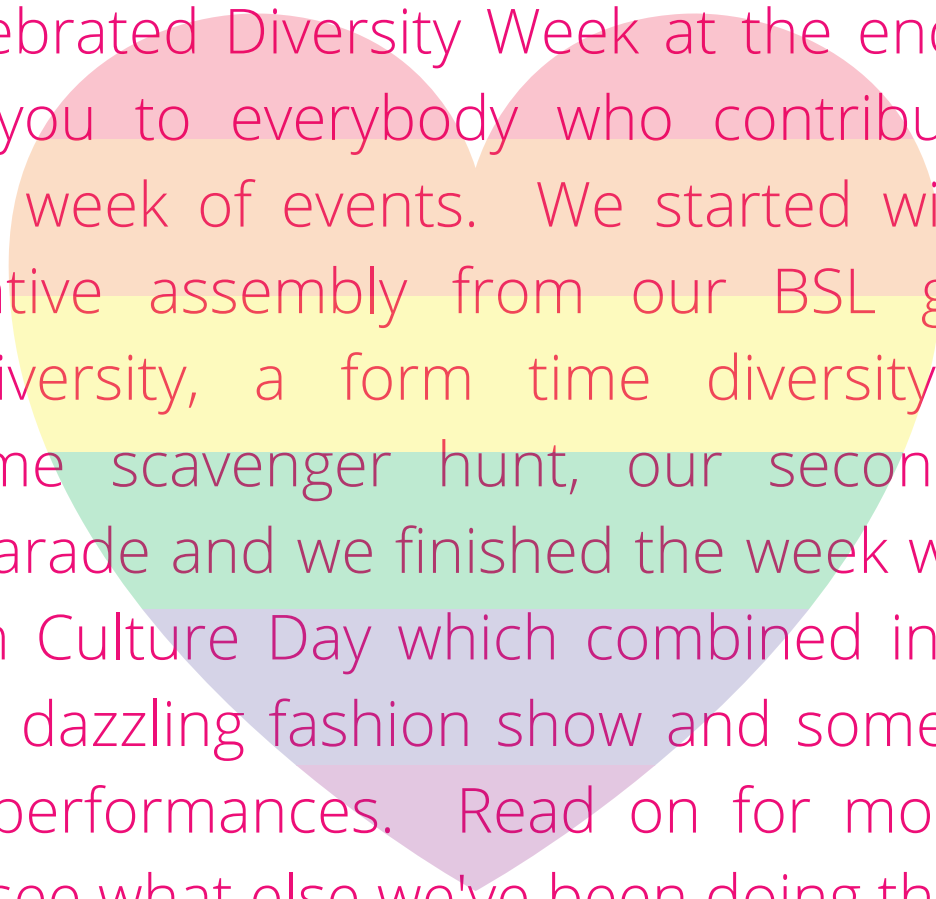




ID Newsletter Summer 2022

Diversity Week 2022



We celebrated Diversity Week at the end of June. Thank you to everybody who contributed to a brilliant week of events. We started with a very informative assembly from our BSL group on neurodiversity, a form time diversity quiz, a lunchtime scavenger hunt, our second annual Pride Parade and we finished the week with a non uniform Culture Day which combined informative stalls, a dazzling fashion show and some amazing dance performances. Read on for more details and to see what else we've been doing this term.

PRIDE

Thank you to all the staff and students who joined us on our Pride Parade. It was great to see Year 11 and 13 students who came back especially from their study leave and we were very pleased to welcome students from AGS too.

In the year of the 50th anniversary of the first UK Pride march, we all feel very grateful for and proud of the inclusive atmosphere we have at AHS.

A reminder that Spectrum runs every Friday lunchtime in H12 as a supportive space for LGBTQ+ students and allies.



Culture Day



A fantastic group of Year 10 students from our ID group, organised an amazing dance performance - thank you so much to them and to all who took part! See some video footage on the next page.



Culture Day

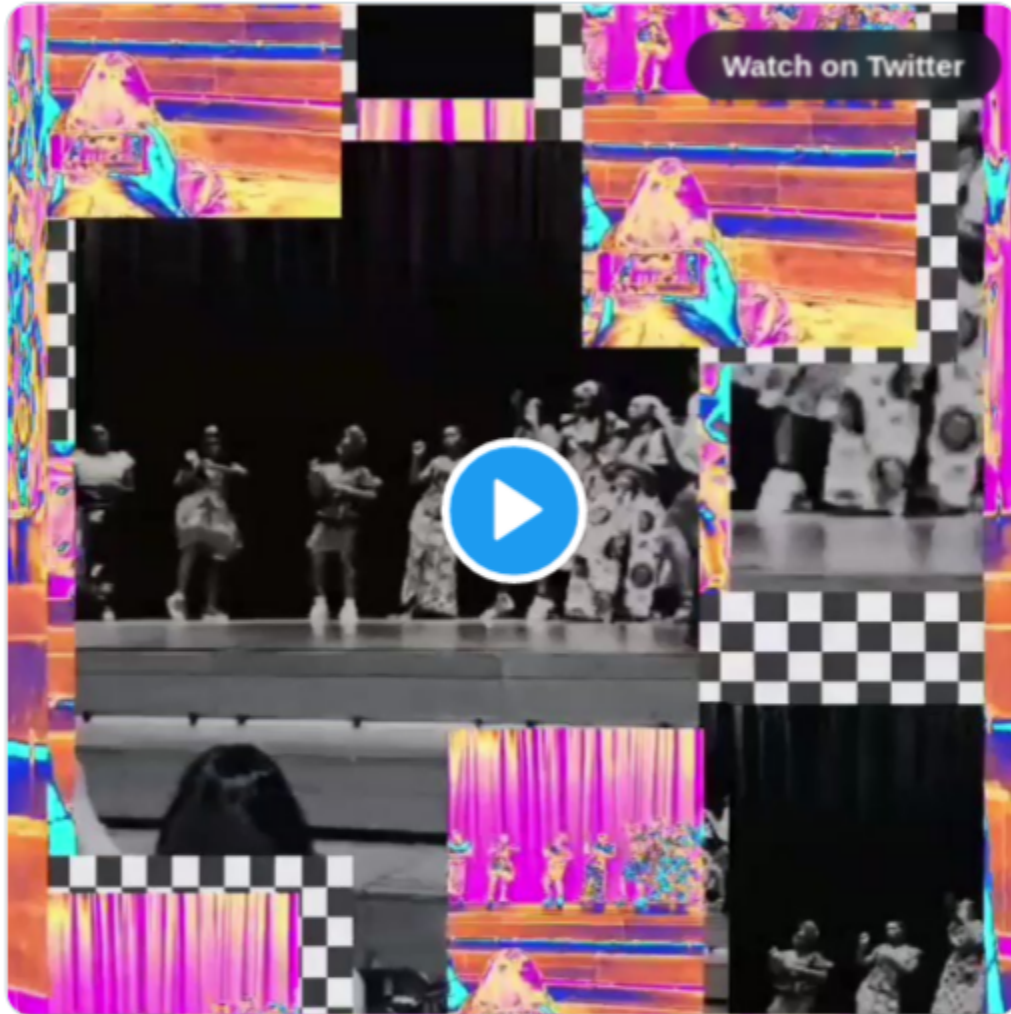


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Culture Day 🖐️ 🖐️ 🖐️ 🖐️ 🖐️

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Culture Day



Ana and Samai in Year 12 organised a spectacular fashion show, which showcased the amazing outfits worn for our non-uniform day. The countries represented were: America, Bangladesh, China, Ghana, India, Nigeria, Pakistan, Philippines, Poland, Sri Lanka, Vietnam and Zimbabwe. Another huge thank you to all of those who ran stalls to spread awareness of different aspects of culture and diversity. Profits from the day have gone to The Rosie May Foundation.



BSL and Awareness Club

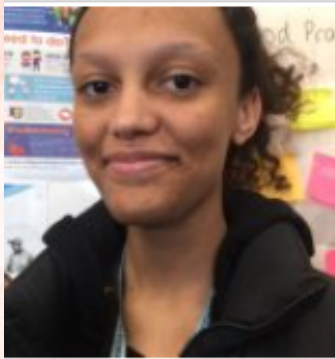
Chaitanya and Zahra in Year 10 have started a fantastic new club on a Wednesday lunchtime. After learning British Sign Language themselves, they wanted to give all of our students the opportunity to learn it - and they are doing a brilliant job - just look at them signing 'This is Me'!

They also wanted to spread awareness of hidden disabilities and look at a different area each week. So far we have learnt more about autism, ADHD, OCD and dyslexia. They also worked with one of our ID Ambassadors, Nirmani, to give us a very informative assembly as part of our Diversity Week.

You can see their assembly and club session on our ID website here: <https://www.ahs.bucks.sch.uk/id/>

THIS IS ME
- BSL & AWARENESS CLUB :)

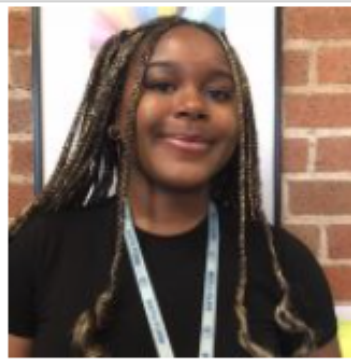
Introducing our new ID Ambassadors



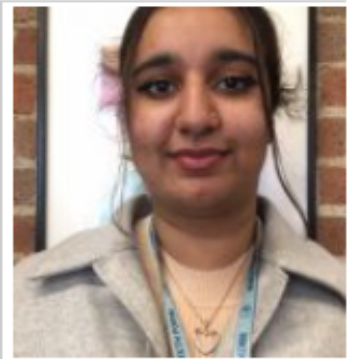
Aaliyah



Callie



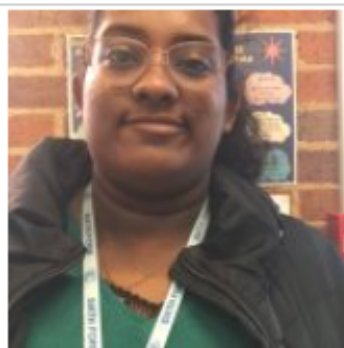
Ana



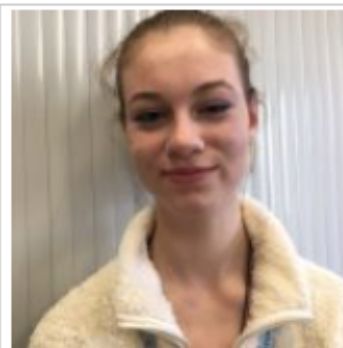
Anayah



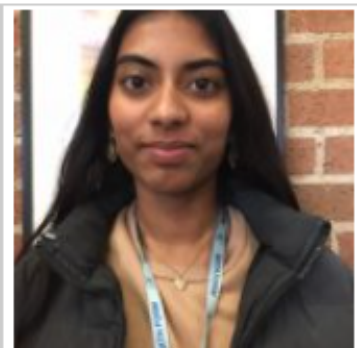
Nisha



Nirmani



Megan



Athirja

And thank you to all they are doing to continue to support the work of the ID group

Anti Bullying Work

A group of students from Year 7 - Year 12 have been working with the charity Equaliteach to look at the issues of bullying and prejudice. As a result, they have produced a student friendly Anti-bullying and prejudice guide for students which you can find on the following pages and on our website at: <https://www.ahs.bucks.sch.uk/ahs-against-bullying/>

AHS SAYS NO TO BULLYING!

WHAT IS BULLYING ?

ANY REPEATED BEHAVIOUR DELIBERATELY INTENDED TO HURT, UNDERMINE, THREATEN OR FRIGHTEN ANOTHER PERSON OR GROUP, SUCH AS:

- PHYSICAL ABUSE EG. HITTING, PUNCHING, KICKING, PUSHING, PINCHING, SPITTING, UNWANTED PHYSICAL TOUCHING IE SEXUAL HARASSMENT AND/OR ASSAULT
- EMOTIONAL ABUSE EG SOCIAL EXCLUSION, "GAS-LIGHTING", MAKING THREATS, UNDERMINING
- DAMAGE TO PROPERTY, GRAFFITI, THEFT OR EXTORTION
- CYBER-BULLYING, INCLUDING CREATING AND SHARING EMBARRASSING OR MALICIOUS IMAGES OR VIDEOS, TROLLING, VOTING IN ABUSIVE POLLS, . SETTING UP HATE GROUPS/SITES, ENCOURAGING OTHERS TO SELF-HARM
- CREATING FAKE ACCOUNTS, HIJACKING OR STEALING ONLINE IDENTITIES TO EMBARRASS OR CAUSE TROUBLE USING THEIR NAME
- VERBAL ABUSE EG. NAME CALLING, INSULTING, VERBAL SEXUAL HARASSMENT, USING PREJUDICE RELATED LANGUAGE

DISMISSING ANY OF THIS AS "BANTER" WILL NOT BE TOLERATED. THE DEFINITION OF BANTER IS "THE PLAYFUL AND FRIENDLY EXCHANGE OF TEASING REMARKS". THE ANTI-BULLYING ALLIANCE TELLS US THAT "IT'S NOT BANTER IF...

- YOU WOULD BE UPSET IF SOMEONE SAID IT TO YOU
- IT'S HURTFUL
- YOU'RE NOT FRIENDS
- SOMEONE'S ASKED YOU TO STOP
- THE TARGET ISN'T LAUGHING
- IT FOCUSSES ON SOMEONE'S INSECURITIES

WHAT IS A PREJUDICE-RELATED INCIDENT?

ANY INCIDENT WHICH IS PERCEIVED BY THE VICTIM, OR ANY OTHER PERSON, TO BE PREJUDICED TOWARDS AN INDIVIDUAL, DUE TO ONE OR MORE OF THE PROTECTED CHARACTERISTICS. IT IS DEALT WITH ACCORDING TO OUR PREJUDICED INCIDENT PROCEDURE, BUT IF IT IS REPEATED, IT WILL ALSO BE DEALT WITH ACCORDING TO OUR BULLYING STRATEGY.

HOW TO RESPOND TO BULLYING!

IF SOMEONE IS BEING BULLIED, CARE ENOUGH TO REPORT IT.

- TELL THE BULLY OR BULLIES TO STOP
- MAKE IT CLEAR THAT YOU FIND THEIR BEHAVIOUR OFFENSIVE.
- IF YOU CANNOT DO THIS, REMOVE YOURSELF FROM THE SITUATION.
- TALK TO SOMEONE YOU TRUST.
- REPORT THE INCIDENT TO A MEMBER OF SCHOOL STAFF OR COMPLETE THE REPORT A CONCERN FORM ON THE STUDENT HOMEPAGE OF THE SCHOOL WEBSITE.
- A SINGLE ACT OF UNKINDNESS OR PREJUDICE IS A B3 ON OUR BEHAVIOUR MATRIX WHICH LEADS TO REFLECTION WORK / AFTER SCHOOL DETENTION.
- BULLYING IS A B4 ON OUR BEHAVIOUR MATRIX AND WILL RESULT IN AN INTERNAL ISOLATION AND PARENTS BEING INVITED IN TO SCHOOL.

HOW TO CHALLENGE PREJUDICE

INTERRUPT

I DON'T FIND THAT FUNNY.
I'M SURPRISED TO HEAR YOU SAY THAT.
THOSE AREN'T OUR VALUES.
I NEED TO TELL YOU THAT YOUR
COMMENT WASN'T OKAY.

EDUCATE

IT'S NOT ALWAYS INTENTIONAL.
SOMETIMES IT'S IGNORANCE.
YOU CAN OFFER BACKGROUND AND
CONTEXT TO EDUCATE.
EG: DO YOU KNOW THE HISTORY OF
THAT WORD?

QUESTION

WHAT DO YOU MEAN BY THAT?
WHY WOULD YOU SAY THAT?

ECHO

ONE PERSON'S VOICE IS A POWERFUL START.
MANY VOICES TOGETHER CREATE CHANGE. TRY
SAYING: "THANKS FOR SPEAKING UP. I AGREE
THAT WORD IS OFFENSIVE AND WE SHOULDN'T
USE IT."

REPHRASE

'DID YOU MEAN ...'
TURN BACK THE DIFFICULT THING THEY'VE
SAID
TO MAKE THEM THINK AGAIN.

ALWAYS CHALLENGE CALMLY. IF YOU DON'T FEEL CONFIDENT ENOUGH
TO DIRECTLY CHALLENGE THEN REPORT IT!

THE AHS REPORT A CONCERN FORM IS ON THE STUDENT HOMEPAGE

BE KIND!

IF YOU SEE:

ANOTHER
STUDENT
SITTING ALONE

SOMEONE
BEING
BULLIED

SOMEONE
STRUGGLING
TO MAKE
FRIENDS

THEN BE A LEADER!

SMILE AT THEM
SAY HELLO
INVITE THEM TO SIT
WITH YOU
INCLUDE THEM IN AN
ACTIVITY

YOU NEVER KNOW WHAT
SOMEONE MIGHT BE
GOING THROUGH

YOUR KINDNESS COULD
MAKE A HUGE
DIFFERENCE.

BROUGHT TO YOU BY THE AHS AGENTS FOR CHANGE, THE ID GROUP AND EQUALITEACH

#KINDNESS MATTERS

#MAKE A DIFFERENCE

#BE AN UPSTANDER NOT A BYSTANDER