

5 October 2020

Dear Parent / Carer

With the stream of constant updates from the Government, PHE and Press it can be hard to keep abreast of what the new rules surrounding COVID19 can be.

The government has recently passed new laws surrounding self-isolation and the potential resulting fines that could be incurred if guidance is not followed. The link below gives the latest information on self isolation and the government approach:

https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-g

Last week the NHS launched their new track and trace app that can be used by anyone over the age of 16, it can be located here: <u>https://www.nhs.uk/apps-library/nhs-covid-19/</u>

This app **should not be downloaded nor used by students below the age of 16** as per the guidance below. There are also strict measures that need to be adhered to when using the app in an educational setting to avoid false positives or negatives. We will be sharing with all P16 students expectations around the use of this app shortly, especially what to do if they receive an alert whilst in school.

It is really important that as a community we are aware of all positive cases of COVID19 within family bubbles but especially of our students. Please can we reiterate the need of all parents/carers to contact us should your child receive a positive result, regardless of the circumstances. This will help us ensure you receive the correct information and we can take the appropriate measures to protect our community as a whole.

One challenge we all face is trying to establish if we have the symptoms of a common cold or COVID19, if unsure we would always recommend that a test is sought if any of the symptoms are present as outlined here: <u>https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/</u>

The diagram below may also be of some assistance to you.

The situation is changing on a daily basis and we are doing our best to keep you informed and our community safe. It is important we all adhere to the guidance to reduce the transmission within our campus and protect the education of your children.

Yours sincerely

W.M.

W Teece Headteacher

Symptoms		Coronavirus Symptoms range from mild to severe	Cold Gradual onset of symptoms	Flu Rapid onset of symptoms
	Fever 37.8C or above	Common	Rare	Common
	Fatigue	Sometimes	Sometimes	Common
	Cough	Common (usually dry)	Common (usually mild)	Common (usually dry)
\bigcirc	Loss of sense of taste/smell	Common	Sometimes	Sometimes
	Sneezing	No	Common	No
	Aches and pains	Sometimes	Common	Common
	Runny or stuffy nose	Rare	Common	Sometimes
	Sore throat	Sometimes	Common	Sometimes
θ	Diarrhoea	Rare	No	Sometimes (for children)
	Headaches	Sometimes	Rare	Common
	Shortness of breath	Sometimes	No	Sometimes

Guardian graphic. Source: NHS, WHO, CDC