

# Braunstone Frith

## School Menus...



### Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Danish Pork Meatballs served in a Tomato and Basil Sauce with Pasta	Freshly Made Cottage Pie Served with Fresh Broccoli and Yorkshire Pudding	All Day Breakfast - Bacon, Sausage, Hash Brown and Beans	Roast Chicken Dinner served with Roast Potatoes and Fresh Vegetables	Fish Fingers served with Curly Fries and Spaghetti Hoops
Vegetables Meatballs	Vegetable Cottage Pie With Fresh Broccoli	Vegetable Sausage, Hash Browns, Beans and Mushrooms	Quorn fillet served with Roast Potatoes and Vegetables	Vegetable Burger served with Curly Fries and Spaghetti Hoops
Jacket Potato with Tuna/Cheese / Beans with Salad	Cheese / Tuna Mayo Wrap with Carrot/ Pepper and Cucumber Sticks	Jacket Potato with Tuna Mayo / Cheese / Beans and Salad	Cheese / Tuna Mayo Wrap with Carrot/ Pepper and Cucumber Sticks	Jacket Potato with Tuna/Cheese / Beans with Salad
Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day

### Week 2

Toad in the Hole served with Mashed Potatoes Broccoli and Cauliflower with Yorkshire Pudding	Spaghetti Bolognaise served with Whole Green Beans and Garlic Bread	Freshly Made Cheese Flan served with Diced Potatoes and Baked Beans	Chicken Curry served with Basmati Rice, Mixed Veg and Naan Bread	Filet of Fish served with Diced Potatoes and Garden Peas
Vegetable Toad in the Hole	Vegetable Bolognaise served with Whole Green Beans and Garlic Bread	Sausage Roll with Diced Potatoes and Baked Beans	Vegetable Curry served with Rice and Naan Bread	Vegetable Nuggets served with Potatoes Wedges and Garden Peas
Jacket Potato with Tuna Mayo / Cheese / Beans and Salad	Cheese / Tuna Mayo Wrap with Carrot, Pepper and Cucumber Sticks	Jacket Potato with Tuna Mayo / Cheese / Beans and Salad	Cheese / Tuna Mayo Wrap with Carrot, Pepper and Cucumber Sticks	Jacket Potato with Tuna Mayo / Cheese / Beans and Salad
Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day

### Week 3

Lincolnshire Sausage served with Cheesy Mash and Baked Beans	Beef Burger in a Bun served with Potatoes and Veg	Chicken Tikka Masala served with Basmati Rice and Naan Bread	Pepperoni Pizza served with Diced Potatoes and Spaghetti Hoops	Chicken Goujons served with Potatoes and Baked Beans
Vegetable Sausage, Cheesy Mash and Baked Beans	Vegetable Burger served with Potatoes and Veg	Vegetable Korma served with Rice and Naan Bread	Cheese and Tomato Pizza served with Diced Potatoes and Spaghetti Hoops	Vegetable Nuggets served with Herby Diced Potatoes and Baked Beans
Jacket Potato with Tuna Mayo / Cheese / Beans and Salad	Cheese / Tuna Mayo Wrap with Carrot, Pepper and Cucumber Sticks	Jacket Potato with Tuna Mayo / Cheese / Beans and Salad	Cheese / Tuna Mayo Wrap with Carrot, Pepper and Cucumber Sticks	Jacket Potato with Tuna Mayo / Cheese / Beans and Salad
Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day

Our help yourself salad cart will be available daily, and a selection of fresh fruit, cheese & biscuits and yoghurts are available daily as alternative desserts.

If you would like information on which foods contain allergens please ask a member of the catering team who will be happy to help.

