

Bensham Nursery 2026



Menu Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Tomato & basil pasta topped with cheese with Garlic Bread, broccoli, cauli, carrot mix	Gammon slice, Yorkshire pudding, mash potato, diced carrots & green beans & gravy	Chicken curry with naan bread finger and brown rice with peas & sweetcorn	Mince & dumplings, mash potato, vegetable trio & gravy	Fish fingers with potato waffles and baked beans wholemeal bread
Nonmeat option		Quorn fillet in gravy, Yorkshire pudding, mash potato & diced carrot & green beans	Vegetable curry with naan bread finger and brown rice with peas & sweetcorn	Veggie mince & dumplings, mash potato, vegetable trio & gravy	Veggie fingers with Chips and baked beans wholemeal bread
Sweet Treat	Chocolate & pear sponge and Custard	Puree peaches & yoghurt	Ice cream & mandarins	Rice pudding with berry compote	Apple Crumble and Custard
Light Tea	Jacket potato with cheese or tuna mayo, pepper sticks Homemade cookie	Ham & cheese homemade muffin pizza or cheese & tomato muffin pizza with vegetable sticks Melon slices	Savoury cheese & courgette muffin with cucumber sticks Homemade cookie	Beans on toast Mini orange muffin with orange segments	Wholemeal sandwich fingers with chicken or cheese with vegetable sticks Fruit selection

Menu Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Veggie pattie, mini waffles & baked beans, wholemeal bread	Chicken fillet in gravy, crushed baby boiled potatoes, Yorkshire pudding carrot & sweet mash	Wholewheat pasta bolognaise with garlic bread & vegetable fingers	Savoury mince with Yorkshire pudding, mash potato & Carrot & sweetcorn mix	Salmon bites with potato waffles and crushed peas wholemeal bread
Nonmeat option		Quorn fillet in gravy, roast potatoes, Yorkshire pudding & carrot & swede mash	Veggie wholewheat tomato pasta with garlic bread & vegetable fingers	Savoury mince Quorn with Yorkshire pudding, mash potato & Carrot & sweetcorn mix	Veggie bites with potato waffles and crushed peas, wholemeal bread
Sweet Treat	Apple & berry stew & custard	Rice pudding & jam	Fruit smoothie & peach puree	Fruit jelly, yoghurt pot	Chocolate & beetroot brownie with Custard
Light Tea	Wholemeal bread chicken or cheese fingers with vegetable sticks Mini chocolate muffin with pear slices	Ham & cheese homemade muffin pizza or cheese & tomato muffin pizza with Cucumber sticks Fruit selection	Cheese scone With broccoli florets Homemade cookie	Jacket potato with cheese or tuna mayo & cucumber sticks Melon slices	Ham and soft cheese or soft cheese wholemeal fingers with vegetable sticks banana

Menu Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Cheese macaroni bake with garlic bread & broccoli, cauli & carrot mix	Savoury mince & Yorkshire pudding, mash potato, diced carrot & sweetcorn mix & gravy	Chicken fillet with crushed baby potatoes and carrot & swede mash & gravy	Vegetable cottage pie with carrots & green beans & gravy	Fish cake with Waffles and baked beans, wholemeal bread
Nonmeat option		Veggie mince & Yorkshire pudding, mash potato, diced carrot & sweetcorn mix & gravy	Quorn fillet with baby potatoes and carrot & swede mash & gravy		Veggie fingers with Waffles and baked beans, wholemeal bread
Sweet Treat	Pineapple cake and Custard	Apple & berry compote & yogurt	Banana Custard	Fruit jelly & cream	Fruit crumble & custard
Light Tea	Beans on toast Homemade cookie	Jacket potato with cheese & tuna mayo & cucumber sticks Fruit fingers	Ham and soft cheese or soft cheese wholemeal fingers with vegetable sticks Mini Carrot muffin	Homemade cheese muffin pizza or cheese & tomato with cucumber sticks Homemade cookie	Wholemeal bread sandwich with chicken or egg mayo and vegetable sticks Melon slices