. How a person acts and behaves.
HARMONY	To live peacefully with understanding and respect.
EQUALITY	Where everyone has the same value and importance.
MINORITY	A small group often discriminated against by larger groups.
POSITIVE DISCRIMINATION	Where benefits are given to those who usually face negative discrimination.
RACISM	Treating someone unfairly because of the colour of their skin (race).
SEXISM	Treating someone unfairly because of their gender.
AGEISM	Treating someone unfairly because of their age.
НОМОРНОВІА	Treating someone unfairly because of their sexual orientation.

## The Parable of the Good Samaritan

On one occasion an expert in the law stood up to test Jesus. "Teacher," he asked, "what must I do to inherit eternal life?" "What is written in the Law?" he replied. "How do you read it?" He answered, "Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind; and, 'Love your neighbour as yourself.' "You have answered correctly," Jesus replied. "Do this and you will live." But he wanted to justify himself, so he asked Jesus, "And who is my neighbour?" In reply Jesus said: "A man was going down from Jerusalem to Jericho, when he was attacked by robbers. They stripped him of his clothes, beat him and went away, leaving him half dead. 31 A priest happened to be going down the same road, and when he saw the man, he passed by on the other side. 32 So too, a Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan, as he traveled, came where the man was; and when he saw him, he took pity on him. He went to him and bandaged his wounds, pouring on oil and wine. Then he put the man on his own donkey, brought him to an inn and took care of him. The next day he took out two denarii[c] and gave them to the innkeeper. 'Look after him,' he said, 'and when I return, I will reimburse you for any extra expense you may have." "Which of these three do you think was a neighbour to the man who fell into the hands of robbers?" The expert in the law replied, "The one who had mercy on him." Jesus told him, "Go and do likewise.".

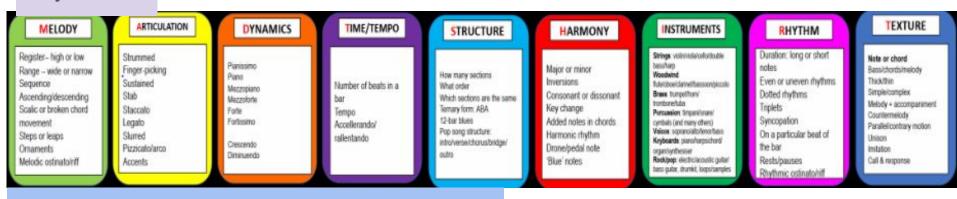


Everyone is made in the image of God'

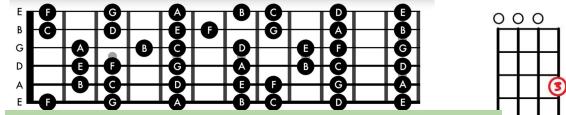
'Love your neighbour as yourself"

There is no difference between men and women,
Jews and Gentiles we are all one in Christ' 27

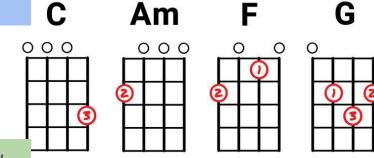
# Key terms:

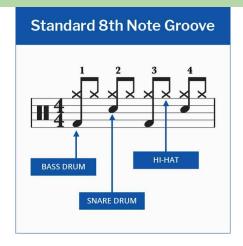


# Key information for a stringed instrument:



Key information for a percussion instrument:







# **Questions:**

musical performance? Do you know how to rehearse a piece of music? Can you play in time with others? Can you play your own part in time with others? Can you lead a group?

What are the key features of this

G

# Year PE 9 - Athletics

# TRACK EVENTS

<u>SPRINT</u> 100M, 200M, 300M, 400M <u>MIDDLE DISTANCE</u> 800M,1500M, 3000M <u>HURDLES</u> 80M (G), 100M (B), 300M (G), 400M (B)

KEY TERMS

SKILLS / TECHNIQUE

START

POSTURE

PACTNG

LEG AND ARM ACTION

COORDINATION OF LEGS

AND ARMS

STRIDE PATTERN

The sport of competing in track and field events, including running races and various competitions in jumping and throwing.



SHOT PUT
DISCUS
JAVELIN
LONG JUMP
TRIPLE JUMP
HIGH JUMP



<u>Jump</u> Run up

TAKE OFF Flight

LANDING

THROW

INITIAL STANCE

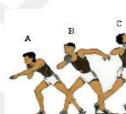
GRIP

PREPARATION

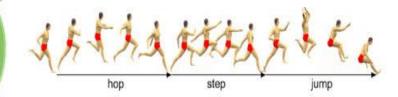
MOVEMENT

RELEASE

RECOVERY

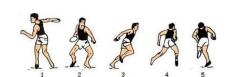






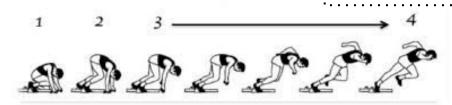
# Questions

- Can you lead track or field warm up to a small group?
- 2. Can you demonstrate a sprint start?
- 3. Can you improve your pace on long distance running?
- 4. What are the 4 phases of a throwing event?
- 5. Can you identify and carry out correct safety for throwing events?



YOU CAN FIND OUT MORE ABOUT BRITISH ATHLETICS BY VISITING THIS WEBSITE:

WWW.BRITISHATHLETICS.ORG.UK/ATHLE



# PE - Striking and Fielding Y9

Bowling and Pitching

- ?
- Can you lead a S&F specific warm up to at least half of the class?
- 2. What skills do you need to have to outwit your opponents?
- 3. Can you evaluate and justify your fitness component strengths in S&F?
- 4. Can you evaluate and justify your fitness component weaknesses in S&F?
- 5. Can you apply tactical strategies to a game?

# Cricket - Bowler

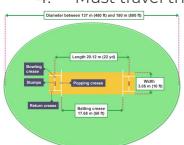
- 1. The bowler must not throw the ball, but bowl the ball overarm at the stumps, which are at either end of a 22-yard area called a wicket.
- A batter is declared out if the bowler knocks off the bails of the stumps with a delivery.

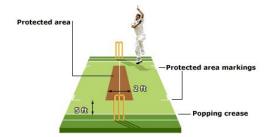
# Rounders - Bowler

- 1. Must bowl under arm
- 2. They must bowl from inside the bowling square
- 3. The ball must be between the batter's shoulder and knee
- 4. The ball must travel through the batting square

## Softball - Pitcher

- 1. Must bowl under arm
- 2. Must reach 6f in flights
- 3. Must be between batters shoulder and waist at the base
- 4. Must travel through the base









- Ne y vvc	<u> Mus / Skilis</u>
Grip	Umpire
Stance	Call
Shot	Out
Catch	
Swing	
Hips	





## RULES AND REGULATIONS

There are two teams of five players.

Players cannot hold the ball for longer than five seconds

FOOTWORK - A player must not move their landing foot before passing the ball.

CONTACT - Fouls are given for hitting, holding or pushing an opponent. A FOUL on the shooter gives them 1-3 free throws (each 1 point).

**DOUBLE DRIBBLE** - To dribble the ball with two hands at the same time or to dribble, stop, and then begin to dribble again.

**TRAVEL** - To move the pivot foot illegally, fall to the floor without maintaining a pivot foot or to take 3 steps without dribbling the ball.

Once the attacking has brought the ball across the mid-court line, they cannot go back across the line during possession.

BACKCOURT VIOLATION - Touching the ball in the backcourt after it has entered the frontcourt or failing to bring the ball from the backcourt into the frontcourt within the allotted time of 8 seconds.

# Year 9 **Basketball**



# KEY TERMS

Players cannot remain in the **KEY** for 3 seconds or more.

**SCREEN** - to prevent a defender from guarding a teammate by standing in the defender's way. The player must remain stationary; a moving screen is an offensive foul.

**TECHNICAL FOUL** - A foul assessed for unsportsmanlike non-contact behaviour, (eg.having too many players on the floor). Penalized by loss of possession after a free throw.

**VIOLATION** - An infraction of the rules other than a foul, such as traveling or a three-second violation.

# COMPONENTS OF FITNESS FOR BASKETBALL

Cardiovascular fitness - the ability to work the whole body for long periods without tiring.

Agility - Being able to change direction quickly.

Balance -Being able to keep your body stable when still or moving.

Coordination - using 2 or more body parts at once.

Power - Combines strength and speed.

HOW CAN YOU APPLY THESE TO BASKETBALL?

# APPLICATION OF SKILLS

- 3 man weave, moving screen
- **Decision making**
- Demonstrate communication on court
- Positional strengths
- Adhere to the rules and safety advice Speed The ability to move quickly.

PASSING & RECEIVING - chest, bounce, javelin, overhead

SHOOTING - lay-up, reverse lay-up with weak hand, set, jump

**DRIBBLING** – either hand, changes of direction, pace, crossover, spin

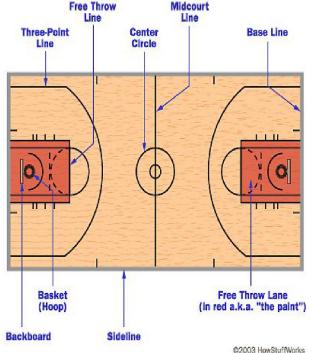
**REBOUNDING & BOXING OUT** 

FOOTWORK - pivot, stop.

# SKILLS IN ISOLATION

What components of fitness do you need for basketball?

When do you score 2  $\star$ points and 3 points?



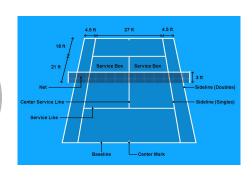
# PE - Tennis Year 9

Singles - In order to win the **game**, a **player** must win at least four points. If you are up 40-30, 40-15 or 40-love, and win one more point, you win the **game**.

Doubles - The **rules** for **doubles** are the same as singles, except the wider court is used. Players within a pair do not have to hit alternate shots. However, the serve rotates so that each player serves once every fourth game.

Skills in isolation	Application of Skills
Forehand Lob	Tactical application: movement pressure, variation, deception, serve and volley
Backhand Lob	Appropriate shot selection with length, height, speed and angle
Drop shot	Take into account opponents strengths and weaknesses.
Serve	Demonstrate communication effectively in doubles.

Can you identify any famous singles and doubles players?





- I. Can you lead a tennis specific warm up to at least half of the class?
- 2. What skills do you need to have to outwit your opponents?
- 3. Can you evaluate and justify your fitness component strengths in tennis?
- 4. Can you evaluate and justify your fitness component weaknesses in tennis?
- 5. Can you apply tactical strategies to a game?