



# BROOKVALE GROBY LEARNING CAMPUS

Valuing Everyone, Achieving Excellence

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Dear Parent/ Carers

I want to take this opportunity to introduce myself again to begin the new academic year. My name is Ms Gajjar I have recently been appointed KS3 Progress Lead which is a dedicated role to support students progress in years 7, 8 & 9. I will be working closely with the Pastoral team, Tutors and Students in years 7 to 9, but will have a specific focus on year 9.

As well as focussing on progress, aspirations and wellbeing as a year group I will be working with a targeted group of students to support their progress. This is an exciting time for students and we are please to be able to welcome outside agencies back onto site this academic year to work with our students alongside any work done in house. We will be working with Martial Arts MAstery and Leicester University. We are also very excited about year 9 having a session with Action Jackson. If you have any questions or concerns about progress that your child's class teacher cannot answer, or have any questions about the work I am doing please do not hesitate to get in contact via [dgajjar@brookvalegroby.com](mailto:dgajjar@brookvalegroby.com)

*Ms D Gajjar*

# Mindset Matters

This half term year 9 intervention students are working on Growth mindset continuing from last term. Work will be done through morning intervention sessions, assemblies and we are excited to be working with ‘Martial Arts Mastery’ on targeted sessions.

FIXED MINDSET	GROWTH MINDSET
Intelligence is static	Intelligence can be developed
“I desire to look smart”	“I desire to learn new stuff”
Avoids challenges	Embraces challenges
Gives up easily	Persists even when it’s hard
Ignores constructive negative feedback	Sees criticism as a chance to learn
Sees the success of others as a threat	Sees the success of others as inspiration
“Failure is the limit of my abilities”	“Failure is an opportunity to grow”
Deterministic worldview	Sense of free will

# How Parents/Parers can support with developing more of a Growth mindset

1. Praise the process and effort not achievement. It may seem counter intuitive but praising the amount of effort will reward and children will associate positive feelings with effort.
2. Encourage failure and mistakes: If we can show children that learning happens through making mistakes they may be less afraid of trying
3. Share experiences of using a growth mindset with difficult tasks.
4. Encourage them to be creative with problem solving and to access a variety of resources.
5. Encourage the idea that working hard for yourself is just if not more important than for the approval of others

2 websites that may be of use.

<https://www.mindsetkit.org/growth-mindset-parents/how-parents-can-instill-growth-mindset/3-ways-parents-can-instill-growth-mindset>

<https://www.verywellfamily.com/tips-for-teaching-your-child-to-have-a-growth-mindset-4014842>