



22nd March 2024

Dear Year 13 Students

You have reached the end of your second term of your final year of A levels and your exams are just around the corner. After Easter the focus will be on revision and we have put together a few things that may help you start to plan over the Easter break.

On the following pages we have attached some useful tools. A revision timetable to get you started thinking about how you will split your week of revision in the run up to the exams. Once you have completed it, take a photo of it so you can refer to it at school, pin one on your bedroom wall and on the kitchen fridge. Letting your parents know when you are revising will also allow them to support you better.

We also have information on the website to help you. Please refer to the exam success page on the website <https://brookvalegroby.com/year-13-exam-success/>, the [Year 13 Exam and Warm Up Booklet](#) and our recent [March Newsletter](#) which has pages full of exam information, revision techniques and links to many more helpful resources.

Also remember to look after your wellbeing. Good sleep and healthy food will help you through the exam season. Make sure that you take plenty of rest between revision and look after yourselves. Our website has some great tips on wellbeing [here](#).

Your teachers, tutors and Post 16 Team are here to support you through to your final exam, if there is anything you need, any advice or support that you feel would help please come and talk to us.

The Leavers Celebration will take place on Friday 19th April at 8.45am. This will be a celebration of your time with us and we will be taking photos to commemorate this event.

The Prom is on Friday 21st June at The Holiday Inn. Details have been sent out and you can pay for your ticket through Arbor. The Prom Committee is in the process of looking at themes for the evening and we will update you when one has been decided on. We would like everyone to attend the Prom and celebrate the end of your exams and your Post 16 journey with us.

A level Results Day is on Thursday 15th August. We will share the times with you closer to the date so please look out for it in your emails and on the website.

All that remains is for us to wish you all the very best with your exams. We know you are all bright and able students and have worked so hard over your 2 years with us. We know you are going to revise hard and achieve the very best grades you can. Good Luck!

Happy Easter.

Kind Regards

Vicki Varney
Assistant Headteacher - Post 16


Michelle Cheadle
Head of Post 16

As the Summer term begins we would like to take this opportunity to remind you of the standards and rules related to Post 16 study. All of these are also found on our website [here](#).

Dress Code	<p>Please ensure you are adhering to the dress code especially with the warmer weather approaching. Students who fail to adhere will be asked to go home and change.</p> <p>The dress code is found here.</p>
Lanyards	<p>You need to be wearing your lanyard at all times whilst on campus as usual but it is very important you have it on for when you are in your exams. If you forget your lanyard at any time please come and borrow one from the Post 16 Office for the day.</p>
Signing in	<p>Please make sure you continue to use the sign in app to sign in to the campus. This is a safeguarding measure as we need to know where you are on campus at all times and especially around exam time.</p>
Study Rooms	<p>As we approach exam time our study rooms will be used even more for revision etc. To ensure the right environment for you to revise we will be making more study rooms</p> <p>SILENT:</p> <ul style="list-style-type: none"> ● Silent Study Area - SILENT studying - CLOSED Wed 10th April ● Post 16 Study Area G43 - SILENT Study and Computers ● Common Room - Quiet Group Study ● P16 Dining Room - Quiet Group Study ● Library - Silent Study <p>These rooms will be monitored and should students not be using the rooms appropriately they will be asked to leave. Please be respectful to your fellow students and adhere to the rules of the study rooms.</p>
Attendance on the run up to exams	<p>You are expected to attend ALL lessons until you have completed the final exam in each subject. With coursework based subjects you are expected to attend until you have handed in your final coursework piece.</p>



Revision Timetable



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07:00							
08:00							
09:00							
10:00							
11:00							
12:00							
13:00							
14:00							
15:00							
16:00							
17:00							
18:00							
19:00							
20:00							
21:00							
22:00							
23:00							

If you prefer an electronic revision timetable, there's a great suggestion on this [website](#).



Scheduling

1. Do the revision! Allocate time and dates for your revision and stick to it - Eastenders can wait!
2. Little and Often. An hour a night allows your brain to process and archive all the information for long term retrieval - cramming it in the last minute does not.
3. The minimum you should be doing is 5 hours a week per subject, now it should be increasing
4. Ramp it up. As you approach the exam you should allocate more time to it!

Accountability

1. Work Smart - Don't do hours of 'reading' when one hour of synthesis or practice would work better
2. Target Weakness - Find out which areas you struggle with, those you don't like doing, those you avoid. Then spend most of your time on these because if you're struggling it means you need more time.
3. Be Honest with Yourself - Mark all your own work harshly. Do not let yourself get away with anything!
4. This is your qualification, earned by you if your teacher hasn't helped then it's your responsibility to skill yourself up

Synthesis

1. Take, Check and Summarise notes on each and every topic
2. Rewrite the notes to be more concise
3. Turn the notes into 'cheat sheets' on index cards or sticky notes
4. Test your knowledge using the 'cheat sheets'

Revision Skills

from lessthanahacker.com
Using images from thenaunaproject.com

Practice

1. Attempt every past paper and list Paper Question
2. Check each answer and mark it **harshly**
3. Make notes on what you got wrong and write out the correct answer
4. Come back to the questions and try steps 1 - 3 at least four times

Peers

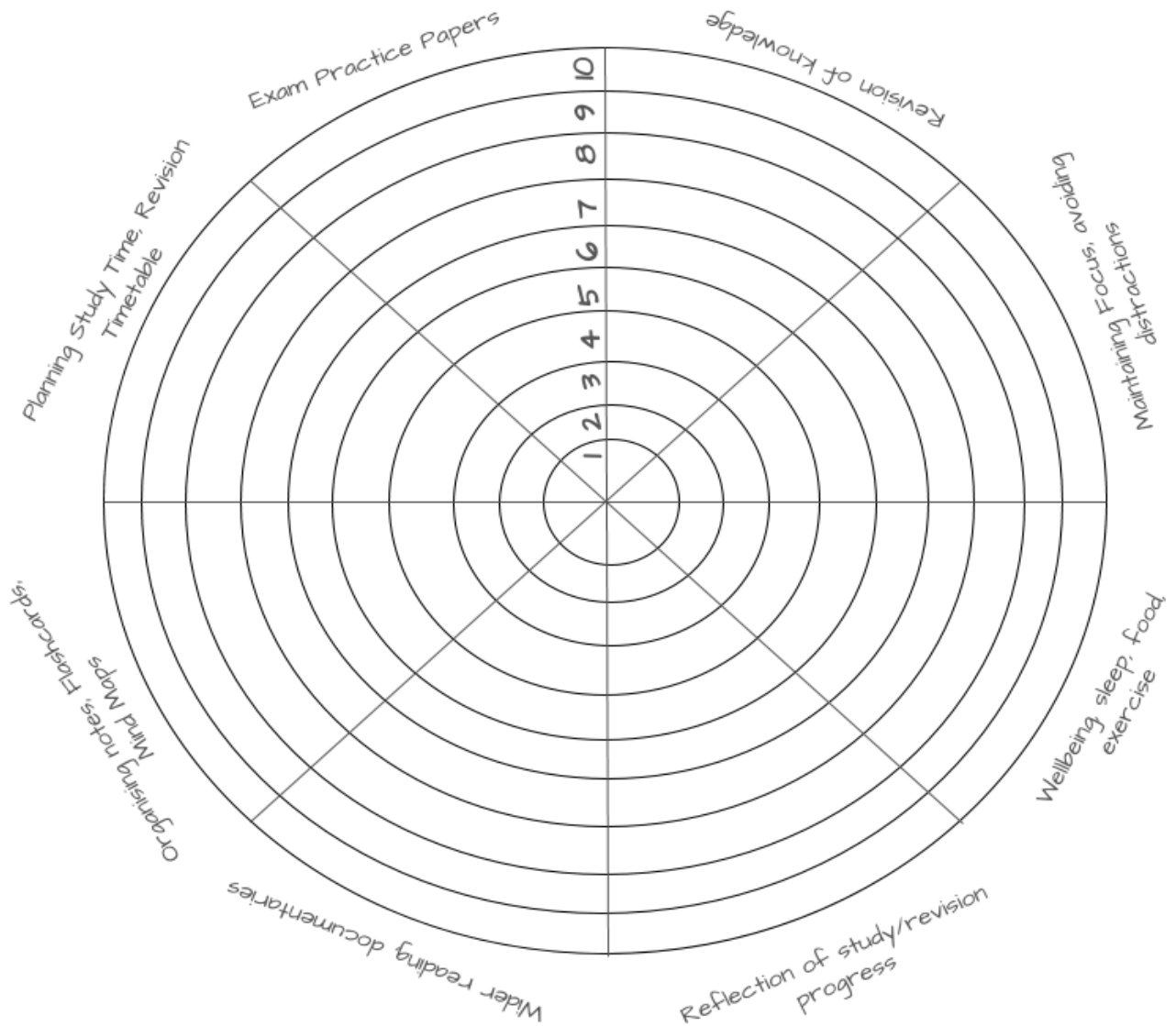
1. Don't fool yourself - if the person you're working with knows more than you then make sure they are not answering every question for you
2. Peer Marking - Both work on a past paper question and mark each other's work being as harsh as possible. Follow the practice rules
3. Hot Seat Topics - Find out what topic the other person suks at and ask them questions about it. Constantly. Get them to do the same for you

What can we do?

- As Parents you can do a **huge** amount to help your child prepare for the examination, even if you know nothing about computers!
1. Help Enforce the plan - Assist the student in constructing a realistic revision timetable that they can stick to, and then hold them accountable to sticking to it
 2. Make the student evidence their work - get them to show you the sizeable chunk of work they have produced for revision to ensure they are using the time effectively
 3. Become an Examiner - Non Specialist teachers often mark exam papers based solely on the mark scheme, by doing this for your child you can force them to be more accurate in their answers



Use the sheet shared last week to consider own strengths and weaknesses in revision



SCORING YOUR STUDYING

SUBJECT:

Target:



THE SLEEP FLOW CHART



Feeling persistently tired? Journey through this flow diagram to think about improving sleep quality.

