





PSHCE Topic Map

	Relationships & Sex Education		Careers & Financial Education
	Health and Wellbeing		Citizenship



year 7

year 8

year 9


key stage 4

 **Diversity**
Building relationships

Discrimination
Identity and relationships

Respectful relationships
Intimate relationships

Healthy relationships
Addressing extremism and radicalisation
Communication in relationships
Families

 **Transition and safety**
Health and puberty

Drugs and alcohol
Emotional wellbeing

Peer influence, substance use and gangs
Healthy lifestyle

Mental health
Exploring influence
Building for the future
Independence

 **What are Fundamental British Values?**
Communities

Government
Legal systems
Campaigning for change

Global Citizenship
Consumer Rights
Extremism

Voting systems
Government spending
Diversity & tolerance
Media


 **Developing skills and aspirations**
Financial decision making

Community and careers
Digital literacy

Setting goals
Employability skills

Financial decision making
Readiness for work
Next steps

PSHCE Progression Map

	Relationships & Sex Education		Careers & Financial Education
	Health and Wellbeing		Citizenship

