

ADHD Drop-In

Join our friendly drop-in to share experiences of parenting a child with ADHD

- Supportive environment
- Find out more about local support services
- No need to book
- Refreshments



Deckham Family Hub, Elgin Road, NE9 5PA

Helping our community thrive



“It’s so useful speaking
with other parents on
the same journey as us”

Join us on the following dates and times:

2026

Monday, 21st September, 5:30-7pm
Friday, 25th September, 9:30-11:30am
Friday, 4th December, 9:30-11:30am
Monday, 7th December, 5:30-7pm

2027

Friday, 19th March, 9:30-11:30am
Monday, 22nd March, 5:30-7pm
Monday, 21st June, 5:30-7pm
Friday, 25th June, 9:30-11:30am

For further information please contact (Mon-Fri):

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Mobile: 0772 699 753

Email: parenting@gateshead.gov.uk

