



Year 8 Information Evening

Welcome to Aylesbury High School

- Mrs Saunders Head of Year 8
- Mrs Queralt Deputy Head and DSL





Our Vision

‘Developing uniquely talented young adults, who are independent, strong and confident’





Our Values

Through our curricular and co-curricular activities we want everyone in our community to share these values:

Confidence

Respect

Engagement

Aspiration

Teamwork

Enjoyment



Behaviour and attendance

A calm, orderly environment aids learning and makes the school a safe and pleasant place to be for all our community

- Our behaviour curriculum outlines our expectations and our Behaviour Policy is on our [website](#)
- Students have the behaviour matrix in their Form room
- We issue far more rewards and celebrate these throughout the year and at our Presentation Evening in the Summer term





Aylesbury High School

Prepare, Challenge & Inspire



Select Language ▾

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'My daughters have been so happy here. I know it was the right school for them.' Parent

All the latest...

[News](#)

[Events](#)

[Twitter](#)



Aylesbury High School

Prepare, Challenge & Inspire

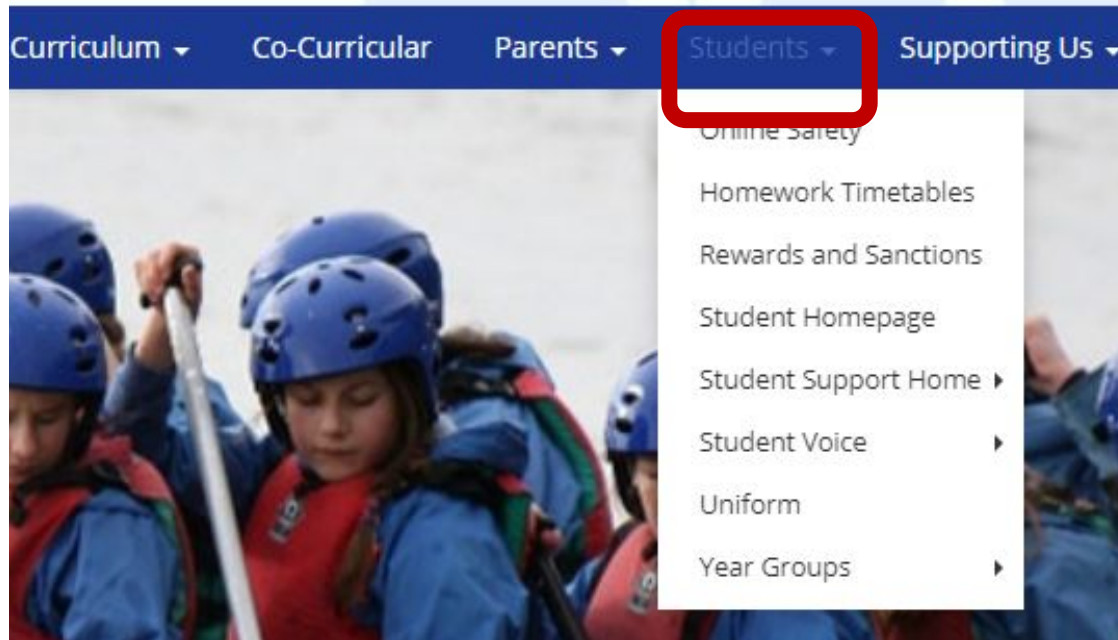
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- AHSA
- Consultation Evenings
- The AHS School Fund
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- ParentMail
- Request for financial assistance
- Uniform Shop
- What's Cooking?

Developing independence, strength
and confidence





Developing independence, strength
and confidence





Welcome to the Year 8 area of the website

The Head of Year 8 is **Mrs S Saunders** ssaunders@ahs.bucks.sch.uk

Year 8 form tutors are as follows:

8A Mrs L Davison-Fox	8H Miss C Mabey	8S Mrs O Lu
8C Mr P Morris	8M Mrs C Wootton	8W Mr P Gelinis

Please do email them if you have any concerns you would like to discuss. They are often teaching during the school day, but Mrs Sheed, the Key Stage 3 Pastoral Support Assistant, is often the best first point of contact on 01296 388222.

To report an absence due to illness or other unforeseen circumstances, please contact the **school's absence line on 01296 388230 on each day of the absence**. Alternatively, you can email **Mrs Sheed** on dsheed@ahs.bucks.sch.uk each day. Please include details of your **daughter's name, form** and **the reason** for absence in your message.

Whilst your daughter is in this Year Group, you will find copies of relevant information booklets, homework timetables and letters home below.



Student Support Home

SUPPORT CENTRAL



Inclusion and Diversity



Medical



Online Safety



Special Educational Needs and Disability



Student Wellbeing



Young Carers

Developing independence, strength and confidence



Calendar

Below is the Aylesbury High School calendar, showing many of the important dates for your diary. If you are looking for a specific event, you may find these links useful:

[Yr 7](#) [Yr 8](#) [Yr 9](#) [Yr 10](#) [Yr 11](#) [Yr 12](#) [Yr 13](#) [Music Events](#) [Sport Events](#) [House Events](#)

Today October 2022 Print Week Month Agenda						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
26	27	28	29	30	1 Oct	2
Y13 Spanish Students to		4:30pm Y12 & Y13 Drama st	9:15am Y6 Open Morning - P	Y13 Paris Trip 2022 (X26)		
Week B		9am Yr 7 Hockey Tournamer			2pm Y11 -Silver Training Wa	
6pm Sports Presentation Ev		6:30pm Welcome to Y10 eve				
3	4	5	6	7	8	9
Week A		8:45am Student voice meeti			7:30am Greenpower F24 Int	
3:30pm Governors: T&L 1		Y7 A&C to Green Park - Tri	Y7 H&M to Green Park Traj	Y7 S&W to Green Park - T	8am U14's Hockey Tournam	
10		4pm STEM TALK - Harding H		7:30pm AHSA Meeting		
Week B		5:15pm Governors: FGB 1			Y11 Geographers to Dorset to 16/10 @5.00 pm (x 65 students)	
17		8am U16's Hockey Tournam	4:30pm Y7 - Lion King Trip (8am ESAA Cross Country Cu		
Week A		9:15am Y6 Open Morning			+2 more	
24		8:15am Y6 Open Morning	8:15am Y6 Open Morning	8:15am Y6 Open Morning	INSET Day	
		5:15pm Governors: Personne				
24	25	26	27	28	29	30

Year 8 Events

Year 8 Events

Y8 Information evening

October 11, 2022

Y8 A C H M (x 120) to Aberdyfi

January 9, 2023

Y8 S and W (x60) to Aberdyfi

January 16, 2023

Immunisations (Y8 HPV)

January 25, 2023

Y8 Consultation Evening

May 9, 2023

Y8 - London Theatre Trip (x80)

July 12, 2023

Developing independence, strength and confidence





Curriculum Implementation

Key Stage 3

Key Stage 3

In Years 7, 8 and 9 we aim for a broad curriculum. We want our students to have the opportunity to experience many of the subjects on offer to them in KS4. We value the skills obtained from creative subjects and nearly a third of a Key Stage 3 student timetable is made up of the creatives – Art, Computing, Dance, Drama, Music, PE and Technology. All students have swimming lessons throughout KS3 and we have the benefit of a shared pool with AGS to facilitate this. Our Year 7 students learn three languages – French, German and Spanish and choose two of these to continue with in Year 8 and Year 9. In Science, our students will start learning GCSE material just before Christmas of Year 9 as this ensures they can cover the content to an appropriate depth by the end of Year 11. It also gives them an opportunity to appreciate the three separate sciences before starting Y10. Because of this, Y9 Science is taught as Biology, Chemistry and Physics with specialist teachers.

Our Learning for Life (L4L) programme delivers areas of the curriculum that are not covered by academic subjects as well as complementing some of the skills they will learn in their other lessons. It allows us to cover Relationships and Sex Education (RSE), Spiritual, Moral, Social and Cultural development, British Values and Careers education. Throughout our L4L curriculum we aim to create confident, resilient individuals capable of making informed decisions and making the most of opportunities that will help them to live happy, healthy lives.





Year 8

- **Risk Avert** lessons on why teenagers take risks and how to keep themselves safe.
- Followed by advice on **drugs and alcohol** and County Lines
- Follow up on **digital safety** with a focus on sexting and cyber bullying
- **Body image** and the media
- **Mental Health** - how to talk about MH, reducing the stigma around MH, causes, symptoms, treatments, positive coping strategies such as the Five Ways to Wellbeing
- **Relationships and Sex** education including: different kinds of relationships, consent and control, contraception, safe sex







Childnet
International

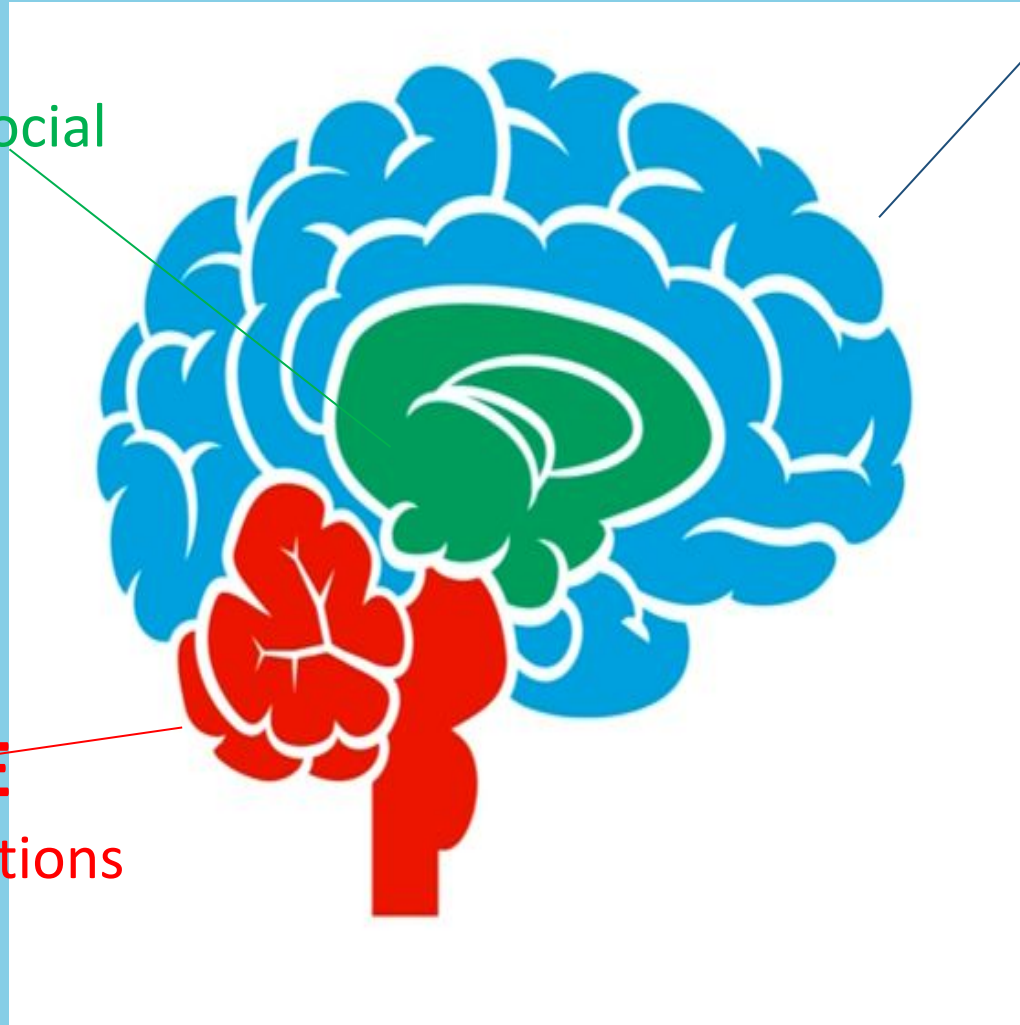
CROSSING THE LINE

"Just send it"



FEELING

Emotions & social
Experiences
Anger
Fear
Pleasure



THINKING

Stores memories
Thinks
Plans
Communication
Decision making
(overriding the
primitive brain
responses)

PRIMITIVE

Basic life functions
Breathing
Moving
Scans the environment for
threats

A



B



C

ACTIVATING EVENT

- Fact
- Who, what, when, where

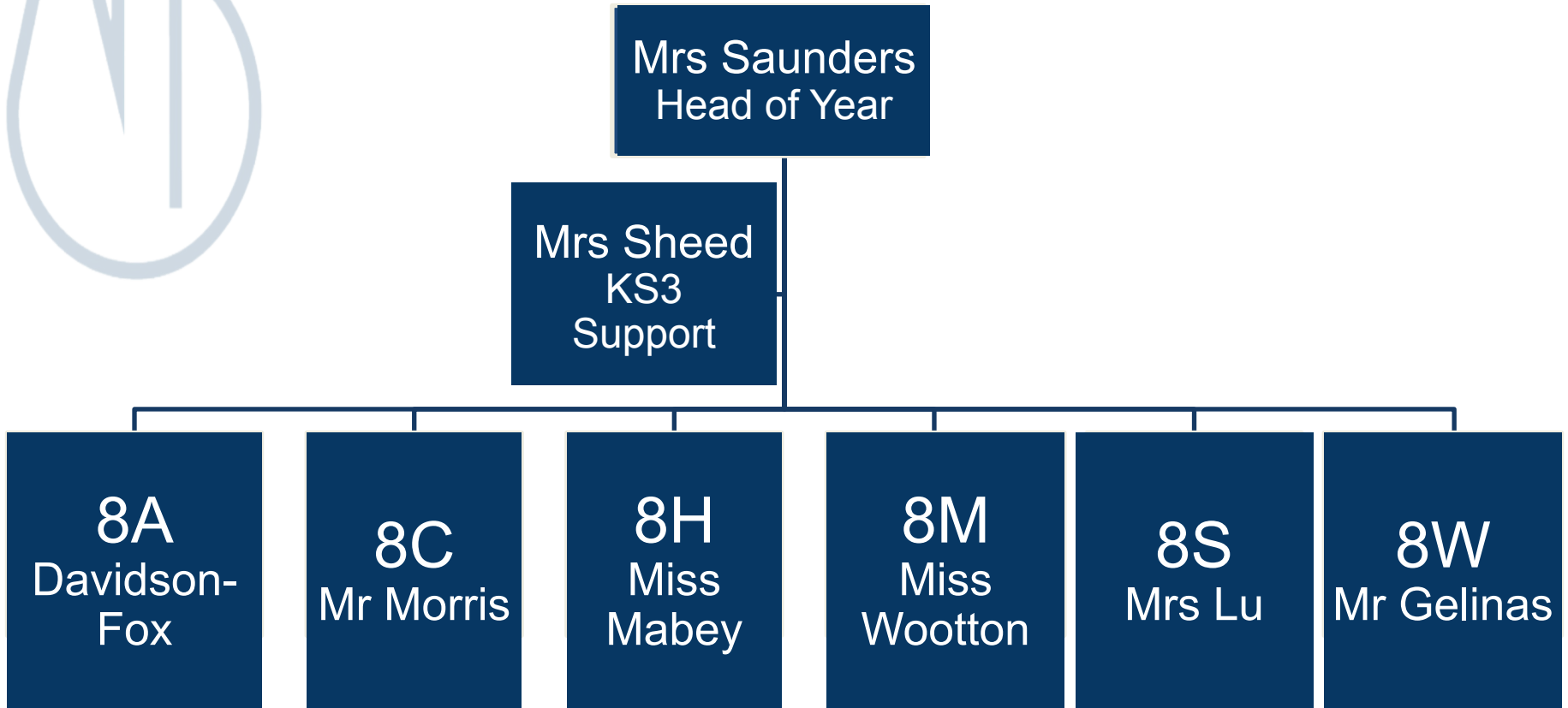
BELIEFS

- The thoughts in our mind in that moment
- Explaining the causes and implications
- Often tough on ourselves and others

CONSEQUENCE

- What we feel (emotions)
- How we act (behaviour)







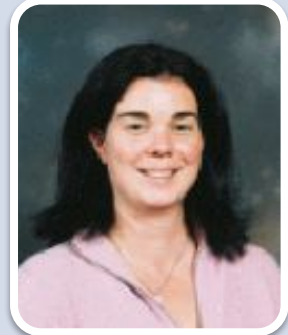
Mrs Queralt
Assistant Head



Mrs Westcott
**Wellbeing,
Young Carer &
Safeguarding
Manager**



Mrs Nix
Matron




Mrs Crafts
SENDCo

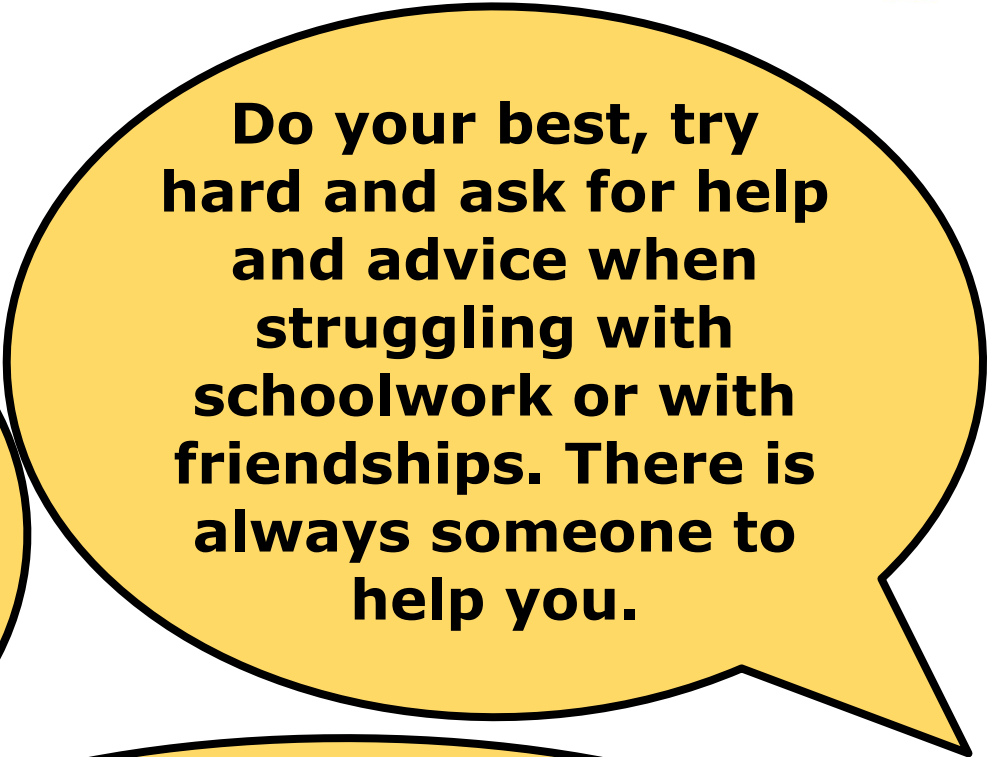
Try to do the homework the night you get it but don't get too stressed over things because it makes everything a lot harder. Afterwards you will realise you were probably over-thinking things.

Join as many clubs as you can and grab every opportunity thrown at you. Year 8 is one of the best years you will ever have.


Make the most out of Aberdyfi. If your parents are not sure - persuade them! You not only make more friends with other forms but you get to know more about yourself.

A yellow speech bubble with a black outline and a tail pointing towards the top left. It contains the text:

Work hard and have fun. Join in activities (such as House Events) and get to know other people in different forms and year groups.

A yellow speech bubble with a black outline and a tail pointing towards the bottom right. It contains the text:

Do your best, try hard and ask for help and advice when struggling with schoolwork or with friendships. There is always someone to help you.

A yellow speech bubble with a black outline and a tail pointing towards the bottom left. It contains the text:

Definitely go to Aberdyfi - one of the best experiences of my life!



- Clear correlation between attendance and success
- Holidays in term time are not authorised
- Ring absence line by 8.30 am
- Leave of Absence form on website
- Students should check Google Classroom, ask their buddy rep and/or their subject teachers about work they have missed once they are back





**THE
OUTWARD
BOUND TRUST**



27th year!

AYLESBURY HIGH SCHOOL & THE OUTWARD BOUND TRUST

**8 – 12 January 2024
8A 8C 8H 8M**

**15 – 19 January 2024
8S 8W**



Develop
and confidence

WHY OUTWARD BOUND®?



A STUDENT'S PERSPECTIVE

- Exciting activities
- Amazing places
- Make new friends *and* get to know my classmates better
- Build my skills, boost my confidence



WHY OUTWARD BOUND®?



A PARENT'S PERSPECTIVE

- New places
- Away from home but supervised
- Confidence and new skills
- OB is the industry benchmark for good safety practice
- Highly qualified instructors
- No hidden extras



WHY OUTWARD BOUND®?



THE AHS PERSPECTIVE

- Can't do everything in the classroom
- Personal Development
- Year 8 is a good time
- Highly qualified instructors who understand young people!
- Safety standards
- Location, location, location



AHS

Aberdyfi

Aylesbury





Develop
and con



Outward Bound







16 °C | °F

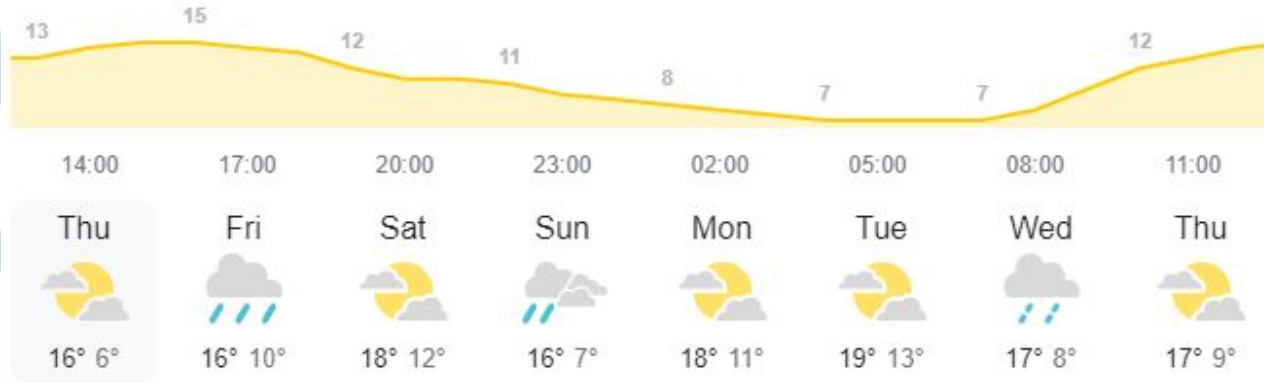
Precipitation: 0%
Humidity: 67%
Wind: 7 mph

Aylesbury, UK

Thursday
Partly cloudy



Temperature | Precipitation | Wind



17 °C | °F

Precipitation: 10%
Humidity: 70%
Wind: 10 mph

Aberdyfi, UK

Thursday
Partly cloudy

Temperature | Precipitation | Wind









Developing independence, strength
and confidence



**FOOD
GLORIO
FOOD**

**WANT TO KNOW
OUR SECRET....**



**FOOD
GLORIOUS
FOOD**

All food freshly prepared on site

Caters for all dietary requirements
vegetarian/vegan and Halal

Plenty of choice and variety

FOOD GLORIOUS FOOD



Breakfast

Cereal selection
Fresh porridge
Baked beans
Grilled tomatoes
Hash Brown
Poached eggs
Toast

Lunch

Bread rolls, with
a selection of
fillings

Flapjack and
brownies

Crisps

Evening meal (+veg)

Chicken &
mushroom pie
Traditional cottage pie
Tuna & pasta bake
Hotpot
Chilli con carne
Homemade pizza
Chicken/veg curry
with rice
Jacket potato



WHAT TO BRING



All specialist clothing/equipment provided, including waterproofs and walking boots

Kit list sent home in November

Parents: don't get involved in the packing



TOP TIPS

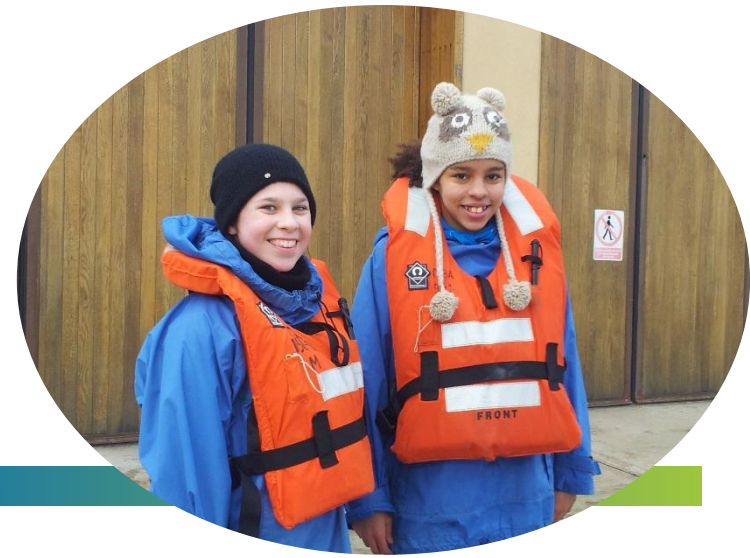
Notify us of any/all medical conditions

Bring clothes suitable for the outdoors!

Bring a second pair of trainers that **will** get wet

Playing cards etc OK for evenings, but no electronic gadgets

Come with lots of PMA



AHS ARRANGEMENTS



MONDAY MORNING

0745 or earlier in the coach park



MONDAY → FRIDAY: NO COMMUNICATIONS

FRIDAY EVENING ~1830

01296 388239 after 3.30 pm – don't leave home until you know ETA

Use school car parks if possible

don't block Turnfurlong





THE
OUTWARD
BOUND TRUST

OUR COURSE



COURSE OUTCOMES



THE
OUTWARD
BOUND TRUST

Have FUN!

Develop
respect,
responsibility
and awareness
of yourself,
others & the
environment

Increased
independence
and resilience

Leadership
and
followership

Genuine
adventure in
the outdoors

A TYPICAL DAY



- 0715 Wake up
- 0730 Breakfast
- 0830 Room inspection
- 0900 Activities
- 1730 Evening meal
- 1930 Evening activity
- 2100 Free time
- 2200 Lights out



SAMPLE PROGRAMME



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Rocks

Cabins

Common Worries

- Religious/cultural needs
- Activities: *Help, I'm not outdoorsy!*
- Equipment
- Being away from home
- Medical needs
- Finance



Parents ▾ Students ▾ What's

AHSA

Consultation Evenings

EduLink one – Parent Guide

The AHS School Fund

Information For Parents

Leave Of Absence Requests

ParentMail

Pupil Premium and Free School Meals

Request for Financial Assistance

Uniform Shop

What's Cooking?

Parents Community Welcome Page



“There is more to us than we know. If we can be made to see it, perhaps for the rest of our lives we will be unwilling to settle for less.”

Kurt Hahn



WHY COME

ON AN

OUTWARD BOUND

ADVENTURE?













BUCKINGHAMSHIRE CO
Developing independence
and confidence





Developing independence, skills,
and confidence





BUCKINGHAMSHIRE COUNCIL
Developing independence, strength
and confidence













The Bernard Sunley
Charitable Foundation
Hafotty Cabin















D
and confidence









Developing independence, strength and confidence