

## Week 1

# HotStuff



# Grab & Go!

|                                                                                                                                  |                                                                                                                                           |                                                                                          |                                                              |                                                                                  |                                                                                                                                          |                                                                                 |
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| <b>Monday</b><br><u>Break</u><br>Bacon bap Dairy Free<br><small>Breadcake May contain nuts</small><br>2 x Crumpets & Butter<br>V | Mc Cheese & broccoli<br>Pasta Bake<br>With Homemade<br>garlic slice V                                                                     | B.B.Q Pulled Pork<br>& Stir fry In<br>Wholemeal Bread<br>bun<br>Dairy Free               | Homemade<br>Apple &<br>Raspberry<br>Crumble with<br>Custard  | Baked potatoes with a<br>selection of hot fillings<br>cheese<br>G.F V Dairy Free | Pasta pots –<br>Choice of 4 fresh sauces<br>including vegetarian<br>options V Dairy Free<br>SOME SAUCES ARE G. F<br>G.F Pasta on request | Freshly prepared<br>sandwiches, meat and<br>vegetarian options. V<br>Dairy Free |
| <b>Tuesday</b><br>Warm Currant V<br>Teacake & Butter<br>Hash Browns x 3 V G. F                                                   | Homemade Margarita pizza<br>with oven Herb wedges<br>and salad<br>V                                                                       | Chicken<br>Med Veg<br>Cheese Fajita<br>Wrap<br>Dairy Free<br>Request no cheese           | Homemade<br>Chocolate<br>Sponge with<br>chocolate<br>custard | Baked potatoes with a<br>selection of hot fillings<br>cheese<br>G.F V Dairy Free | Pasta pots –<br>Choice of 4 fresh sauces<br>including vegetarian<br>options V Dairy Free<br>SOME SAUCES ARE G. F<br>G.F Pasta on request | Freshly prepared<br>sandwiches, meat and<br>vegetarian options. V<br>Dairy Free |
| <b>Wednesday</b><br>Bacon bap Dairy Free<br><small>Breadcake May contain nuts</small><br>Pizza V                                 | Roast Gammon, Yorkshire<br>Pudding, Carrots, Peas &<br>Sweetcorn, Roast Potatoes<br>& Gravy<br>Dairy Free & G.F (Request no<br>Yorkshire) | Hot Ham &<br>Tomato Cheese<br>Baguette<br>Or Hot cheese<br>and Tomato<br>Baguette V      | Homemade<br>Vanilla<br>Sponge with<br>Custard                | Baked potatoes with a<br>selection of hot fillings<br>cheese<br>G.F V Dairy Free | Pasta pots –<br>Choice of 4 fresh sauces<br>including vegetarian<br>options V Dairy Free<br>SOME SAUCES ARE G. F<br>G.F Pasta on request | Freshly prepared<br>sandwiches, meat and<br>vegetarian options. V<br>Dairy Free |
| <b>Thursday</b><br>Pizza V<br>Warm Currant<br>Teacake & Butter V                                                                 | Homemade Chicken Korma<br>With peppers & onions<br>50/50 Rice<br>Homemade Naan Bread<br>G.F (Request no bread)                            | Cod Fish fingers<br>lettuce in a<br>sesame seed Bun<br>Dairy Free V                      | Homemade<br>Lemon Drizzle<br>Sponge with<br>Custard          | Baked potatoes with a<br>selection of hot fillings<br>cheese<br>G.F V Dairy Free | Pasta pots –<br>Choice of 4 fresh sauces<br>including vegetarian<br>options V Dairy Free<br>SOME SAUCES ARE G. F<br>G.F Pasta on request | Freshly prepared<br>sandwiches, meat and<br>vegetarian options. V<br>Dairy Free |
| <b>Friday</b><br>Bacon bap Dairy Free<br><small>Breadcake May contain nuts</small><br>pizza V                                    | Chicken Nuggets and Chips<br>Quorn Nuggets and Chips<br>In bags<br>Dairy Free V                                                           | 100 % Beef burger<br>& cheese in a<br>sesame seed bun<br>Dairy Free request<br>no cheese | Assorted<br>fresh fruit<br>and Cakes<br>or cookies           |                                                                                  | Pasta pots –<br>Choice of 4 fresh sauces<br>including vegetarian<br>options V Dairy Free<br>SOME SAUCES ARE G. F<br>G.F Pasta on request | Freshly prepared<br>sandwiches, meat and<br>vegetarian options. V<br>Dairy Free |

Please check daily allergen sheet in school as suppliers' ingredients are subject to change