



## Aylesbury High School

Confidence Respect Engagement Aspirations Team work Enjoyment

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**C** - Confidence in your knowledge of skills, application and ability. Be positive about who you are and what you have achieved.

**R** - Respect others in all sports, listen and recognise when others have opinions that differ to your own. Agree to disagree if necessary.

**E** - Engage and immerse yourself with lots of different sports. Take an active role, sign up for extra curricular clubs, fixtures and training.

**A** - Aspire to be the best you can be. Be determined to achieve your best asking for advice and information on how to improve. Spend extra time practicing and training.

**T** - Team work - Work with your peers within a team and look to develop leadership skills as you take part in training and fixtures. Help each other by giving constructive feedback and sharing knowledge when needed.

**E** - Enjoyment. Sports can lead to lots of exciting opportunities. It will give you the skills to work as part of a team and focus towards your goals. Leadership skills are valued by employers and will transfer into society into any role.

# Aylesbury High School PESSPA Merits

<b>CREATE</b>	<b>Curriculum</b>	<b>Co-Curricular</b>
Confidence Aspire	Completing tasks to the best of your ability. (Core PE, Leadership, Be Active, GCSE, A Level)	Completing your role to the best of your ability. (participant, athlete, team member, captain, volunteer, leader, coach)
	Excellent display of CREATE and/or My PB values & skills.	Excellent display of CREATE and/or My PB values & skills.
Engage	Significant contribution in class.	Significant contribution to co-curricular
Respect	Being chosen to share your work with the rest of the class.	Player of the match and Sportsmanship awards
Enjoyment Teamwork	Consistency, commitment & reliability in curricular activities.	Consistency, commitment & reliability in co-curricular.
		Leading and volunteering for co-curricular.
		Outside school achievements in School Sport and/or Physical Activity
	Writing highlights articles	Writing highlights articles

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